



**The Early Education Center at Wesleyan Christian Academy**  
**Weekly Menu**  
**April 15-19, 2019**



*Refer to Substitution List **Toddler Substitutions	Monday	Tuesday	Wednesday	Thursday	Friday
<b>SNACK BREAKFAST</b> (Child Care) Toddler - 6th Grade	100% Juice Cheerios (WG) Milk  ** Toast	100% Juice Biscuit Milk  ** Toast	100% Juice Cheese Toast (WG) Milk  **Toast	100% Juice Waffle Sticks Milk  **Toast	100% Juice Bagel & Jelly Milk  **Toast
<b>AFTERNOON SNACK</b> (Child Care) Toddler - 6th Grade	Goldfish Milk	Yogurt Carrots	Apple Sauce String Cheese	Rice Krispies Milk	Fruit Cup Crackers
<b>LUNCH</b> Toddler - Tiny Twos  <b>Vegetarian Entrée</b>	Chicken Nuggets Brown Rice (WG) Green Beans Mandarin Oranges Milk  Vegetarian Mandarin "Chicken"	Philly Steak Bun (WG) Green Peas Pears Milk  Beefless Tips and Rice	Turkey Sausage Biscuit Tater Tots Mixed Fruit Milk  Black Bean Burger	Sliced Ham Roll (WG) Baked Beans Peaches Milk  Crispy "Chicken" Tenders	Beef Tacos Brown Rice (WG) Pintos Pineapple Milk  Beefless Tacos
<b>LUNCH</b> (Plate Lunch) 2 - 4 yr. Olds and Staff	Chicken Nuggets Brown Rice (WG) Green Beans Mandarin Oranges Milk	Philly Steak Bun (WG) Green Peas Pears Milk	Turkey Sausage Biscuit Tater Tots Mixed Fruit Milk	Sliced Ham Roll (WG) Baked Beans Peaches Milk	Beet Tacos Brown Rice(WG) Pintos Pineapple Milk
<b>(WG) Whole Grain</b>					<b>Week 3</b>

**"Be an example to the believers in the word, in conduct, in love, in faith, in purity." (1 Timothy 4:12)**

Fluid Milk: 1 year old: Unflavored whole milk; 2-5 years old: unflavored skim (fat free) or unflavored 1% (low fat) milk; 6 years and older: unflavored skim (fat-free) or 1% (low fat) milk; flavored skim (fat free) milk. Breastmilk may be served at any age in replacement of cow's milk without medical documentation. Approved non-dairy beverages may be served to children with special dietary needs with approved medical documentation. Parents are able to provide soy milk.