

First and Last Name printed neatly: _____ Grade Level: _____ LA Teacher: _____

Parent Signature: _____

CESIT Selection for Sixth Six Weeks 2018-2019

Number your first choice with a 1, second with a 2, third with a 3, and so on.....Look at your schedule and only choose a CESIT for the periods your schedule shows a CESIT class or a PE 7/8 Class (This is an Active CESIT).

MAKE SURE YOU READ THE CLASS DESCRIPTIONS BEFORE CHOOSING A CLASS & GET TEACHER SIGNATURES FOR ASSISTANTS!!!

First Period Classes	Second Period Classes	Third Period Classes
<p>Monday/Wednesday/Friday Classes</p> <p>____ Films That Influenced Filmmakers</p> <p>____ Gamesapalooza</p> <p>____ Life Skills 101</p> <p>____ Logic Puzzles</p> <p>____ Rock Band</p> <p>____ Veterinary Medicine</p>	<p>Everyday classes:</p> <p>____ Art</p> <p>____ Glass Fusion</p> <p>____ Nintendo Labo</p> <p>____ Monopoly</p> <p>____ Pottery</p> <p>____ Veterinary Medicine</p> <p>____ Origami</p> <p>____ Teacher/Office/Library Assistant (Teacher Signature Required)</p> <p>Active CESITS: (7th & 8th Grade P.E. Priority)</p> <p>Monday/Wednesday/Friday</p> <p>____ Nine Square</p> <p>____ Pilates/HIIT</p> <p>____ Yoga</p> <p>____ Biking</p>	<p>Monday/Wednesday/Friday Classes</p> <p>____ Careers in Art</p> <p>____ College and Career Exploration</p> <p>____ Creative Writing</p> <p>____ Current Events/Documentaries</p> <p>____ D&D-Cards-Pokémon and More</p>
<p>Tuesday/Thursday Classes</p> <p>____ Astronomy</p> <p>____ Films That Influenced Filmmakers</p> <p>____ Gamesapalooza</p> <p>____ Korean Cultures</p> <p>____ Logic Puzzles</p> <p>____ Veterinary Medicine</p> <p>____ Rock Band</p>	<p>Active CESITS: (7th & 8th Grade P.E. Priority)</p> <p>Tuesday/Thursday</p> <p>____ Nine Square</p> <p>____ Jogging</p> <p>____ Yoga</p> <p>Active CESITS: (7th & 8th Grade P.E. Priority)</p> <p>Tuesday/Thursday</p> <p>____ Nine Square</p> <p>____ Jogging</p> <p>____ Yoga</p>	<p>Tuesday/Thursday Classes</p> <p>____ College and Career Exploration</p> <p>____ Creative Writing</p> <p>____ Current Events/Documentaries</p> <p>____ D&D-Cards-Pokémon and More</p> <p>____ Let's Draw!</p> <p>____ Navigating Digital Information</p>
<p>Everyday classes:</p> <p>____ Art</p> <p>____ CNN</p> <p>____ Glass Fusion</p> <p>____ Keyboarding</p> <p>____ Pottery</p> <p>____ Teacher/Office/Library Assistant (Teacher Signature Required)</p>	<p>Active CESITS: (7th & 8th Grade P.E. Priority)</p> <p>Every Day</p> <p>____ K-Pop Dance</p> <p>____ Weightlifting/Four Square</p> <p>____ Springtime Sports</p> <p>____ Meditation/Dance</p>	<p>Everyday classes:</p> <p>____ Harry Potter</p> <p>____ Maker Space</p> <p>____ Pottery</p> <p>____ Serious About Science</p> <p>____ Stop Action Lego Shorts</p> <p>____ Teacher/Office/Library Assistant (Teacher Signature Required)</p>
<p>Active CESITS: (7th & 8th Grade P.E. Priority)</p> <p>____ K-Pop Dance</p> <p>____ Sportzapalooza</p> <p>____ Yoga</p>	<p>Active CESITS: (7th & 8th Grade P.E. Priority)</p> <p>____ K-Pop Dance</p> <p>____ Weightlifting/Four Square</p> <p>____ Springtime Sports</p> <p>____ Meditation/Dance</p>	<p>Active CESITS: (7th & 8th Grade P.E. Priority)</p> <p>____ Let's Have a Ball</p> <p>____ Nine Square</p>

CESIT CLASSES – Last Session

NEW CLASSES THIS SESSION

Biking (*Active CESIT 7th & 8th Graders requiring PE have priority*)

Time to get out this spring season and bike around the neighborhood with Mrs. Wood-Sponsel and Miss Leger.

Careers in Art!

Have you ever wondered what you could do with your love of art? This class will explore a variety of careers for the artist in you. Utilizing videos and class discussions, we will look at careers from lettering design, logos, animation, fashion and more.

College and Career Exploration

Are you curious about colleges and your future career? Let's explore all the possibilities and get a feel for what is out there. In this Cesit we will research and learn about colleges/careers of interest. We will also hear from various professionals in different fields.

Crash Course: Navigating Digital Information

"The internet is full of information, a lot of it notably wrong. This class will help arm you with skills to separate the good stuff from the inaccurate stuff, and browse the internet with more confidence. In this class, we will watch sessions from the 'Crash Course: Navigating Digital Information' series, and then discuss how we can use these strategies. Topics include: Facts about fact checking; Using lateral reading; Finding trustworthy sources; Using Wikipedia; Evaluating evidence; Evaluating photos and videos; Data and infographics; Click restraint; and Social media."

Creative Writing

We all secretly dream of writing a best-selling story, so why not get a head start! Creative writing is the CESIT to take if you love blogging journaling, or storytelling!

Harry Potter

This CESIT is for all things Harry Potter! You are invited to explore the wizarding world of Harry Potter during the last 6 weeks of the school year. We will use the books, movies, theme parks, and other parts of the Harry Potter cannon to complete projects about the characters, creatures, objects, spells, potions, and places. Come ready to use your imagination and share your ideas about this magical world.

Jogging (*Active CESIT 7th & 8th Graders requiring PE have priority*)

Let's get out and enjoy the fresh air. We will jog to the park and back. Parent permission will be required to leave campus.

Life Skills 101

This course is to help students learn about personal finance, business and social skills, car maintenance, and some general “life hacks.” Specifically we will be going through life examples, hands on training, calculating and interpreting basic numbers such as credit cards, mortgages, retirement goals, how to save and so much more. You will know how to change a tire, read a map, quickly fix things for yourself and your parents, and BEST of all, learn how to make \$1 Million. All of these great Life Skills should serve you well in your upcoming years into adult hood and honestly, all things that I wish I would have known at your age. Prepare to have fun and ask questions as this will be 100% interactive.

Logic Puzzles

Logic puzzles are a great way to relax and improve your mood along with increasing memory retention and problem-solving skills. A great way to start your day!

Maker Space

Makerspace is a class where kids get to explore many different hands-on activities which can include arts and crafts, building with Legos and other building materials, 3D Printing, and so much more!

Origami

Learn about origami and create your favorite origami shapes!

REGULAR/CONTINUING CLASSES

Art

Finish the CSA school year off by creating a MINI ART CAR for Cornerstone’s Annual Mini ART CAR PARADE!!! You can provide your own car, or mini skateboard, or anything that rolls on wheels!!!! YES, you can even use a RC Car (you provide)! Or, Mrs. Hooker will provide you with a Dollar Store car/truck/bus. Any theme is acceptable (as long as it’s school appropriate). In the past we have had: BEACH THEMES, CUPCAKES, TECHNO/COMPUTER, ANIMALS, &&&& MORE.

Astronomy

Check out space through the eyes of NASA and the passion of Rebeca M’s father as he takes you out for space explorations.

CNN Newscast

Are you interested in learning how to create videos? Do you want to be a part of the announcements? Are you motivated and a self-starter? Come and learn how to make a really great newscast for the daily school announcements.

Exploring Korean Cultures

Learn about Korea from lifestyles, trends, history, and food. Taught by Joanne Kim from the district Bilingual Department.

Films That Influenced Filmmakers

Students will watch, discuss, and analyze some of the most influential films of the past. Students should be prepared for black and white as well as silent films.

Gamesapalooza

Have a blast playing different games from Uno to Mafia.

Glass Fusion

Students will learn the different methods of cutting, fusing and slumping glass in a kiln into works of art. We will complete various projects which may include coasters, bowls, platters, candle holders and student choice using free-form and/or patterns and molds, cut glass and/or frit and tack fuse and full fuse methods.

K-Pop Dance (*Active CESIT 7th & 8th Graders requiring PE have priority*)

K-Pop Dance is now all about dance and an active CESIT. Have you ever wanted to learn the dances to K-Pop songs? Join us as we explore intense choreography to the most popular K-Pop songs! Boys are welcome also as some of the most popular K-Pop groups are boy bands.

Keyboarding

Are you tired of trying to type up your class essays with two fingers? Does it take more time to do that and correct errors than it does to write it by hand? Then try this keyboarding class. Let's face it, you will be typing essays and stories throughout your education. You might as well start practicing now. Touch-typing is the act of using the keyboard without looking at your hands. This class will provide the time and practice for you to learn the keys and the typing skills you will need to write those future essays.

Let's Draw

Do you love drawing? Want to try your hand at Manga? Cartooning? Zentangles? All of these can be easily learned with just a little practice. Maybe you already know how to do these. Come spend time practicing and honing your skills. Work at your own pace. This class is open to experts and newbies! *Get your daily drawing done here instead of during core classes.*

Library Assistant

Students at the end of the six weeks will know and be able to follow library procedures, such as, but not limited to, arrangement and shelving of library materials, use of the library circulation program, and processing procedures for new library the acquisitions. You must have a signature from Mrs. Vergult to be a library assistant.

Let's Have a Ball (*Active CESIT 7th & 8th Graders requiring PE have priority*)

Rotate between the games of basketball, matball, and kickball. You are sure to have a ball. Please plan to play matball at least twice a week. If you do not like matball, DO NOT sign up for this course.

Magic, Pokémon, D&D, and More Card Games

Do you want to learn a new card game? Do you need some extra time to practice your skills in playing card games you already know? How about some time to research the cards you already own to find their value or discover the most effective way to use them in a game. If so, bring your Dungeon & Dragon, Magic or Pokémon cards and join us third period to share strategies, build decks for play, or challenge each other to epic battles!

Meditation and Dance for Joy

Meditation (MWF)

Have you ever wondered why people meditate and why it is so good for you? Want to delve deeper into understanding all about this powerful practice and begin practicing it? Learn and experience first-hand the benefits of adding this dimension to your daily life.

Dance for Joy: (girls only class) TTH

This free form class is for people who love to dance their own dance. We will listen to rocking music and experience joy and fun while also getting a great cardio workout. Move your body the way you want to in this judgement free zone.

Monopoly

Let's get together and play the well-known game that involves both the process of buying land for its development, and also the sale of any undeveloped property. It was also created as a tool to explain the single tax theory and illustrate the negative aspects of concentrating land in private monopolies.

Nine Square (*Active CESIT 7th & 8th Graders requiring PE have priority*)

Enjoy the game that everyone loves to play at lunch but without the line. Come out and have a blast.

Nintendo Labo

Do you enjoy building and engineering? The Nintendo Labo kits contain perforated pieces of cardboard which can be punched out of a specially designed sheet. These cardboard pieces can then be put together to build various toys, which Nintendo calls *Toy-Cons*. We can use the Nintendo Switch to guide the building of your kit, like a digital manual. It's kind of like Lincoln Logs or LEGO, but can interact with the Nintendo Switch in various ways.

Pilates/HIIT (*Active CESIT 7th & 8th Graders requiring PE have priority*)

Are you looking to get fit? Then this is the place for you. We will work on our entire body with a combination of low-impact and high-impact exercises. This is a great way to condition if you are already participating in an outside sport!

Pottery

We will begin with basic properties of clay, techniques to teach you skills to use on more advanced projects. Some of the projects we will do include: Alien planters, wide mouthed fish candy dish, animal masks and hand built vases. This is such an enjoyable class, who doesn't love clay?

Rock Band

Team up with three other rock stars playing bass, drums, piano, and vocals to play along with rock artists.

Serious About Science

In this class we will discover the many cool aspects of science in our everyday lives to jobs that deal with science on a day to day basis. From mini-labs and experiments, to exploring the latest scientific discoveries, this class will try to hit it all! If you have a love for science or a passion for learning new things this is the class for you.

Springtime Sports (*Active CESIT 7th & 8th Graders requiring PE have priority*)

Now that the weather has turned let's get outside and enjoy this awesome weather! Spring time sports will consist of games like wiffleball, basketball, soccer, and flag football. Let's spring into some outside activities.

Stop Action Lego Shorts

Students will work in groups to script and create Lego Stop Action Shorts.

Sportzapalooza (*Active CESIT 7th & 8th Graders requiring PE have priority*)

Are you a sports fanatic?! Come compete in all kinds of sports, such as flag football, soccer, and kickball just to name a few. Who knows, we may even do some tennis, baseball or track. We will be mixing up the sports each day - anything is possible in Sportzapalooza.

Teacher/Office Assistant

Students who want to be office assistants will be expected to assist the staff in clerical duties such as photocopying, filing, running errands, and organizing classrooms. Almost every teacher and the office would love to have dependable and responsible student helpers. You must have a signature from a teacher to be an assistant.

Veterinary Medicine

If you are interested in pursuing a career in veterinary medicine this is the CESIT for you! In this class we will discover all sorts of species and how to maintain their health. We will watch videos on how procedures are carried out and what goes on in the day to day life of a vet.

Weightlifting/Four Square (*Active CESIT 7th & 8th Graders requiring PE have priority*)
You will lift weights three days a week and play four square the other two. Bulk it up
Cornerstone!

Yoga (*Active CESIT 7th & 8th Graders requiring PE have priority*)
In this class, postures are practiced to align, strengthen and promote flexibility in the body.
Breathing techniques and meditation are also integrated.