

Texas School Nutrition Policy Update for 2015-2016 (aka Smart Snacks and other Food Rules)



- **The Texas School Nutrition Policy is more in line with the Federal Smart Snack Regulations**
 - **Schools may sell “NON-Smart Snack foods” during the school day on six (6) days during the year.**
 - This is 6 days per CAMPUS. Principals need to work with PTA, clubs and booster groups as needed to determine how the 6 days will be used.
 - Campuses will identify the 6 exempt days at the beginning of the year. Student Nutrition will keep a master roster of all exemption dates on file.
 - **Foods sold to students cannot compete with the NSLP/SBP Lunch program**
 - No one can sell ANY type of food during the meal service period where reimbursable meals are sold or consumed on the school campus—even on exempt days.
 - Normal breakfast and lunch service offered by Student Nutrition Services cannot be canceled on any school day
 - **HS ONLY—Caffeinated Non-calorie and Low Calorie beverages are now allowed**
 - MISD Student Nutrition Department does not intend to sell caffeinated sodas through the cafeteria.
 - **Outside of the exempt fundraising days, food SOLD to students during the school day must meet the Smart Snacks Guidelines (school day=midnight to 30 minutes after dismissal)**
 - **At this time there are no restrictions on foods given to students**
 - **There are no restrictions on food sold outside of the school day (school day=midnight to 30 minutes after dismissal)**

The MISD Catering Department will sell Smart Snack compliant foods in bulk that can be used for fundraisers during the school day. We have new vendors and are updating the ordering guide. The revised order form will be ready in early September.

Additional Smart Snack Resources:

<https://healthymeals.nal.usda.gov/sites/healthymeals.nal.usda.gov/files/uploads/USDASmartSnacks.pdf>
<http://www.fns.usda.gov/healthierschoolday/tools-schools-focusing-smart-snacks>

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