

Rankin County School District Memorandum

To: Parents
From: The School Nurse
Re: Allergy Action Plan

It has been determined by the school nurse that your child has an allergy and if exposed to a particular product or insect, may result in a severe life threatening condition known as anaphylaxis. Every child with a known history of allergies that may result in any type of allergic reaction if exposed to it must have a written **Allergy Action Plan completed by you or their physician** and kept on file at school.

An Allergy Action Plan is an individualized management plan of the student's condition that will allow school personnel to recognize and handle an allergic reaction or life-threatening emergency while at school. It should include the following information:

- A list of all allergens that could potentially cause an allergic reaction, include symptoms experienced when exposed indicating the need for closer monitoring or acute care;
- Steps to take during an allergic episode including when to seek emergency medical care and when and under what circumstances administration of emergency medications such as Benadryl or an Epi-Pen should be given at school;
- Provide emergency contact numbers for the parent(s)/guardian, physician, emergency department;

Please provide your child's school with an action plan along with any other medications such as Benadryl or Epinephrine (Epi-Pen). If you do not have a plan, one has been included for you to review and sign. **We must have a physician order and parental consent to administer any medications.** If you would like to have your physician fax it to the school, please call the school for fax information. If you should have any questions, please call the office staff or school nurse.

Thank you,
RCSD Nurse