



May 2019

In Season Cherries

Cherries are known to contain certain chemicals that are very effective in relieving pain better than medicines like aspirin and ibuprofen.

Cherries are best paired with things like chives, dairy products, and meats.

Monday

Tuesday

Wednesday

Thursday

Friday

Blank menu box for Monday

Blank menu box for Tuesday

Cheeseburger
Hamburger **1**
BBQ Rib Sandwich
Turkey Grab 'n Go
Burger Salad
Tater Rounds
Ranchero Beans
Fresh Banana
Sliced Pears

Chicken Fried Steak
Chicken Gumbo w/rice **2**
Baked Potato
Mashed Potatoes
Fresh Broccoli w/Ranch Dip
Fresh Apples
Mandarin Oranges
Hot Roll
Ice Cream Cup

Pizza Slice
Mini Corndogs **3**
Spaghetti w/Meatballs
Garden Salad
Seasoned Corn
Sunset Sips
Fruit
Mini Rice Krispies Treats

Popcorn Chicken
Chicken Drumstick **6**
Grilled Ham and Cheese Sandwich
Mashed Potatoes
Green Beans
Fresh Oranges
Applesauce Cups
Hot Roll

Beef Taco Wrap **7**
PBJ Grab 'n Go Lunch
Three Cheese Enchiladas
Lettuce/Tomatoes
Baby Carrots
Fresh Apple
Mandarin Oranges
Graham Cookies

Hamburger
Chicken & Waffle Sandwich **8**
Meatball Sub
Burger Salad
Potato Smiles
Baked Beans
Fresh Banana
Fruit Cocktail

Steak Fingers **9**
Lasagna
Turkey Grab 'n Go
Mashed Potatoes
Broccoli & Cauliflower w/dip
Fruit
Hot Roll
Ice Cream Cup

Individual Pizza Round **10**
Ravioli
Chef Salad
Veggie Snackers
Seasoned Corn
Fresh Oranges
Sliced Pears
Twisted Garlic Breadstick
CoCo Chip Bites

Popcorn Chicken
Mac and Cheese **13**
Potato Turkey Bacon Soup
Mashed Potatoes
Green Beans
Fresh Oranges
Craisins
Grilled Cheese Sandwich
Hot Roll

Chicken Fajita Taco Wrap **14**
Chicken Quesadilla
PBJ Grab 'n Go Lunch
Garden Salad w/Cherry Tomatoes
Winter Blend Veggies
Fruity Ice
Graham Cookie

Hamburger Slider **15**
BBQ Rib Sandwich
Fish Sticks
Burger Salad
Tater Rounds
Ranchero Beans
Fresh Banana
Sliced Pears
Cupcake

Chicken Fried Steak **16**
Baked Potato w/BBQ
Turkey Grab 'n Go
Mashed Potatoes
Fresh Broccoli w/Ranch Dip
Fresh Apple
Mandarin Oranges
Hot Roll
Ice Cream Cup

Pizza Slice **17**
Spaghetti w/Meatballs
Turkey Grab 'n Go
Garden Salad
Gold Rush Fruitables
Seasoned Corn
Fresh Apple
Fruit Cocktail

Popcorn Chicken
Popcorn Shrimp **20**
Mashed Potatoes
Green Beans
Baked Potato
Applesauce Cups
Fresh Oranges
Hot Roll

Beef Taco Wrap **21**
Bean & Cheese Burrito
PBJ Grab 'n Go Lunch
Cucumber Coins
Cherry Tomatoes w/Broccoli & Dip
Fresh Apple Slices
Mandarin Oranges
Graham Cookie

Turkey Grab 'n Go **22**
PBJ Grab 'n Go Lunch
Refried Bean Dip
Baby Carrots

Turkey Grab 'n Go **23**
PBJ Grab 'n Go Lunch
Veggie Snackers w/Cinnamon Sugar
Broccoli Florets

Blank menu box for Friday 24

Blank menu box for Monday 27

Blank menu box for Tuesday 28

Blank menu box for Wednesday 29

Blank menu box for Thursday 30

Blank menu box for Friday 31

Announcements

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Meal Prices

Student Meal Prices
Breakfast \$1.25
Lunch \$2.40

Adult Meal Prices
Breakfast \$2.00
Lunch \$3.15

This institution is an equal opportunity provider.