

Monday	Tuesday	Wednesday	Thursday	Friday
1 <i>Meatless Monday</i> Mozzarella Sticks Marinara Sauce Garlic Knot Seasoned Broccoli Fruit Cocktail & 100% Juice	2 WW Tortilla Seasoned Beef or Fajita Chicken Cheddar Cheese Sauce Brown Rice Refried Beans Salsa & Lettuce Orange Wedges & 100% Juice	3 Spicy Chicken & Waffles Hash Brown Patty Cinnamon Carrots Frozen Strawberries with Whipped Topping 100% Juice	4 Teriyaki Chicken Vegetable Fried Rice Oriental Blend Vegetables Bananas & 100% Juice	5 Homemade Cheese or Veggie Pizza Romaine Salad Cucumber Dippers Blueberries & 100% Juice
8 <i>Meatless Monday</i> Waffle Cut Fries 3-Bean Chili & Cheese Seasoned Broccoli Dinner Roll Fruit Cocktail & 100% Juice	9 WG Nacho Chips Seasoned Beef or Fajita Chicken Cheddar Cheese Sauce Brown Rice Refried Beans Salsa & Lettuce Orange Wedges & 100% Juice	10 Cherry Blossom or Firecracker Chicken Vegetable Fried Rice Oriental Blend Vegetables Applesauce & 100% Juice	11 Pancakes Hash Brown Cinnamon Carrots Chicken Sausage or Bacon Egg Patty Melon Slices & 100% Juice	12 Homemade Cheese or Veggie Pizza Romaine Salad Sweet Potato Fries Apples & 100% Juice
15 Spring Recess No School	16 Spring Recess No School	17 Spring Recess No School	18 Spring Recess No School	19 Spring Recess No School
22 Twisted Breadsticks With Mozzarella Marinara Sauce Tater Tots California Blend Vegetables Applesauce & 100% Juice	23 WW Tortilla Seasoned Beef or Fajita Chicken Cheddar Cheese Sauce Brown Rice Refried Beans Salsa & Lettuce Orange Wedges & 100% Juice	24 French Toast Sticks Hash Brown Cinnamon Carrots Chicken Sausage or Bacon Egg Patty Frozen Blueberries w/Whipped Topping 100% Juice	25 <i>Build Your Own Burger</i> Beef Patty on WW Bun Sweet Potato Fries Lettuce, Tomato, & Onion Fresh Pineapple & 100% Juice	26 Homemade Cheese or Veggie Pizza Romaine Salad Sweet Potato Fries Melon Slices & 100% Juice
29 <i>Meatless Monday</i> Breaded Mini Ravioli Garlic & Herb Breadstick Marinara Dipping Sauce Seasoned Broccoli Frozen Fruit Cup & 100% Juice	30 WG Nacho Chips Seasoned Beef or Fajita Chicken Cheddar Cheese Sauce Brown Rice Refried Beans Salsa & Lettuce Orange Wedges & 100% Juice	<p><i>Did you know that the SPS Food Service Department offers a full breakfast each day? Make sure you check out our breakfast menu for daily options and keep a look out for new items being featured</i></p>		

- All daily and alternative meals include a minimum of 2 oz protein, 2 oz whole grains, 1 cup fruit, 1 cup vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Available daily: Chef Salad, Deli Sandwich, Pizza, Pasta, Hot Sandwiches & Wraps
- Menu subject to change as needed.
- WG=Whole Grain, WW=Whole Wheat
- Applications for free or reduced meals can be submitted at any time during the school year
- Please contact Becky Fowler, Director of School Nutrition, becky.fowler@stoningtonschools.org or (860) 599-0766 with any questions or to discuss meal modifications