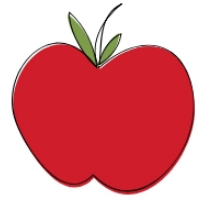


STUDENT NUTRITION PROGRAM



GROTON PUBLIC SCHOOLS

March 20, 2019 News from Groton Public Schools Food Services

Who's In Your Circle?

Calling all PTO groups, school teaching teams, work groups, sports teams, music groups, clubs, scouting troops, social organizations and neighborhood groups! Get together with your circle of friends and put together a themed basket. Your contribution of a basket for the **Feed Their Bodies – Fuel Their Minds Spring Vendor Fair & Basket Raffle** will benefit families needing financial assistance with their children's meals accounts. What better way to help than to get social with your peers and come up with a creative and fun basket!

For more information about vendor booths or to contribute a basket, contact Kris Crandall at kcrandall@groton.k12.ct.us

Need Ideas?

Italian Night • Young Readers • Get Knitty With It • Parents on the Sideline • Taco Tuesday • K-Cup Extravaganza • Grillin' • The Great Outdoors

Saturday, May 11

10 am - 3 pm at Fitch Cafeteria

Save the Date

Feed Their Bodies Fuel Their Minds

Lunch at \$2.80 and breakfast for \$1.50 might not sound like a lot of money to everyone, but for some families who rely on Groton Public Schools to provide their children with healthy meals, \$4.30 a day for one or more children adds up quickly. It can be a true concern for some, and we believe that financial challenges should not be part of a child's school day.

Feed Their Bodies – Fuel Their Minds is an effort on the part of volunteers and the community to help families finding it difficult to pay for their meals. Fundraisers and generous donations from the community as well as grant gifts make it possible to assist families with meal costs.

Fruits and vegetables, healthy proteins, milk and whole grains at breakfast can be a powerful beginning so that a student is ready to learn, and by lunchtime that student is ready to refuel. We feed their bodies to fuel their minds.

To contribute to this effort or for more information, please call 860-449-7208.

Ethylene gas released by apples will further the ripening process in other fruits and vegetables. If you want your cantaloupe or avocado to ripen faster, put it in a brown bag with an apple.



SCHOOL MENUS

can be viewed & printed from grotonschools.org

visit the Food Services page

Groton Public Schools Child Nutrition Program is with Emma Rotner.
February 14 at 11:40 AM · 🌐
Dreaming of warmer weather and school gardens. We can't wait to get growing with our students this spring!
#schoolgardens #outdoorclassroom #growfood



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@GROTON PUBLIC SCHOOLS CHILD NUTRITION PROGRAM

In our next edition ...

BRUNCH FOR MOM

Saturday, May 11