Community Activities for kids

ITALIAN

By Elena

Triumphs: For people who want to know it all

DEUTSCH/GERMAN

Instruction in English and German

Kids Soccer Club

By John

TAEKWONDO

Taekwondo

合击

Judo

Basketball

Ballet

Hip Hop

Painting for kids

PAINTING FOR KIDS

Art for kids:

PAINTING FOR KIDS

Permanently

PAINTING FOR KIDS

Bag painting for

PAINTING FOR KIDS

Theme: The world

comprehend the
government of the
country

Community Activities for adults

HATHA YOGA

Hatha Yoga

Pilates

Pilates

Swim Sessions

COMMUNITY ACTIVITIES FOR ADULTS

SWIM SESSIONS

Swim Sessions

COMMUNITY ACTIVITIES FOR ADULTS

Dance Workout

Dance Workout

COMMUNITY ACTIVITIES FOR ADULTS

T'ai Chi

T'ai Chi

COMMUNITY ACTIVITIES FOR ADULTS

Yoga

Yoga

COMMUNITY ACTIVITIES FOR ADULTS
DIET DANCE
By Lee Yee-ying
Classes: Tuesdays and Fridays
Choreography: Emma Tang

WORKOUT WITH PATRICK AND BASIC EXERCISE
Pat Brotherly Love
Classes: Wednesdays and Saturdays

CHINESE MASSAGE AND ACUPUNCTURE
By Dr. Lin Yi
Courses: Wednesdays and Sundays

ENGLISH TIME
By Dr. Emily
Classes: Tuesdays and Fridays

CHINESE COMMUNICATION AND TUTORING
By Mr. Wang
Classes: Saturdays and Sundays

OIL PAINTING
By Mr. Ma
Classes: Tuesdays and Thursdays

CHINESE TEA CULTURE
By Mr. Huang
Classes: Mondays and Saturdays

HSK PREPARATION AND MANDARIN
By Mr. Zhang
Classes: Wednesdays and Fridays

CREATIVE PHOTOGRAPHY CLASSROOM
By Mr. Chen
Classes: Thursdays

MANDARIN
By Dr. Chen
Classes: Sundays and Wednesdays

DIET DANCE

Enthusiastic and energetic dances to get you moving and grooving.

WORKOUT WITH PATRICK AND BASIC EXERCISE

Join Patrick for a dynamic workout focusing on strength, flexibility, and basic exercises.

CHINESE MASSAGE AND ACUPUNCTURE

Relax and rejuvenate with traditional Chinese massage and acupuncture techniques.

ENGLISH TIME

Improve your English language skills with interactive lessons and practice.

CHINESE COMMUNICATION AND TUTORING

Enhance your Chinese communication skills through personalized tutoring sessions.

OIL PAINTING

Explore the world of oil painting with guided classes and techniques.

CHINESE TEA CULTURE

Learn about Chinese tea culture, its history, and the art of tea making.

HSK PREPARATION AND MANDARIN

Prepare for the HSK exams with intensive Mandarin language training.

CREATIVE PHOTOGRAPHY CLASSROOM

Develop your photography skills with hands-on workshops and projects.

MANDARIN

Boost your Mandarin proficiency through interactive classes and cultural immersion.