

Parkland Middle School Lunch Menu April 2019



Monday	Tuesday	Wednesday	Thursday	Friday
1 The Main Events turkey sausage patty yogurt Sidelines french toast sticks hash brown rounds	2 The Main Events chicken fajita cheeseburger on roll Sidelines steamed brown rice celery sticks w/dip	3 The Main Events cheesesteak on roll chicken nuggets Sidelines tater tots steamed corn	4 The Main Events chicken fryz hot dog on roll Sidelines pierogies baked beans	5 The Main Events mac & cheese chicken patty sandwich Sidelines dinner roll steamed broccoli
8 The Main Events mini corn dogs cheddar cheese meatloaf sandwich on roll Sidelines mashed potatoes w/gravy	9 The Main Events trojan chicken bowl mozzarella sticks w/sauce Sidelines dinner roll steamed broccoli	10 The Main Events nachos w/Bush's taco fiesta black beans turkey & cheese melt on pretzel bun Sidelines steamed brown rice	11 The Main Events pasta w/meat or marinara sauce hot dog on roll Sidelines dinner roll tossed salad	12 The Main Events toasted cheese sandwich chicken nuggets Sidelines dinner roll cream of tomato soup

Additional daily choices of "The Main Event" include pizza, salad bar, sandwiches, wraps, and PBJs. Additional daily choices of "Sidelines" include 3 different vegetables and 3 different fruits.

Lunch includes fruit and milk

Menu subject to change without prior notice

Prices:

Student @ \$2.85

Reduced @ \$.40

Adult @ \$3.85

Monday**Tuesday****Wednesday****Thursday****Friday**

15 The Main Events
 chicken patty sandwich
 stuffed crust sticks w/sauce
Sidelines
 baked beans
 french fries

16 The Main Events
 teriyaki chicken over
 steamed brown rice
 bacon cheeseburger on roll
Sidelines
 vegetable egg roll

17 The Main Events
 chicken & cheese quesadilla
 w/salsa
 hot dog on roll
Sidelines
 tortilla chips w/salsa
 steamed green beans

18 The Main Events
 egg mctrojan
 yogurt
Sidelines
 french toast sticks
 tater tots

19
 Spring Break
 no school

22
 Spring Break
 no school

23 The Main Events
 mozzarella sticks w/ sauce
 cheeseburger on roll
Sidelines
 dinner roll
 tossed salad

24 The Main Events
 chicken tenders
 hot dog on roll
Sidelines
 soft pretzel rod
 steamed green beans

25 The Main Events
 walking taco
 w/Bush's taco fiesta
 black beans
 chicken nuggets
Sidelines
 steamed brown rice

26 The Main Events
 meatballs in sauce
 chicken patty sandwich
Sidelines
 pasta w/sauce
 steamed broccoli

29 The Main Events
 turkey sausage patty
 yogurt
Sidelines
 french toast sticks
 hash brown rounds

30 The Main Events
 chicken fajita
 cheeseburger on roll
Sidelines
 steamed brown rice
 celery sticks w/dip

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Breakfast Menu

Middle Schools and High School

Monday	Tuesday	Wednesday	Thursday	Friday
mini pancakes	egg, turkey sausage, & cheese on english muffin	mini turkey sausage wrapped in pancake	egg, turkey sausage, & cheese on english muffin	mini waffles
OR	OR	OR	OR	OR
donut, wg	cereal, wg and yogurt, 4 oz	donut, wg	cereal, wg and yogurt, 4 oz	donut, wg
OR	OR	OR	OR	OR
bagel, wg with cream cheese	bagel, wg with cream cheese	bagel, wg with cream cheese	bagel, wg with cream cheese	bagel, wg with cream cheese
OR	OR	OR	OR	OR
PBJ sandwich	PBJ sandwich	PBJ sandwich	PBJ sandwich	PBJ sandwich



**breakfast includes choice of fruit,
juice, and milk**

**student prices: \$.00 to free
 \$.30 to reduced
 \$1.60 to paid**