

# Lunch Menu for May 2019

High School (early college underlined>)

		Wednesday, May 1	Thursday, May 2	Friday, May 3
		<u>French Bread Pizza</u> Fish Filet Sandwich BBQ Chicken w/ Rice <u>Creamy Pasta Salad</u> Sweet Potato Fries Garden Salad Diced Peas Fresh Fruit	<u>Nachos Grande w/ Cornbread Muffin</u> Grilled Chicken Sandwich Corn Dog Nuggets Pinto Beans Veggie Cup, Garden Salad Diced Peaches Fresh Fruit	<u>Cheesy Breadsticks</u> Chicken Quesadilla with Spanish Rice Bacon Cheeseburger Corn, Carrot Sticks Garden Salad Mixed Fruit Fresh Fruit
Monday, May 6	Tuesday, May 7	Wednesday, May 8	Thursday, May 9	Friday, May 10
Chicken Chunks w/ Roll <u>Lasagna w/ Garlic Knot</u> Southwest Meatballs over Rice Broccoli w/ Cheese Garden Salad Diced Peaches Fresh Fruit	<u>Chicken &amp; Waffles</u> Salisbury Steak w/ Biscuit Turkey & Cheese Wrap with Pasta Salad Red Skinned Mashed Potatoes, Veggie Sticks Garden Salad Mixed Fruit, Fresh Fruit	<u>Stuffed Crust Pizza</u> Fish Sticks w/ Hushpuppies Pork BBQ Sandwich Glazed Carrots Garden Salad Frozen Fruit Cup Fresh Fruit	<u>Cheeseburger</u> Chicken Parmesan Buffalo Chicken Pizza Great Northern Beans, Tater Tots Garden Salad Diced Peaches Fresh Fruit	<u>Corn Dog Nuggets</u> Philly Steak Deluxe Chicken Sandwich NC Sweet Potato Garden Salad Mixed Fruit Fresh Fruit
Monday, May 13	Tuesday, May 14	Wednesday, May 15	Thursday, May 16	Friday, May 17
<u>Popcorn Chicken with Macaroni &amp; Cheese</u> Meatball Hoagie Teriyaki Chicken with Rice Sweet Potato Fries Garden Salad Diced Peaches Fresh Fruit	Chicken Filet Sandwich <u>Beef Taco w/ Spanish Rice</u> BBQ Riblet Sandwich BBQ Pinto Beans Mixed Vegetables Garden Salad Mixed Fruit Fresh Fruit	French Bread Pizza <u>Thai Sweet Chili Chicken with Rice &amp; Egg Roll</u> Pork Chop Sandwich Sweet Peas Garden Salad Mandarin Oranges Fresh Fruit	<u>Nachos Grande</u> Fish Nuggets Southwest Baked Potato Entrees include <u>Corn Muffin</u> Carrot Sticks, Green Beans Garden Salad Diced Peaches	Cheesy Breadsticks <u>Hot Dog with Chili</u> Bacon Cheeseburger Baked Beans Veggie Sticks Garden Salad Mixed Fruit Fresh Fruit
Monday, May 20	Tuesday, May 21	Wednesday, May 22	Thursday, May 23	Friday, May 24
<u>Chicken Chunks w/ Rice &amp; Gravy</u> Pork BBQ w/ Roll, Hushpuppies & Slaw Chicken Filet Sandwich Baked Potato Garden Salad	Chicken Tenders w/ Roll <u>Spaghetti &amp; Meatballs w/ Roll</u> Turkey & Cheese Wrap with Pasta Salad California Vegetables Veggie Sticks Garden Salad Mixed Fruit, Fresh Fruit	Stuffed Crust Pizza <u>Chicken Egg Rolls with Fried Rice</u> Chicken Club Sandwich Broccoli, Garden Salad Frozen Fruit Cup Fresh Fruit	Cheeseburger Tangerine Chicken with Rice & Egg Roll <u>Buffalo Chicken Pizza</u> Glazed Carrot French Fries Garden Salad, Fresh Fruit	Corn Dog Nuggets <u>Beef-a-Roni w/ Garlic Knot</u> Deluxe Chicken Sandwich Black Eyed Peas Roasted Butternut Squash Garden Salad Mixed Fruit, Fresh Fruit
Monday, May 27	Tuesday, May 28	Wednesday, May 29	Thursday, May 30	Friday, May 31
 <p><i>Memorial Day</i></p> <p>Celebrate. Honor. Remember.</p> <p><i>Thank Those Serving... Remember Those Lost...</i></p>	<u>Chicken Filet Sandwich</u> Baked Spaghetti w/ Breadstick Hot Dog w/ Chili Lima Beans Roasted Potatoes Garden Salad Mixed Fruit, Fresh Fruit	<u>French Bread Pizza</u> Fish Filet Sandwich BBQ Chicken w/ Rice <u>Creamy Pasta Salad</u> Sweet Potato Fries Garden Salad Diced Peas Fresh Fruit	<u>Nachos Grande w/ Cornbread Muffin</u> Grilled Chicken Sandwich Corn Dog Nuggets Pinto Beans Veggie Cup, Garden Salad Diced Peaches Fresh Fruit	<u>Cheesy Breadsticks</u> Chicken Quesadilla with Spanish Rice Bacon Cheeseburger Corn, Carrot Sticks Garden Salad Mixed Fruit Fresh Fruit

## May

- National Bike to School Day (May 8)
- School Nutrition Employee Week (May 6-10)



Developed by School Nutrition Services, N.C. Department of Public Instruction.  
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