



Students: Below is a sample Activities and Award Form. Please complete your own (in this format), so that we can provide the most comprehensive picture of you to your school.

Student's Name: _____

<u>Category</u>	<u>Grade</u>	<u>Hours per Week</u>
HONORS		
Southridge Scholar	12th	
National Merit Semifinalist	12th	
English Honors	9th, 10th	
POSITIONS OF LEADERSHIP		
Student Council Treasurer	11th, 12th	10 hrs per week
JV Soccer Captain	11th, 12th	10 hrs per week
Japanese Club President	11th, 12th	2 hrs per week
SCHOOL ACTIVITIES		
Student Council	10th - 12th	2 hrs per week
National Honor Society	11th, 12th	1-2 hrs per week
School Paper Editor	11th, 12th	6 hrs per week
Japanese Club	9th - 12th	1 hr per week
Choir	11 th , 12 th	4 hrs per week
SPORTS		
Dragon Boat	12th	6 hrs per week
JV Soccer	11th, 12th	15 hrs per week
Swim Team	9th, 10th	12 hrs per week
COMMUNITY ACTIVITIES		
Outdoor School Counselor	11th, 12th	144 hours
Boy Scouts of America	9th - 12th	2 hrs per week
Church Youth Group	9th - 12th	2 hrs per week
Oregon Humane Society Volunteer	9th, 10th (summers)	6 hrs per week
WORK EXPERIENCE		
Cashier (Target Stores)	12th	20 hrs per week
Lifeguard (YMCA)	11th, 12th (summers)	16 hrs per week
Baby Sitting	9th, 10th	10 hrs per week
OTHER INFORMATION		
Cumulative GPA : 3.85		
Class Rank : 32 out of 649		