

# Parkland High School Lunch Menu May 2019

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**6 The Main Events**  
mini corn dogs  
cheddar cheese meatloaf  
sandwich on roll  
**Sidelines**  
mashed potatoes w/gravy

**7 The Main Events**  
trojan chicken bowl  
mozzarella sticks w/sauce  
**Sidelines**  
dinner roll

**1 The Main Events**  
mac & cheese  
chicken patty sandwich  
**Sidelines**  
dinner roll

**8 The Main Events**  
nachos  
w/Bush's taco fiesta  
black beans  
turkey & cheese melt  
on pretzel bun  
**Sidelines**  
steamed brown rice

**2 The Main Events**  
chicken fryz  
hot dog on roll  
**Sidelines**  
pierogies  
baked beans

**9 The Main Events**  
meatball parm sub  
hot dog on roll  
**Sidelines**  
dinner roll

**3 The Main Events**  
cheesesteak on roll  
chicken nuggets  
**Sidelines**  
tater tots

**10 The Main Events**  
toasted cheese sandwich  
chicken nuggets  
**Sidelines**  
dinner roll  
cream of tomato soup

Additional daily choices:

“The Main Event” include pizza, salad bar, pasta bar, sandwich, wraps, and PBJs

“Sidelines” include side salad bar, bagged carrots, steamed vegetable, and 3 different fruits choices

Lunch includes fruit and milk

Menu subject to change without prior notice

Prices:

Student @ \$2.85

Reduced @ \$.40

Adult @ \$3.85

**Monday****Tuesday****Wednesday****Thursday****Friday****13 The Main Events**

chicken patty sandwich  
stuffed crust sticks w/sauce

**Sidelines**

baked beans  
french fries

**20 The Main Events**

mozzarella sticks w/ sauce  
cheeseburger on roll

**Sidelines**

dinner roll

**27**

**Memorial Day  
Holiday**

**no school**

**14 The Main Events**

mini cheese ravioli w/sauce  
chicken nuggets

**Sidelines**

dinner roll

**21 The Main Events**

chicken tenders  
hot dog on roll

**Sidelines**

french bread stick

**28 The Main Events**

chicken fryz  
hot dog on roll

**Sidelines**

pierogies  
baked beans

**15 The Main Events**

teriyaki chicken over  
steamed brown rice  
rodeo burger on roll

**Sidelines**

vegetable egg roll

**22 The Main Events**

walking taco  
w/Bush's taco fiesta  
black beans

chicken nuggets

**Sidelines**

steamed brown rice

**29 The Main Events**

chicken fajita  
cheeseburger on roll

**Sidelines**

steamed brown rice

**16 The Main Events**

chicken & cheese quesadilla  
w/salsa  
hot dog on roll

**Sidelines**

tortilla chips w/salsa

**23 The Main Events**

parkland deli hoagie  
mini corn dogs

**Sidelines**

french fries

**30 The Main Events**

mac & cheese  
chicken patty sandwich

**Sidelines**

dinner roll

**17 The Main Events**

egg mctrojan  
yogurt

**Sidelines**

french toast sticks  
tater tots

**24 The Main Events**

meatball sub  
chicken patty sandwich

**Sidelines**

mini potato pancakes

**31 The Main Events**

cheesesteak on roll  
chicken nuggets

**Sidelines**

tater tots

Additional daily choices:

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"Sidelines" include side salad bar, bagged carrots, steamed vegetable, and 3 different fruits choices

Lunch includes fruit and milk

Menu subject to change without prior notice

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Student @ \$2.85

Reduced @ \$.40

Adult @ \$3.85

# Breakfast Menu

## Middle Schools and High School

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>mini pancakes</b>	<b>egg, turkey sausage, &amp; cheese on english muffin</b>	<b>mini turkey sausage wrapped in pancake</b>	<b>egg, turkey sausage, &amp; cheese on english muffin</b>	<b>mini waffles</b>
<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>
<b>donut, wg</b>	<b>cereal, wg and yogurt, 4 oz</b>	<b>donut, wg</b>	<b>cereal, wg and yogurt, 4 oz</b>	<b>donut, wg</b>
<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>
<b>bagel, wg with cream cheese</b>	<b>bagel, wg with cream cheese</b>	<b>bagel, wg with cream cheese</b>	<b>bagel, wg with cream cheese</b>	<b>bagel, wg with cream cheese</b>
<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>	<b>OR</b>
<b>PBJ sandwich</b>	<b>PBJ sandwich</b>	<b>PBJ sandwich</b>	<b>PBJ sandwich</b>	<b>PBJ sandwich</b>



**breakfast includes choice of fruit,  
juice, and milk**

**student prices:   \$.00 to free  
                             \$.30 to reduced  
                             \$1.60 to paid**