



# GWA Mandatory Medical Form

*Parents/guardians please complete:*

Student's Name:

First \_\_\_\_\_ Last \_\_\_\_\_

Date of birth: \_\_\_\_\_

**Does your child have any existing health conditions (*diabetes, asthma, allergies*)? If 'yes' please list below:**

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**Please list all daily medications and/or emergency medications your child uses (*asthma inhaler, epi-pen, etc.*):**

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**Please Note:** *In compliance with our GWA Medication Administration Policy, all medications are required to be provided by the parents with a doctor's prescription. This includes all symptomatic medications such as doliprane or cough medicine.*

**Does your child have any allergies (*medications, environmental or dietary*)? Please list below:**

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**Please Note:** *If your child has allergies, your child's physician **must** complete the required Allergy Plan included on pages 6-8.*

## Required Vaccinations

Please enter the date each vaccine was administered (MM/DD/YYYY):

Diphtheria/Tetanus/Pertussis/Poliomyelitis/Hib

1	2	3	4
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Tetanus/Diphtheria/Pertussis Booster (usually at 11-12 years of age)

1
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Measles/Mumps/Rubella

1	2	3
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BCG (Tuberculosis)

1
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**Please Note:** All required vaccines are MANDATORY before entry to GWA. All medical and religious exemptions must be provided by a physician with a completed Vaccination Exemption Form.

**If your son/daughter has NOT received a BCG vaccine we require one of the following within the past year prior to initial entry to GWA:**

- Tuberculin Skin Test (TST)/PPD test
- Quantiferon blood test OR
- Chest x-ray

Please provide a copy of the above test result to the GWA Health Services staff.

## Optional Vaccinations

Please enter the date each vaccine was administered (MM/DD/YYYY):

Hepatitis A

1	2
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Hepatitis B (strongly recommended)

1	2	3
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Influenza (strongly recommended, especially for students with asthma and other chronic medical conditions)

1	2	3
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Meningococcal Meningitis

1	2
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Pneumococcal Conjugate (strongly recommended)

1	2	3	4
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Varicella (strongly recommended)

1	2
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If chickenpox was diagnosed by a physician, please note the date: \_\_\_\_\_

**I hereby certify that to the best of my knowledge all of the information is true and complete. I give my consent for the medical staff at GWA to treat my son/daughter to the best of their ability and the exchange of medical information from healthcare providers if necessary.**

Signature of parent/guardian: \_\_\_\_\_ Date: \_\_\_\_\_

# Health History

To be completed by your child's physician:

Condition	Yes	No	Comments
Previous surgeries			
Allergies (food/drugs/insects/ seasonal) <i>If "Yes," completion of allergy plan required</i>			
Respiratory issues (ex. Asthma)			
Attention (ADHD), developmental, behavior disorder (ex. Autism)			
Bladder or bowel problems			
Cerebral palsy or other muscular development issues			
Diabetes <i>If "Yes," completion of a diabetic management plan required</i>			
Vision problems - Do they require glasses?			
Hearing problems			
Cardiac/heart condition			
History of head injuries/ concussions? Frequent headaches or migraines?			
Spinal injuries or scoliosis			
History of broken bones			
Neurologic disorders (seizures)			
Anxiety/depression or other psychosocial concerns			
History of fainting			

**Additional Comments:**

# Physical Assessment

To be completed by your child's physician:

Assessment	Normal	Abnormal	Abnormal findings/recommendations:
Hair/Scalp			
Skin			
Eye/vision			
Ears/hearing			
Nose and throat			
Teeth and gingiva			
Lymph glands			
Heart/cardiovascular			
Lungs/respiratory			
Abdomen			
Genitourinary			
Neuromuscular			
Extremities			
Spine (scoliosis)			
Other			

**Additional Comments:**

Height (cm):	Pulse:
Weight (kg):	Blood Pressure:

***By signing or stamping below; I confirm that this child is in good medical health and is able to participate in school sports, after school physical activities and physical education class.***

Signature of Physician:

\_\_\_\_\_ Date: \_\_\_\_\_

Physician Name (printed): \_\_\_\_\_

Physician Contact Information (address, phone): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# Mandatory Allergy Management Plan

To be completed by the physician if the student has allergies:

<b>ALLERGY</b> (including food and medications)	<b>SEVERITY OF REACTION</b> (severe*, moderate, mild)

**\*If a student has a SEVERE reaction, they will not be able to eat food provided by the GWA school cafeteria.**

<b>Signs of a systemic allergic reaction</b>	(Circle all that apply for this student):
Respiratory	shortness of breath, repetitive coughing, wheezing
Cardiac	weak pulse, fainting, dizziness
Oral/ENT	itching/swelling of lips, tongue or mouth
Skin	hives, itchy rash, swelling of face or extremities
Abdominal	nausea, abdominal cramping, vomiting

## Action for Minor Allergic Reaction

If symptoms include:

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Give \_\_\_\_\_ (Name of medication)  
\_\_\_\_\_ (dose) \_\_\_\_\_ (route)

Call \_\_\_\_\_ (parent guardian name and number)  
or \_\_\_\_\_ (emergency contact name and number)

**If condition does not improve within \_\_\_\_\_ minutes, follow steps for Major Reaction below.**

**Action for Major Allergic Reaction**

If ingestion is suspected and/or symptoms are:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Immediately Give** \_\_\_\_\_ (Name of medication)  
\_\_\_\_\_ (dose) \_\_\_\_\_ (route)

**Call for ambulance immediately.**

Repeat epinephrine (adrenaline) \_\_\_\_\_ mg IM if no change/improvement in symptoms after \_\_\_\_\_ minutes of first administration of epinephrine.

Call \_\_\_\_\_ (parent guardian name and number)  
or \_\_\_\_\_ (emergency contact name and number)

**Required Signatures:**

Physician's name (print): \_\_\_\_\_

Physician signature: \_\_\_\_\_

Parent's name (print): \_\_\_\_\_

Parent's signature: \_\_\_\_\_

# Allergy Individualized Care Plan

To be completed by Parent/Guardian:

If student has a food allergy, please choose one of the following in regards to the food service at GWA:

**Plan A:** Regular Lunch Plan with no special accommodations (menu can be viewed online and a lunch sent if there is something to be avoided on the menu)

**Plan B:** Modified Lunch Plan (for mild to moderate food allergies/intolerances or other special diet needs). Please specify the food groups to be eliminated from your child's meal tray:

- A. \_\_\_\_\_
- B. \_\_\_\_\_
- C. \_\_\_\_\_
- D. \_\_\_\_\_

For example; if 'dairy' is documented as a moderate food intolerance by a physician, cafeteria staff would then remove all foods that may contain dairy including baked goods, sauces, and other items that may be contaminated with dairy.

**Plan C:** Non GWA Cafeteria Plan. Family is fully responsible for preparing all food and snacks for their student.

## Classroom Expectations:

If your child has a food allergy from Nursery to Grade 3, administration and the school nurse can help provide the following. Please indicate what actions you would like to take:

- A separate, personal space for the student to eat lunch and snacks.
- Communication to all parents in the same class regarding your child's allergy, while respecting privacy, detailing your needs as to whether class-wide treats may be brought in during the year, etc.
- A no SHARE, no TRADE zone for all food and snacks in your student's class.

## Field Trips:

If your child (in Lower School) participates in any field trips away from the GWA campus during the school year, we ask that you communicate clearly with the teacher(s) and GWA staff that will be accompanying your son or daughter as soon as possible, regarding their dietary needs. If a student has a chronic medical condition, the school nurse will coordinate with the parent(s) and teachers regarding appropriate medical care/treatment during the field trip.