

Wednesday, April 24

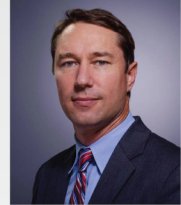
8:15 – 9:15 am

St. John's Episcopal School
Lower School Science Lab

How to Keep it Together: Parenting in the Digital Age

This seminar is geared more towards dads, but everyone is welcome. Dr. Young will explore some of the common challenges facing dads in the digital age, and how to parent kids through it. He will explain some of the underlying psychological and biological dynamics that influence parenting, and how to use them to your advantage to keep from getting locked into a battle with your child.

Dr. David
Young



Dr. David Young is a clinical psychologist in private practice, where he specializes in working with children and their families. He is co-founder of Dallas Therapy Alliance, a group practice providing comprehensive and compassionate psychological care. Dr. Young is also a Clinical Assistant Professor in Psychiatry at the University of Texas Southwestern Medical Center where he enjoys teaching and supervising students.