



2019
Spring Woods Tigers
 5th, 6th, 7th, 8th, 9th grade
Volleyball Camp
 Monday, July 29- Wednesday, July 31
 Session 1 (5-7th grade) 8:30-10:30am Session 2 (8-9th grade) 11a-1p
 Cost is FREE



This camp is for all incoming 5th, 6th, 7th, 8th and 9th graders that are interested in playing volleyball. All participants must be zoned to Spring Woods High School in order to attend the camp. The camp will be conducted by the Spring Woods High School coaching staff and middle school coaches that will provide each student with individualized attention on basic skills. The camp will be fun and conducted with all activities closely supervised.

There will be two sessions: Beginner skill level (5th-7th) and Advanced skill level (8th-9th).

Activities include: volleyball orientation, basic skills training, position specific instruction, and basic footwork and movements for defense and offense.

All activities will be closely supervised by Spring Woods High School volleyball staff.

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Name: _____

Grade this next school year (19-20): _____

School you will attend next year (19-20): _____

Address: _____

Parents name: _____

Parents cell number: _____

Session 1 (5-7th grade) or Session 2 (8-9th grade): _____

I, the undersigned, being the individual, parent or legally authorized guardian of _____, agree to hold the Spring Branch Independent School District, its Board of Trustees, administration, and/or faculty, harmless from all liability for any injuries which my child may receive while participating in any recreational activities or utilizing the Spring Branch Independent School District facilities. I herewith authorize the Director, supervisor and/or district employee to secure medical services for any family member if necessary, and I agree to pay either directly or through my own personal health and accident insurance policy, all medical or hospital costs.

Signature of Parent or Legal Guardian

Date

Please return to: Coach Rebecca Campbell, Spring Woods High School, 2045 Gessner, Houston, TX 77080 OR email to Rebecca.campbell@springbranchisd.com

*** *A current physical must be on file with SBISD before an athlete may participate.***