March 29th, 2019

Hello Arrowhead Families,

What a joy to experience daylight before and after school. On my drive home I used to see the tremendous flock of crows that returns to Marymoor Park at night to roost, but now when I drive home they must still be enjoying the scene at Golden Gardens. It makes me think about seeing the crows again next year in the late fall and how quickly time passes.

On March 20th Arrowhead staff joined the rest of the district in a training on implicit bias around race. Staff engaged in honest, courageous discussions around how our upbringing and biased messages in the media may have impacted the assumptions we make about people we don’t yet know. Our goal is to better understand our own internal landscape around race and identity so we can create a learning environment at Arrowhead where each child feels safe, known, important and welcome. One thing we learned is that the struggles we experienced in articulating our own beliefs and assumptions about others provide a valuable training ground for learning how to help our students understand the assumptions they make about each other. Creating a strong, safe community at Arrowhead is our highest priority, and it’s a task adults and children share.

This year we pushed our state testing toward the end of the testing window. Third graders will test May 20-24, 4th graders May 27th-31, and 5th graders will test June 3-7. Teachers will release more information about testing as we get closer to those dates, but please keep those weeks in mind as you schedule trips and appointments. It is challenging for students when they have to complete make-up testing and we want this to be as low-stress an experience as possible for them.

Enjoy the lengthening days and the upcoming spring break! Know that we love your children and are excited to see them grow and learn every day.

Kristin
Calendar

4/5     Early Release-12:30 PM  
4/8-4/12  NO SCHOOL-Spring Break  
4/18    Camp Cedar Springs-Parent Info Night-6:00PM @Moorlands Gym  
4/19    5th Grade Field Trip-Seattle Children’s Theater  
4/22    Delbert Richardson & Traveling Assemblies  
4/26    Class Photo Day  
4/30    Track Meet @Kenmore Elementary 4:45PM  
4/30    1st Grade Music Program 6:30PM-GYM  
4/30    2nd Grade Music Program 7:15 PM-GYM  
5/2     Liburdy’s Class to Salmon Day Celebration  
5/2     1st Grade Field Trip-Storybook Theater  
5/6-5/8  5th Grade Camp-Cedar Springs  
5/7     3rd Grade Field Trip-Village Theater  
5/7     Track Meet @KMS 4:45PM  
5/14    Track Meet @ CPMS 4:45PM  
5/21    Track-Junior Olympics-@IHS 5:00PM  
5/22    NMS Parent Night for 504/AAP. ELL & SpEd 6:30 @NMS  
5/22    NMS Parent Information Night 7:00-8:30 NMS  
5/27    NO SCHOOL-MEMORIAL DAY  
5/28    3rd Grade-Ye, Liburdy-UW Arboretum Field Trip  
5/31    Family Fitness Night-7:00 PM-GYM

Moving?

If you are moving to another school next year, please let our school office know so that we can plan for classroom sizes and staffing. Please call the office @ 425-408-4000 or email the Office Manager, Jo Wild - jwild@nsd.org.

Lost & Found

Please check the “Arrowhead Rack” and make sure your child’s jacket, sweater, mittens, hats, and other pieces of clothing are not lost forever. The rack is located outside the Library.

Small items like jewelry, keys, and glasses are kept in the office. Anything left on the rack after April 5th will be donated to Threads & Treads.

2019-2020 Kindergarten Registration

Kindergarten registration began in January. If you have a child to enroll for the 2019-2020 school year, please stop by the office between 8:30am and 3:30pm to complete the paperwork. Please encourage any families you know of that may have a 2019-2020 kindergarten student to enroll as soon as possible!

Please contact the Arrowhead Office at (425) 408-4000 if you have any questions.

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Please contact the Arrowhead Office at (425) 408-4000 if you have any questions.
Traffic Alert!

Neighbors that live in McDonald Highlands have reported that parents are double parking on NE 153rd St. This is the street that runs behind the school gym. If you are a parent that drops and/or picks up your child on this street, please avoid double parking. This is not only a safety concern for students walking between cars, but it is illegal. We ask that you discontinue this practice right away. If the police are notified, you could be ticketed for blocking the street.

Attention 5th Grade Families – Reminder for Camp Dates:

Camp paperwork was sent home in March– check it out for all the specific camp details

- April 18th – Parent Meeting at Moorlands – 6:00pm in Gym
- April 29th – All medications due to nurse
- May 3rd – Luggage delivered to school by 9:30am
- May 6th- 8th – Students attend camp

If you have any questions, please call the school office – (425) 408-4000
Registration: Online begins NOW and ENDS on Friday, May 3rd 2019.
You may sign up online at SchoolWires Touchbase; mailto:https://schoolsales.nsd.org or from our Arrowheads website. You may also use the paper registration form found on the link as well. Registration fee is $35 or $17.50 for free & reduced qualifying families.

The Team: Students in grades 3-5 may join Arrowhead’s Track team. Our goal is to introduce students to Track and Field events while providing individual instruction to develop their skills. Teamwork, sportsmanship and leadership are always emphasized.

Practices: Begin on Tuesday, April 2nd. Practices are held on the Track during lunch recesses on Tuesdays, Wednesdays and Fridays. Please check in with coaches at the beginning of each practice for instructions and safety. Also, 9 full practices are required in order to compete in a Track Meet.

Uniforms: Each student will be issued a team jersey to wear on track meet days ONLY. Please wash and return them at the end of the season. Students are responsible for providing their own shorts and shoes. (Cleats & spikes are not allowed.)

Transportation: Arrangements are the responsibility of the student and their parents before each meet. See Coach Miller if you need support or assistance with transportation.

Events: Athletes may choose to participate in ONE field event and ONE running event, plus the 4x200 relay. Please let me know if your student cannot attend the meet.
Students must be present at school on meet days in order to participate in the meet.

Meets: are held on Tuesdays at 4:45pm and run until about 6:00pm.
Students may “check out” and leave the meet when they have finished their last event.

Home Meet: Arrowhead will be hosting on May 7th, at Kenmore Middle School. We are always in need of parent volunteers. Please email me if you would like to help out at our home meet and/or at the Junior Olympics Track meet at Inglemoor High School on Tuesday, May 21st at 5:00PM

If you have any questions or concerns, please feel free to contact me for more information. We are very thankful for your support and encouragement of all the students who participate on the Track team and we are looking forward to another awesome season.

GO HAWKS!!
Coach Miller and Coach Brink
Arrowhead Elementary
425-408-4015
fmiller@nsd.org
Choose **ONE** Field event **AND** **ONE** Running event.
Also, each runner may participate in **ONE** RELAY!

Work toward your PB (Personal BEST) each Meet!

**Field Events:**
- Ball Kick
- Ball Throw
- High Jump
- Triple Jump
- Long Jump

**Running Events:**
- 50-yard Dash
- 75-yard Dash
- 440 Run
- 4 x 220 Relay

**Arrowhead’s Meet Schedule:**
(All meets are Tuesdays @ 4:45PM)

April 30**th**  @ **Kenmore Elem** vs. Shelton View and Kenmore

May 7**th**  @ **Kenmore MS** vs. Lockwood (**Home Meet/HELP Needed**) 

May 14**th**  @ **Canyon Park MS** vs. Maywood and Crystal Springs 

May 21**st**  @ **Inglemoor HS** on **Tuesday @ 5:00PM** - **Junior Olympics Track Meet** vs - Lockwood, Shelton View, Moorlands, Kenmore and Woodmoor.

GO HAWKS ~!
Global Reading Challenge 2019
WAY TO GO SUPER SARCASTIC GLOBAL BOOKWORMS!

Each year King County Library System (KCLS) sponsors a Global Reading Challenge for 4th & 5th graders of all reading strengths. Students closely read up to 6 selected books and dedicate a lunch recess once a week to quizzing each other leading up to our In-House match-up. The highest scoring team then represents Arrowhead in the District Challenge; this year competing against 5 other schools. Our Super Sarcastic Global Bookworm team was the highest scoring team in Northshore for the second year in a row and went on to represent Northshore School District in the Regional Competition. What a great accomplishment! The Super Sarcastic Global Bookworm team of Tatum B, Thomas H, Abigail K, Grace R, Elena S, Ayane S, and Runi W competed against the best teams from the Shoreline and Lake Washington Districts bringing home the bronze medal. Congratulations to all who participated and supported our representative team.

THANK YOU ARROWHEAD PTA! Arrowhead students and staff were treated to a wonderful author visit from Newberry Honor Medalist and local resident, Kirby Larson Friday March 29th. Her Primary student presentation centered on her picture book, Nubs: A Mutt, a Marine, and a Miracle and the development of writing and researching a Nonfiction book. Nubs, a wild dog in Iraq, who was rescued and bonded with Marine Sergeant Brian Dennis, one time hiking 70 miles through the desert to be with him. Kirby’s Intermediate presentation highlighted her recent book Code Word Courage mixing history about the Navajo Code Talkers and a girl’s personal quest to find her father. Kirby again elaborated on her process of writing Historical Fiction and the research and plot development she is known for. Great questions from Arrowhead students were deftly responded to by Kirby and students left with great interest in reading her books as well as greater knowledge of the publishing process. Again, Thank you PTA for funding such a rewarding experience.
**Social Media Reminder**

Volunteers are restricted from taking images (photos and videos) for personal use of students at school, school sponsored events or on field trips. Student images may not be posted on Facebook, using other social media, sent via email or distributed using other communication channels. If a volunteer is taking images for school-related use, appropriate district and school procedures must be followed. Below is a link to the NDS website where an online volunteer handbook is available for your reference: [www.nsd.org/Page/530](http://www.nsd.org/Page/530)

Volunteers state that they have received and read the Northshore School District Volunteer Handbook and agree to comply with the information and guidelines in it when they complete the Volunteer Application along with the Volunteer Disclosure and State Patrol Request for Criminal History Information. If you would like a hard copy of the handbook, they are available in the school office.

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**Birthday Policy**

To avoid hurt feelings, students may only deliver birthday invitations at school if they are inviting every student in their class. Students are responsible for checking with their teacher to determine the appropriate time and manner to distribute the invitations. Often, parents request that they be permitted to celebrate their child’s birthday at school. Sharing this special day with other classmates at school is great; however, we ask that you follow this simple guideline: due to food safety issues and various food allergies, birthday celebrations at school **may not include** food items. Please check with your child’s teacher about appropriate alternatives.

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**Dress Code**

We need your continued help in making sure that our students make good choices regarding proper school attire. Some of the current fashions are not fitting in an elementary school setting. Shoulder straps on shirts must be at least two fingers wide. Shirt necklines must be above the armpits. Shorts or skirts need to be a minimum length of mid-thigh. Also, flip-flops are a safety hazard in PE and on the playground. Students wearing inappropriate clothing will be sent to the nurse for more suitable clothing. Please consider this as you help your child make choices for school clothing.

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**Pet Policy**

Dogs and other pets are wonderful in your home environment. During school hours they can be a distraction and a safety issue. If you wish to walk your student to or from school with a dog, please arrange a meeting/departure location **off** campus. In addition, please discuss with your student’s teacher before bringing the family pet for show and tell. The school is required to get advance permission from all students before animals can be brought into the classroom. Many animals are not appropriate for the school environment. We have several trained therapy dogs working on campus as well as guide dogs in training. Please respect the trainers and dogs by asking permission before touching. In many cases, the trainer could be using the situation to reinforce appropriate behavior and interaction with people will be discouraged.

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**Parking Lot & Student Safety**

There is no adult supervision prior to **8:50am** - unsupervised students are not allowed on campus until that time. Thank you for modeling safe and appropriate behavior at all times in the parking lot and using the designated crosswalks. Students should be accompanied by an adult when walking in the parking lot or from a parked car. Cars are not allowed in the bus circle between the hours of 8:00am and 5:00pm. After school hours are especially important to keep the bus circle clear due to the activity buses that drop off from the junior high and high school. Please observe the strict 5 MPH speed limit and follow directions given to you by staff, volunteers and safety patrol.

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**Vacations & Homework Requests**

As a general rule, teachers do no provide students with schoolwork when families take vacations outside of the district’s scheduled school breaks. The work students do in the classroom, along with the instruction needed for them to adequately understand how to complete it, cannot be replicated outside of school. If you choose to take your child(ren) out of school while it is in session, be aware that they may miss critical learning.
Placement Process for the 2019-2020 School Year

In May, teachers from each grade level meet to begin to form tentative class groupings for the following school year. As they form the groups, teachers take numerous factors into consideration including: academic performance/needs, social mix/compatibility, behavior patterns, learning styles, special needs, total number of students per class and parent and teacher input. This list of “placement criteria” is not exhaustive.

After the tentative class lists are made, teachers, specialists, and the principal review the lists to balance academic and social dynamics. Pertinent parental input is also considered. A balanced group is critical in ensuring the best learning environment for our students.

Throughout the summer, many students will enroll and others may move. We invariably make many final adjustments prior to school beginning. At that time, teachers are assigned to the class lists. Class placement will be mailed approximately one week before school starts, so please look for Back to School Open House and Curriculum Night information in the mail in late summer.

While we believe classroom teachers know an incredible amount of information about your child’s needs at school, we also realize parents have an understanding of unique needs and qualities that sometimes go beyond our knowledge. We’ll combine any exceptional input about your child’s needs with the information we have gathered and know about your child at school. Parent survey forms will be sent home with students on Tuesday, April 30th and are due back to school by Friday, May 10th.

Please keep the following in mind:
1) Student behaviors and needs at school are often different from those demonstrated at home.
2) As “Public Educators”, we are responsible for ensuring that each child, regardless of race, gender, academic talent, special needs, background, economic status, parental support or behavioral pattern, has an equal educational opportunity.
3) For an optimal class configuration, some students need to be separated from others.
4) Classroom groupings, based directly on parent requests, can result in poor group dynamics, student needs which are not well balanced among all the groups, classes organized by cliques, sports teams, neighborhoods, etc. that can have a negative impact on the mission and social development of the whole school.
5) Elementary school is a six-year experience during which students learn a great many skills that we do not teach from textbooks. A critical life-skill for children is to learn that the diversity of people they will meet is an enriching and exciting part of life. Children also learn that they are capable of coping with a variety of situations especially when open and positive about the possibilities.

Classroom assignments are made after carefully thinking through the variables relating to your child/children. While requests for specific teachers will not be considered, specific educational and behavioral concerns you have regarding your child’s needs will certainly be taken into account when balancing the class. When the names of particular teachers are given, the information is blacked out. Please rest assured we will make careful placement decisions for all Arrowhead students.
SBAC Testing

Save the dates!

SBAC Schedule
May 20-24 3rd grade ELA and Math
May 28-31 4th grade ELA and Math
June 3-7 5th grade ELA and Math and Science

If you know your student is going to be absent for this test, please let your student's teacher know ASAP so we can try and make alternate arrangements. For unexpected absences, we will have students test on the next available testing day,

Notes from the Nurse

For 5th grade students attending Camp Cedar Springs this May: All information regarding medications for camp is in your camp packet that came home with your student. Please read this over carefully and have your provider complete any medication forms before they are due on April 15th. Your provider's signature is required for any medication used at camp whether it is prescription or over-the-counter, including topical creams. Please call if you have questions. There will be a Camp meeting at Moorlands Elementary on Thursday April 18th at 6pm for all parents/guardians.

Flu season has hit very hard in the Puget Sound area this year, with King County health sending advisory notices to all health providers to expand office and clinic hours to assist with the demand. Area hospitals are at and above capacity for admissions. Please see the link below on the NSD Health Services webpage for more information about the flu and guidelines for keeping your child home. If your child has been ill and is able to return to school but has a nagging cough, please be aware that they must be able to control their cough, attend to their work, and others around them must be able to work in order for them to stay at school. We do not have any cough remedies at school other than ice chips or water. Cough drops may be sent if your student is responsible enough to use them appropriately and not share with others. They must bring only enough for one day (not the entire bag) together with a written parent note, dated and signed, that states they have your permission to use cough drops at school. Please to not send any other over the counter product or medication to school with your student. Students who have been home ill for several days often cannot manage a full day back at school. Gradual return starting with half days may be required. Please call Nurse Anne if you have any questions regarding this or if you are unsure if your student should come to school.

Thank you for all the donations of Chapstick and cloths for the health room we are stocked up! If your student has borrowed cloths from school, we appreciate if you can wash them and send them back promptly so we have them available for other students who need them.

Thank you,
Nurse Anne
ajanssen@nsd.org
425-408-4006

https://www1.nsd.org/schools/get-started/health-services/flu-information
Silverware Drive

The Arrowhead Kitchen is asking for your help – do you have silverware that you are not using? Over the years the kitchen has switched to washable trays and silverware. The last few years the community has been very generous with donations and now we are in need again! If you have leftover SPOONS or FORKS you are no longer using or feel like donating to our kitchen “staying green” please consider sending them in. Thanks so much for taking a look! If you have extras you would like to donate, just send them to the office. Thank you!

Musical Stylings.....

Arrowhead Marimba Ensemble will be performing at the 8th Annual Northshore Schools In Rhythm Concert. Wednesday, April 3rd at 7:00pm at the Northshore Performing Arts Center. Come and support our amazing marimba ensemble as well as enjoy percussion ensembles from 5 other school. This is a free event and open to all! Questions, email Elise Harris eharris@nsd.org.