



SKEETER FOOTBALL
7TH-9TH GRADE FB CAMP



DATE: JULY 29-AUGUST 1

TIME: 6:30-9:00PM

The Mesquite H.S. Football Coaching Staff will hold a football camp for incoming 7th-9th graders that will attend Mesquite. This camp will offer a great opportunity for players to begin learning and improving basic football fundamentals, begin developing relationships with their future coaches, and building a family atmosphere within our team. In addition, players will learn the offensive/defensive schemes and terminology that will be used from 7th grade to Varsity.

Cost: \$25

(Price breaks for siblings & Payment Plans available)

Cash, Check, or Money Order

(Make checks payable to Mesquite Athletics)

Name: _____

2019-20 Grade: _____ Shirt Size (circle one) - S M L XL XXL

Cell: _____ Email: _____

Parents Name: _____

Parents Contact: _____

Register at the Mesquite Fieldhouse or Mail registration to:

Mesquite HS Athletics
 Attn: Coach Fleener
 300 E. Davis Street
 Mesquite TX 75149

Contact Info:

Coach Fleener
 jfleener@mesquiteisd.org
 972-882-7879

The Skeeter Football Camp will be run by Mesquite, Agnew, & Wilkinson coaching staffs and will focus on:

- **Fundamentals** – athletes will learn proper technique for offensive and defensive positions through drills and coaching
- **Speed and Agility** – athletes will be coached through exercises and drills on how to increase acceleration, speed, and the ability to change direction
- **Injury Prevention** – athletes will be taught proper ways to tackle, proper ways to stretch, and also educated on proper nutrition/hydration to help prevent injuries
- **Goal Setting/Academics** – athletes will learn the importance of setting personal and team goals, as well as learning the importance of education and their role as a student-athlete

Disclaimer: I will not hold Mesquite ISD or any camp staff liable for any damages, losses, or injury, that might result from my child's participation in this camp. I hereby grant permission for the camp staff to secure medical services for my child if necessary. *

Parent Signature: _____