

Parkland High School Lunch Menu April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 <i>The Main Events</i> turkey sausage patty yogurt <i>Sidelines</i> french toast sticks hash brown rounds</p>	<p>2 <i>The Main Events</i> chicken fajita cheeseburger on roll <i>Sidelines</i> steamed brown rice</p>	<p>3 <i>The Main Events</i> cheesesteak on roll chicken nuggets <i>Sidelines</i> tater tots</p>	<p>4 <i>The Main Events</i> chicken fryz hot dog on roll <i>Sidelines</i> pierogies baked beans</p>	<p>5 <i>The Main Events</i> mac & cheese chicken patty sandwich <i>Sidelines</i> dinner roll</p>
<p>8 <i>The Main Events</i> mini corn dogs cheddar cheese meatloaf sandwich on roll <i>Sidelines</i> mashed potatoes w/gravy</p>	<p>9 <i>The Main Events</i> trojan chicken bowl mozzarella sticks w/sauce <i>Sidelines</i> dinner roll</p>	<p>10 <i>The Main Events</i> nachos w/Bush's taco fiesta black beans turkey & cheese melt on pretzel bun <i>Sidelines</i> steamed brown rice</p>	<p>11 <i>The Main Events</i> meatball parm sub hot dog on roll <i>Sidelines</i> dinner roll</p>	<p>12 <i>The Main Events</i> toasted cheese sandwich chicken nuggets <i>Sidelines</i> dinner roll cream of tomato soup</p>

Additional daily choices:

"The Main Event" include pizza, salad bar, pasta bar, sandwich, wraps, and PBJs

"Sidelines" include side salad bar, bagged carrots, steamed vegetable, and 3 different fruits choices

Lunch includes fruit and milk

Menu subject to change without prior notice

Prices:

Student @ \$2.85

Reduced @ \$.40

Adult @ \$3.85

Monday**Tuesday****Wednesday****Thursday****Friday****15 The Main Events**

chicken patty sandwich
stuffed crust sticks w/sauce

Sidelines

baked beans
french fries

16 The Main Events

teriyaki chicken over
steamed brown rice
rodeo burger on roll

Sidelines

vegetable egg roll

17 The Main Events

chicken & cheese quesadilla
w/salsa
hot dog on roll

Sidelines

tortilla chips w/salsa

18 The Main Events

egg mctrojan
yogurt

Sidelines

french toast sticks
tater tots

19

Spring Break

no school

22

Spring Break

no school

23 The Main Events

mozzarella sticks w/ sauce
cheeseburger on roll

Sidelines

dinner roll

24 The Main Events

chicken tenders
hot dog on roll

Sidelines

french bread stick

25 The Main Events

walking taco
w/Bush's taco fiesta

black beans

chicken nuggets

Sidelines

steamed brown rice

26 The Main Events

meatball sub
chicken patty sandwich

Sidelines

mini potato pancakes

29 The Main Events

turkey sausage patty
yogurt

Sidelines

french toast sticks
hash brown rounds

30 The Main Events

chicken fajita
cheeseburger on roll

Sidelines

steamed brown rice

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Lunch includes fruit and milk

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Breakfast Menu

Middle Schools and High School

Monday	Tuesday	Wednesday	Thursday	Friday
mini pancakes	egg, turkey sausage, & cheese on english muffin	mini turkey sausage wrapped in pancake	egg, turkey sausage, & cheese on english muffin	mini waffles
OR	OR	OR	OR	OR
donut, wg	cereal, wg and yogurt, 4 oz	donut, wg	cereal, wg and yogurt, 4 oz	donut, wg
OR	OR	OR	OR	OR
bagel, wg with cream cheese	bagel, wg with cream cheese	bagel, wg with cream cheese	bagel, wg with cream cheese	bagel, wg with cream cheese
OR	OR	OR	OR	OR
PBJ sandwich	PBJ sandwich	PBJ sandwich	PBJ sandwich	PBJ sandwich



**breakfast includes choice of fruit,
juice, and milk**

**student prices: \$.00 to free
 \$.30 to reduced
 \$1.60 to paid**