

# York High School Counseling Department

## Tier 1 Grade Level Programming

8 <sup>th</sup> Grade	9 <sup>th</sup> Grade	10 <sup>th</sup> Grade	11 <sup>th</sup> Grade	12 <sup>th</sup> Grade
<p><b>Incoming Freshmen Night</b></p> <p><b>Individual Course Selection Meetings at the middle schools</b></p>	<p><b>Freshmen Day</b></p> <p><b>FOG (1<sup>st</sup> semester)</b></p> <ul style="list-style-type: none"> <li>Intro/Icebreaker/Survey <i>Mentors: Icebreakers</i></li> <li>Peer Pressure and Decision Making <i>Mentors: School Resources</i> <i>Mentors: School Toolbox - getting involved, study skills, time management.</i></li> <li>Introduction of Career Cruising <i>Mentors: FOG Olympics- promote positive group culture &amp; working as a group.</i></li> <li>Career Cruising Activity- Complete career interest inventory <i>Mentors: Homecoming Discussions</i></li> <li>GPA Calculation/Transcript <i>Mentors: Homecoming Sing-Off</i></li> <li>Four Year Plan <i>Mentors: Four Year Plan</i></li> <li>Introduction to Naviance by Amy Thompson, College and Career Counselor <i>Mentors: Four Year Plan</i></li> <li>Personality Profile Activity <i>Mentors: Goal Setting</i></li> <li>Interactive Course Selection Book &amp; Career Pathways <i>Mentors: How to Select Electives</i></li> <li>Registration/FOG Wrap-up <i>Mentors: FOG Wrap Up and Celebration!</i></li> </ul> <p><b>Final Exam Information Workshop</b></p> <p><b>Individual Course Selection Meetings:</b> choose classes for upcoming year and discuss post-secondary plans</p>	<p><b>Course Selection Presentations:</b> Students review how to access and use York's Digital Course Offerings Book, understand class-specific course selection information, how to implement their 4-year-plan in order to achieve their long-term goals and how their choices relate to their career pathways.</p> <p><b>Individual Course Selection Meetings:</b> choose classes for upcoming year and discuss post-secondary plans</p>	<p><b>Post High School Jump Start Programming in PE classes (Large Group):</b> timeline, testing, Naviance, Career Cruising, SCOIR</p> <p><b>Junior Parent Night</b></p> <p><b>SAT Test Prep (Lunch &amp; Learn)</b></p> <p><b>Post High School Planning in PE classes (Small Group):</b> Naviance &amp; search tools; senior present on their experience</p> <p><b>Post High School Options Review (through English class):</b> Show college websites and what student need to apply to school and plan for summer</p> <p><b>College Essay Workshop (during English class):</b> what college are looking for in an essay, how to develop a strong essay</p> <p><b>College &amp; Military Rep Visits:</b> Over 100 college visits in fall and over 50 visits in spring (about 200 in all) for students to connect with reps for information and support through the application process.</p> <p><b>Junior Course Selection Meetings:</b> Individual meeting to select courses for senior year and discuss post-secondary plans</p>	<p><b>Senior Summer Sessions:</b> understanding the systems and processes used in college admission and hands-on use of Naviance</p> <p><b>Senior Meetings:</b> individual meeting with counselor to check in on credits and graduation requirements and discuss post-secondary plans.</p> <p><b>Senior Group Guidance:</b> review 12 steps to College to ensure students understand all elements of admission, financial aid, and matriculation</p> <p><b>Drop-In Wednesdays:</b> work on college applications with 1-2 counselors available for questions</p> <p><b>Lunch &amp; Learn Wednesdays: Specific Topics:</b> Sending Test Scores to Colleges, Applying for Financial Aid, Seeking Scholarships, Review the Application Process, Understanding Financial Aid Packages</p> <p><b>College &amp; Military Rep Visits:</b> Over 100 college visits in fall and over 50 visits in spring (about 200 in all) for students to connect with reps for information and support through the application process.</p> <p><b>FAFSA Completion Workshops:</b> ISAC &amp; Counselors available to help parents and students in filling out their FAFSA</p> <p><b>COD Information Night</b></p> <p><b>COD Field Trip for students who applied</b></p> <p><b>Duke Decision Day:</b> Share in the excitement of ALL decisions</p>

## Tier 2 Grade Level Programming & Targeted Programming

8 <sup>th</sup> Grade	9 <sup>th</sup> Grade	10 <sup>th</sup> Grade	11 <sup>th</sup> Grade	12 <sup>th</sup> Grade
			<p><b>College Visit Field Trips for EL Students</b></p> <p><b>Fermilab STEM Fair Field Trip</b></p>	<p><b>Individual Follow-up Meetings with Non-Applied Seniors</b></p> <p><b>At-Risk of Not Graduating Meetings (March &amp; May):</b> Individual meetings with senior in jeopardy of not graduating</p>