



# After School Activities

2018-2019



# HIS

HANGZHOU

Session 3

April 8 - June 14

LS Session 3 ASAs

Monday

ASA Title	
<i>Lucky Jacks, Ping Pong, and Four-Square</i>	
Day of the Week	Grade Range
Monday	Grade 2 – 5
Location	Teacher
Meet outside the Tech Pagoda	Karl Suits, Erika Huayanca
Description	
First we play the Lucky Jacks card game, then we play Ping Pong, and finally compete in the HIS playground rules variety of the Four-Square ball game.	

ASA Title	
<i>Piano Club</i>	
Day of the Week	Grade Range
Monday	Grade K - 8
Location	Teacher
LS Music Room	Sherry Li
Description	
In this club, we will learning the basic piano playing skills, the culture and history of piano, and have a chance to learn 1-2 four hands playing song. Previous experience or a piano at home are not necessary.	

ASA Title	
<i>Martial Arts</i>	
Day of the Week	Grade Range
Monday	Grade 1 – 4
Location	Teacher
F104	Misha Sheng
Description	
You will learn Chinese martial arts in the ASA and we will also do some interesting games.	



ASA Title	
<i>Floor Hockey</i>	
Day of the Week	Grade Range
Monday	Grade 3 – 5
Location	Teacher
Gym	Danielle Kemp
Description	
<p>The students will learn basic hockey skills such as dribbling and shooting. The students will also participate in mini games while learning the basic rules of the game. This will all happen in a safe environment.</p>	

ASA Title	
<i>Mandarin Picture Book Reading Club</i>	
Day of the Week	Grade Range
Monday	Grade K – 2
Location	Teacher
F104	Olina Li
Description	
<p>The students will enjoy mandarin picture books, reading aloud, and doing fun activities related to books.</p>	

ASA Title	
<i>Kids Yoga</i>	
Day of the Week	Grade Range
Monday	Grade K – 1
Location	Teacher
Rhythm & Movement Room	Julia Bychkova (parent helper), Anna Shen
Description	
<p>Yoga therapy with a lot of fun in between: stories, songs, games and pose create a non-competitive and multi-sensory environment, where children develop through kinesthetic, visual and aural learning.</p> <p>We will strive to maintain a balance between spontaneity and structure, so that children learn to listen to themselves and each other while being able to express themselves creatively.</p> <p>In “human mandalas” we will learn the art of bringing people together, creating friendships and connecting communities with our playful and interactive style of yoga.</p>	

ASA Title	
<i>Lego Challenges</i>	
Day of the Week	Grade Range
Monday	Grade K – I
Location	Teacher
STEAM Room	Zoë Woodcock
Description	
<p>This is an opportunity for those who were unsuccessful in achieving a place on the last session of LEGO Challenges. Students should not register for a second time.</p> <p>We will be solving various challenges with Lego, our wits and STEAM knowledge. Students will work collaboratively and independently. I'll provide the Lego, you bring your wits and we will develop more STEAM knowledge!</p>	

ASA Title	
<i>Erhu for Beginners</i>	
Day of the Week	Grade Range
Monday	Grades 3-8
Location	Teacher
Miss Joy's music room	Liu Bin (Leon), Sam Bateman
Description	
<p>Erhu for beginners will introduce students to the basic techniques for using the bow and finger placement on the strings. This is a “taster” course which will give students the opportunity to have exposure to this traditional instrument with over 1,000 years history. Mr Liu Bin (Mr Leo) is a graduate of Music Institute of Nanjing University of the Art with specialism in Erhu.</p> <p>Instruments are provided by the school for use during the ASA.</p>	

ASA Title	
<i>Photography</i>	
Day of the Week	Grade Range
Monday	Grade 3 – 5
Location	Teacher
B309	Brianna Maxwell
Description	
<p>Students will be learning about the basic principles of digital photography by taking pictures around the school and Dongxin community. They will need a digital device that is compatible with our Macs so that they are able to upload their photos. Students will be creating a portfolio of their works to take and share with families!</p>	

ASA Title	
<i>Cooking Club</i>	
Day of the Week	Grade Range
Monday	Grade 4 – 6
Location	Teacher
CI03	Bonnie Wilson, Jennifer Widi
Description	
Enjoy learning how to make (and then eat!) yummy snacks and desserts.	

ASA Title	
<i>Art Club K – 1</i>	
Day of the Week	Grade Range
Monday	Grade K – 1
Location	Teacher
LS Art Room	Katie Hester
Description	
Come and enjoy a range of different art activities.	

Tuesday

ASA Title	
<i>Arts and Crafts</i>	
Day of the Week	Grade Range
Tuesday	Grade K – 1
Location	Teacher
E102	Julie Zhu, Sunny Sun
Description	
Students will experiment with a range of textures, materials, colors, in art. They can explore activities such as ink painting, paper folding, popsicle stick building, collage, etc.	

ASA Title
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<i>Origami Teamwork</i>	
<b>Day of the Week</b>	<b>Grade Range</b>
Tuesday	Grade K - 2
<b>Location</b>	<b>Teacher</b>
W102	Andrea Shen, Mia Zhou
<b>Description</b>	
The origami teamwork not only develops children's motor skills and enjoys the fun, but also explores their ability to communicate and coordinate in solving problems.	

<b>ASA Title</b>	
<i>Dragon Run Training</i>	
<b>Day of the Week</b>	<b>Grade Range</b>
Tuesday	Grade 3 – 12
<b>Location</b>	<b>Teacher</b>
Meet in front of Gym	Alex May
<b>Description</b>	
We will meet for a weekly run to train for the Dragon Run 5K on May 11. We will stretch and warm-up and then go for a 2-5 km run off campus. Participants must wear appropriate running clothes and running shoes and bring water. Teachers are welcome to join too.	

<b>ASA Title</b>	
<i>Makey Makey</i>	
<b>Day of the Week</b>	<b>Grade Range</b>
Tuesday	Grade 3 – 5
<b>Location</b>	<b>Teacher</b>
B301	Tanya Jensen
<b>Description</b>	
Ever played Mario on Play-Doh or the Piano using Bananas? Makey Makey makes it happen and is an invention kit for the 21st century. Turn everyday objects into touchpads and combine them with the internet. It's a simple Invention Kit for Beginners and Experts doing art, engineering, and everything in between!	

ASA Title	
<i>Table Tennis</i>	
Day of the Week	Grade Range
Tuesday	Grade 3 – 5
Location	Teacher
Table Tennis Tables	Kimberly Murphy
Description	
Come and practice your ping pong skills. Beginners and intermediates welcome. Play singles or doubles. If there is enough interest, we can devise mini-tournaments.	

ASA Title	
<i>Journaling</i>	
Day of the Week	Grade Range
Tuesday	Grade 3 – 5
Location	Teacher
B202	Michelle Dierker
Description	
One of the best practices for self-reflection is keeping a journal. In the ASA, we will practice the art of journaling about daily events through different methods like art, list making, bullet journaling, and design. Students can bring their own journal to the ASA or they will be provided with a school notebook to keep for their journal. Come join us for the opportunity to write, create, and reflect!	

ASA Title	
<i>Board Games</i>	
Day of the Week	Grade Range
Tuesday	Grade 1-3
Location	Teacher
CI01	Barbara Armstrong, Vicky Gao
Description	
Come enjoy an interactive board game with your friends! Please feel free to bring a game from home to share with new friends!	

Thursday

ASA Title	
<i>Chinese Myths</i>	
Day of the Week	Grade Range
Thursday	Grade K – 3
Location	Teacher
CI05	Bella Mao
Description	
<p>Chinese myths of remote antiquity were mostly created collectively by the laboring people of the primitive society, circulated and handed down orally until written script was invented to provide a more permanent record. The best-known include Pangu Separates the Sky from the Earth, Nu Wa Makes Men, Nu Wa Mends the Sky, describing how the world came into being; Hou Yi Shoots down Suns, Kua Fu Chases the Sun, Jing Wei Determines to Fill up the Sea, reflecting mankind's incessant struggle against nature; Shennong Shi Tastes Medicine, Gun and Yu Harness Water, written in praise of selfless devotion.</p> <p style="text-align: center;">Bring your curiosity and join us!</p>	

ASA Title	
<i>Chinese Rubber Band Skipping</i>	
Day of the Week	Grade Range
Thursday	Grade K – 3
Location	Teacher
Hall	May Peng
Description	
<p>Let's stretch our arms and legs by jumping with Chinese rhymes.</p>	

ASA Title	
<i>iMovie</i>	
Day of the Week	Grade Range
Thursday	Grade 4 – 5
Location	Teacher
CI02	John Koski, Simon Dobson
Description	
<p>Club members will write, direct, film, and edit short movies starting with creating story boards with a paper and pencil to filming using iMovie.</p>	



<i>Ceramics</i>	
<b>Day of the Week</b>	<b>Grade Range</b>
Thursday	Grade 4 - 8
<b>Location</b>	<b>Teacher</b>
US Visual Arts Room	Jamie Sanchez
<b>Description</b>	
In this class, we will learn the basic hand-building ceramic techniques through coiling, pinch pots, and slab making with clay. Be ready to get your hands dirty and have a lot of fun.	

<b>ASA Title</b>	
<i>ESL Games</i>	
<b>Day of the Week</b>	<b>Grade Range</b>
Thursday	Grade 3 - 5
<b>Location</b>	<b>Teacher</b>
CI04	Patricia Shomo
<b>Description</b>	
This ASA is intended for students for whom English is a second language. New Vocabulary will be introduced and reinforced through fun games.	

<b>ASA Title</b>	
<i>Create Your Own World</i>	
<b>Day of the Week</b>	<b>Grade Range</b>
Thursday	Grade K - 5
<b>Location</b>	<b>Teacher</b>
BI01	Cilla Gainopoulos, Jac Williamson, Lainie Chandler
<b>Description</b>	
Let's get creative and design our own world. In this ASA we will design different places using various object and play inside these spaces. Imaginative play fosters mental growth by creating opportunities for trying out new ideas, ways of thinking and problem solving. In pretend-play, we face a variety of problems to solve and use thinking skills.	

<b>ASA Title</b>	
<i>Chess Club</i>	
<b>Day of the Week</b>	<b>Grade Range</b>
Thursday	Grade 2 – 5
<b>Location</b>	<b>Teacher</b>
F103	Louise Zhu
<b>Description</b>	
<p>Chess is one of the world's most popular games! It is a recreational and competitive game played between two players. Come join us and you will see how fun and challenge it is. If you do, you will probably beat your parents too!</p>	

Friday

<b>ASA Title</b>	
<i>Fun with Chinese Songs</i>	
<b>Day of the Week</b>	<b>Grade Range</b>
Friday	Grade K - 5
<b>Location</b>	<b>Teacher</b>
C302	Melanie Lu
<b>Description</b>	
<p>Let's enjoy singing songs together!</p>	

<b>ASA Title</b>	
<i>Chinese Rhythm and Movement</i>	
<b>Day of the Week</b>	<b>Grade Range</b>
Friday	Grade K – 2
<b>Location</b>	<b>Teacher</b>
R&M Room	Joyce Chen, Anna Chen
<b>Description</b>	
<p>Lots of traditional Chinese games such as kicking shuttlecocks, jump rope and fun dancing. Making rhythms from everyday objects. Please bring any materials that we can use for making your own instrument.</p>	

<b>ASA Title</b>	
<i>Chinese Book Club</i>	
<b>Day of the Week</b>	<b>Grade Range</b>
Friday	Grade 5 – 8
<b>Location</b>	<b>Teacher</b>
B002	Jenny Wang
<b>Description</b>	
<p>The club is open to the students who love reading. The goal of this activity is to help students enhance their interest in reading. Please come to join us!</p>	

# Upper School

ASA Title	
<i>Readers on Shark Rafts</i>	
Day of the Week	Grade Range
Monday	Grade 6 – 7
Location	Teacher
B003	Marisa Confait
Description	
<p>Book Club attendees will be lying around in B003 on our Library Shark bean-bags, 'gabbing' about our latest,-greatest- best reads; sharing the 'poignant passages'; and sharing our ideas about favorite authors, genres, plot twists and recommendations.</p>	

ASA Title	
<i>Piano Club</i>	
Day of the Week	Grade Range
Monday	Grade K - 8
Location	Teacher
LS Music Room	Sherry Li
Description	
<p>In this club, we will learning the basic piano playing skills, the culture and history of piano, and have a chance to learn 1-2 four hands playing song. Previous experience or a piano at home are not necessary.</p>	

ASA Title	
<i>Philosophy Club</i>	
Day of the Week	Day of the Week
Monday	Grade 9 - 12
Location	Teacher
Room A301	Andrew Riege
Description	
<p>The Philosophy Club discusses philosophical questions in an informal setting. The goal is to have stimulating conversation and learn to look at everything from different perspectives. We will frequently watch short videos introducing topics and then discuss them. This ASA increases independent thought and problem-solving skills.</p>	

ASA Title	
<i>Dele Prep Group</i>	
Day of the Week	Grade Range
Monday	Grade 6 – 11
Location	Teacher
B305	Andres Sanchez
Description	
Students registered for DELE on May 24th or considering to take it in the future may attend this fun-filled activity. Test taking skills and simulations will be ran weekly.	

ASA Title	
<i>HSK Chinese Preparation</i>	
Day of the Week	Grade Range
Monday	Grade 9 - 12
Location	Teacher
B004	Yoyo Zhang
Description	
HSK preparation, build vocabulary and grammar structure.	

Tuesday

ASA Title	
<i>Dragon Run Training</i>	
Day of the Week	Grade Range
Tuesday	Grade 5 – 12
Location	Teacher
Meet in front of Gym	Alex May, Chris Widi
Description	
We will meet for a weekly run to train for the Dragon Run 5K on May 11. We will stretch and warm-up and then go for a 2-5 km run off campus. Participants must wear appropriate running clothes and running shoes and bring water. Teachers are welcome to join too.	



<b>ASA Title</b>	
<i>Resumes and Interviews</i>	
<b>Day of the Week</b>	<b>Grade Range</b>
Tuesday	Grade 11 – 12
<b>Location</b>	<b>Teacher</b>
	Andrew Haltom
<b>Description</b>	
<p>Students will explore the role of human resource management in a firm's strategic plan. Students will practice filling out applications, create resumes and will go through mock-interviews. Students will learn how their character skills, education and experiences make them attractive candidates for scholarships, college admissions and ultimately prepare them for success in the world of business.</p>	

<b>ASA Title</b>	
<i>Model United Nations (MUN)</i>	
<b>Day of the Week</b>	<b>Grade Range</b>
Tuesday	Grade 6 – 12
<b>Location</b>	<b>Teacher</b>
A001	Yolande du Plooy
<b>Description</b>	
<p>Model United Nations or MUN is an after-school activity in which students roleplay delegates to the United Nations and simulate UN committees. In MUN students will step into the shoes of ambassadors from UN member states to debate on current global issues. MUN involves researching, public speaking, debating and writing. Students also gain the opportunity to learn or enhance skills such as critical thinking, teamwork and leadership.</p>	

<b>ASA Title</b>	
<i>Guitar Club</i>	
<b>Day of the Week</b>	<b>Grade Range</b>
Tuesday	Grade 6 - 12
<b>Location</b>	<b>Teacher</b>
B005	Kyle Kreske
<b>Description</b>	
<p>Do you play guitar? Do you want to learn how to play some of your favorite songs? Then the Guitar Club ASA is for you! Join us for some guitar-playing, music-making fun.</p>	

ASA Title	
<i>GIN (Global Issues Network)</i>	
Day of the Week	Grade Range
Thursday	Grade 6 – 12
Location	Teacher
Library	Lily Lin, Matthew Baxter
Description	
GIN (Global Issues Network) nurtures and mobilize transgenerational communities of global citizens to build an equitable and sustainable world.	

ASA Title	
<i>Ceramics</i>	
Day of the Week	Grade Range
Thursday	Grade 4 - 8
Location	Teacher
US Visual Arts Room	Jamie Sanchez
Description	
In this class, we will learn the basic hand-building ceramic techniques through coiling, pinch pots, and slab making with clay. Be ready to get your hands dirty and have a lot of fun.	

ASA Title	
<i>Baking</i>	
Day of the Week	Grade Range
Friday	Grade 6 - 12
Location	Teacher
B111	Danielle Bowers
Description	
In Baking ASA we will learn how to make different kinds of desserts. We will learn basic baking skills.	

<b>ASA Title</b>	
<i>Wheels Around Hangzhou</i>	
<b>Day of the Week</b>	<b>Grade Range</b>
Friday	Grade 6 - 12
<b>Location</b>	<b>Teacher</b>
Front Gate	Jess Koenig, Nora May
<b>Description</b>	
<p>Students will explore Hangzhou through bicycling through the city and hiking the Hangzhou hills. Students must bring their own wheels and protective equipment (helmets) as well as water bottles, bus passes, and money for snacks. Students will be traveling off campus each week for this activity. Typically students return between 5:00 – 5:30, depending on location of weekly trip.</p>	

<b>ASA Title</b>	
<i>Chinese Book Club</i>	
<b>Day of the Week</b>	<b>Grade Range</b>
Friday	Grade 5 – 8
<b>Location</b>	<b>Teacher</b>
B002	Jenny Wang
<b>Description</b>	
<p>The club is open to the students who love reading. The goal of this activity is to help students enhance their interest in reading. Please come to join us!</p>	