

Resurrection Practicum Job Shadowing Program

Mentor Overview



Resurrection
COLLEGE PREP HIGH SCHOOL

Caritate et Veritate

A one-of-a-kind opportunity

The Resurrection College Prep High School Practicum Job Shadowing Program is an educational experience in the field where students are placed with mentors and actively participate in professional work settings.

Program Objectives

The Practicum Program will:

- Provide students with the necessary platform for further discovering their God-given talents, incorporating experiential learning grounded in reflection.
- Expose students to a variety of field experiences that will further inform their understandings of how their skill sets and aspirations connect to those required of particular careers.
- Empower students to develop their worldview as it relates to who they are as members of society and how, via a career, they can contribute to their community at large.
- Equip students with the necessary skills to establish professional relationships.



Imagine All the Good a Mentor Can Do

Juniors and seniors work with mentors in professional settings to explore career possibilities. Through mentor interaction and observation, students gain a fuller understanding of the skills required and how people interact in a particular work environment.

Through the job shadowing experience, mentors may:

- Explain what the role entails.
- Allow the student to observe the mentor in action by being a “shadow” in the day-to-day activities and duties.
- Provide the student with tasks appropriate to their interest, capabilities, and appropriateness of the situation. Some examples include sitting in on a meeting, assisting with a project, and interacting with clients/students/patients.
- Offer opportunities for the student to interact with other professionals in the workplace.
- Describe the appropriate behavior, responses, and confidentiality required when working with clients/students/patients.
- Detail the soft and hard skills needed for a career in the particular profession.
- Share information such as opportunities and challenges of the career, educational requirements, universities and colleges offering programs or degrees, job market outlook, and salary scale.

**JUNIORS AND
SENIOR
PARTICIPANTS**



SEMESTER LONG

**1.5 HOURS
A STUDENT
OBSERVES ON
A GIVEN DAY**



**HANDS-ON
WORK EXPERIENCE**

**FIELD AND
CLASSROOM**
TWO CORE COMPONENTS
OF THE PROGRAM



**OF MENTORS
NOTING THEY
WOULD
PARTICIPATE
AGAIN**

Real impact

"My mentor taught me that it is important to always voice my opinion and fight for what I want."

-Bonita O., shadowing an Attorney

"Watching my mentor perform therapy on her patients gave me a sense of satisfaction inside because I knew that she was positively impacting their lives."

-Alex T., shadowing an Occupational Therapist

"From shadowing this job, I learned that I need to keep pushing myself in school and in the important things in life. I need to keep being my positive and driven self."

-Emma S., shadowing a Dental Hygienist

"I got to experience the way of a PA and see a snippet of an esophageal surgery."

-Abbi L., shadowing a Physician's Assistant

"Empathy and compassion are very valuable qualities to have especially walking in to a job like nursing."

-Mary M., shadowing an Emergency Department Nurse

"I loved working with the different kids at this school, and it really gave an insight to what working in a special education-based environment looks like."

-Megan H., shadowing a Preschool Education Teacher



Want to know more about the program? Interested in mentoring?

CONTACT US!

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OUR MISSION

Resurrection College Prep High School is a Catholic Christian community dedicated to the education of young women, and to the development of their God-given talents. Convinced of God's unconditional love and nourished by the Risen Lord Jesus Christ, we are committed to the spiritual, ethical, intellectual, physical and social growth of our students.



Sponsored by the Sisters of the Resurrection

reshs.org

