

**Assets Athletic Department**  
**One Ohana Nui Way, Honolulu, Hawaii 96818**  
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April 2019

Dear Parents and Student-Athletes:

Participation in interscholastic sports at Assets School is a great way to have fun, broaden experiences, and make new friends. Assets School is a member of the Interscholastic League of Honolulu (ILH).

Students in grades 7-12 may try out for interscholastic sports. We offer 20 choices of sports at Assets School; and there are three levels of competition, depending on the student's grade and skill level:

- Intermediate - Students in grades 7-9
- Junior Varsity - Students in grades 9-11
- Varsity - Students in grades 9-12

There are also three kinds of teams at Assets:

- PAC-5 Team - Assets students and students from other small ILH schools
- Combined Team - Assets students and students from another ILH school
- Assets Team - All Assets students and Assets coaches

In the case of PAC-5 and Combined Teams, the tryouts are competitive and the goals on these teams are determined by PAC-5 and the other schools. For example, if your child has no experience in football, trying out for the interscholastic team would **not** be prudent. Some competitive experience is necessary. On the other hand, Assets Teams subscribe to a "no cut, everybody plays" philosophy.

Most teams practice five days a week. This commitment is a firm expectation for successful participation in athletics. In order to meet this commitment, students are discouraged from participating in other activities which would limit their commitment during their sport season. Please note that starting practice/tryout dates for Fall sports may begin mid-July. **Check the Athletic Calendar for the start date of all sports-Fall, Winter and Spring.**

### **Participation Fee**

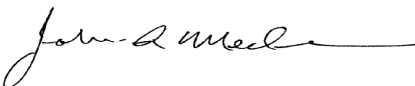
To offset some of our athletic program expenses, we charge a one-time athletic participation fee of \$250 per student-athlete. The fee is the same even if a student plays more than one sport during the school year. Once your child has made the team, the participation fee is due and will be charged to your FACTS account. Please do not send payment to Assets. This fee is **non-refundable**.

In order for your child to participate in any athletic sport at Assets School, the following forms must be completed and returned to me by the deadlines specified below.

- 1) STUDENT PARTICIPATION AND PARENT/GUARDIAN APPROVAL FORM/Emergency Information (two-sided) - ***due prior to the first day of practice*** **Medical insurance coverage (including policy number) is a requirement of the Hawaii High School Athletic Association (HHSAA)**. A student accident insurance plan can be purchased if there is no medical coverage. Please call me for more information.
- 2) SPORTS SELECTION FORM - ***Due by Friday April 26, 2019***.- To receive timely information regarding starting dates of Fall season, please e-mail Coach Medeiros at [jmedeiros@assets-school.net](mailto:jmedeiros@assets-school.net) by mid-July.
- 3) ANNUAL PHYSICAL EXAMINATION FOR ATHLETES/PRE-PARTICIPATION PHYSICAL EVALUATION FORM (two-sided) must be completed and dated by a qualified physician, ***due prior to the first day of practice***. **Students may NOT participate until the physical form is ON FILE in the Athletic Director's office.**

**Athletic forms are available on our website @[www.assets-school.net/athletics-program/](http://www.assets-school.net/athletics-program/).**

Aloha,



John Medeiros  
Athletic Director