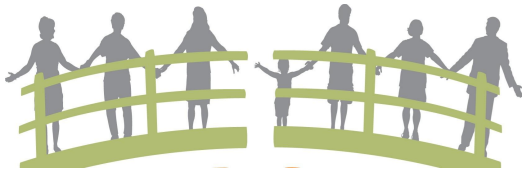


The St. Martin Parish Parent and Family Engagement Connection

Home & School

"TOGETHER WE CAN MAKE A DIFFERENCE"



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Ready or not... Summer is right around the corner! Although the school year can be extremely busy, it provides a sense of order as well as a measure of security for our children. Summers can be so fragmented. Parents wonder, how will I care for my children? How will I ensure they are safe? How do I balance my 8 hour-a day job with their needs? Thankfully schools, communities, and churches have a variety of summer programs and many at no cost or very low cost. Some students may need extra instruction during the summer and all students should maintain a regular pattern of reading. Parents of younger students can create a summer reading list with their children, and then reward them when they finish each book. Take a field trip to the zoo and have your child write a few paragraphs about what they most enjoyed. If you're at the grocery store with your kids, challenge them to add up the total cost of your purchases. Additionally, parents can encourage their kids to think outside of the box with arts and crafts. Let's strive to make summer a season of fun despite a reordered change of pace.

Getting Ready for Summer Tips for Keeping Kids Busy

Tips to Beat the Summer Heat

www.gigglesgalore.net



Stay Hydrated

Drink water frequently on hot summer days.



BE COOL

Stay indoors & use a programmable thermostat to help keep you and your home cool.

Eat Fresh

Try eating cold foods, grilling outdoors & avoid using the oven.



Enjoy a
Dip in the
POOL

Treat Yourself to a Cool Treat

Stock your freezer with Popsicles, ice cream and frozen fruit to enjoy when you are feeling a little too hot.



Summer Safety Tips for Kids

- Stay Hydrated
- Find Shade
- Proper Clothing
- Sun Protection
- Plant Safety/Thorns
- Bug Spray
- Stranger Safety
- Road Safety
- Helmets
- Eating in time
- Temperature Fluctuations
- Water Safety



CLICK HERE FOR

**Top 10 Easy Summer
Learning Tips For
Parents**

<https://rcpolk.com/summer-learning-tips-parents/>