



Don't forget  
to eat your  
vegetables

# St. Joan Antidas

## Lunch

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily  
on the Fruit and Vegetable Bar

April

2019

### MONDAY

No School

1

### TUESDAY

No School

2

### WEDNESDAY

No School

3

### THURSDAY

No School

4

### FRIDAY

No School

5

#### Breakfast for Lunch

8

Egg Patty w/French Toast  
Sticks and Syrup or Italian  
Turkey Sandwich

Romaine, Cherry  
Tomatoes, Cauliflower,  
Fresh Apple, Diced  
Peaches

Philly Burger on a Bun or  
Hot Deli Sandwich  
Tater Tots

Romaine, Baby Carrots,  
Peas, Fresh Orange,  
Apple Slices

Chicken Tacos w/ Salsa  
or Mini Corn Dogs

HOT Refried Beans  
Romaine, Cucumber  
Slices, Green/Red Pepper  
Mix, Banana, Frozen  
Strawberries

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11

Meatball Sub or Chicken  
Patty on a Bun  
Hot Wedged Potatoes  
WG Rice Krispie Treat  
Romaine, Radishes,  
Celery Sticks, Fresh  
Apples, Diced Pears

Cheesy Italian Flatbread  
or  
Fish Sticks w/Tartar Sauce  
A variety of fruits and  
vegetables are offered  
daily on our FV Bar

Chicken Nuggets w/Ranch  
Sauce w/ Dinner Roll  
or Roast Beef and  
Cheddar Sub  
Hot French Fries  
Romaine, Baby Carrots,  
Peas, Apples, Chilled  
Mixed Fruit

15

Pizza Casserole or  
Chicken Ranch Wrap

Romaine, Cucumber,  
Cherry Tomatoes,  
Pineapple Tidbits,  
Applesauce

Beef Nachos w/Melted  
Cheese  
or Italian Sub  
Refried Beans  
Salsa  
Romaine, Broccoli,  
Zucchini, Bananas, Frozen  
Strawberries

17

Diced Chicken w/Gravy  
and Mashed Potatoes w/  
Dinner Roll  
or Mozzarella Dippers  
w/Marinara  
Romaine, Green & Red  
Pepper Mix, Celery Sticks,  
Fresh Pears, Peaches

18

Good Friday  
No School

19

BBQ Rib on a Bun or  
Popcorn Chicken w/Honey  
Mustard & Dinner Roll  
Hot Tater Tots  
Romaine, Cherry  
Tomatoes, Cauliflower  
Fresh Apple, Pineapple  
Tidbits

22

WG Rotini w/Meatballs  
w/Garlic Bread or Hot Dog  
on a Bun

Romaine, Baby Carrots,  
Peas, Fresh Pears, Diced  
Peaches

23

Beef Tacos w/Salsa or Hot  
Turkey Sandwich

HOT Black Beans  
Romaine, Cucumber  
Slices, Green & Red  
Peppers, Apple Slices,  
Diced Pears

24

Breakfast for Lunch  
Egg Patty w/Pancakes &  
Syrup or HOT  
Ham and Cheese Sliders

Romaine, Sliced Radishes,  
Celery Sticks, Oranges,  
Pineapple Tidbits

25

No School

26

Grilled Cheese w/Tomato  
Soup or Chicken Tender  
w/Dinner Roll  
Peanut Free Brownie  
Romaine, Baby Carrots,  
Peas, Fresh Apples, Diced  
Peaches

29

Max Sticks w/Marinara or  
Cowboy Burger on a Bun

Romaine, Cucumber  
Slices, Cherry Tomatoes,  
Fresh Orange, Apple  
Slices

30

All menus meeting Federal  
Nutritional requirements.  
Menus are subject to  
change but will always  
meet these requirements.

In accordance with federal  
civil rights laws, the USDA  
programs are prohibited  
from discrimination based  
on race, color, national  
origin, sex, disability or  
age.

### Prices

### Contacts

### Got Milk?

If you have questions or comments, please  
call Chef Brian at 414-442-5854.

