

# FUTURES PLUS NEWS!

December 2018



## FUTURES PLUS PROVIDING LIFE SKILLS

Why is Adult Transition important? For those unfamiliar with Transition Programs, FUTURES Plus is a 4-year, community-based instruction (CBI), program, emphasizing independent living skills (ILS), as well as the development of self-determination, self-advocacy, social, and vocational skills. Eligible students are between 18 and 22 years old and have received a Certificate of Completion in lieu of a diploma.



# FUTURES PLUS ADULT TRANSITION



## FUTURES STUDENTS ARE OUT AND ABOUT

FUTURES Plus acts as a bridge from functional academic skills taught in the classroom to real world application of those skills in the community setting, preparing adults with varying ability levels to function safely, effectively, and meaningfully in their community.



## UPCOMING ACTIVITIES

FUTURES PLUS students will be visiting (to name just a few):

- Natural History Museum
- Firehouse
- Automobile Driving Museum
- The Point
- Metro/Torrance Transit
- Westchester Recycling
- Barnes and Noble
- Bay Club

## FUTURES PLUS GOALS

Goals of the FUTURES Plus Adult Program:

Understanding the local community and community resources through ecological analysis and community-based assessment, instruction and integration;

Continually determining student preference and interests and parental needs through person-centered planning;

Formally collaborating with persons and agencies outside the school systems who may support the student;

Teaching academic, social, and vocational skills that lead to competitive or supported employment; and

Balancing vocational training with inclusion in age-appropriate social and academic programs.

## OLD NAVY PARTNERS WITH FUTURES PLUS

One facet of our comprehensive program involves students working at a job site, where they gain invaluable vocational skills in a supported environment. Most recently, the FUTURES Plus students acquired Old Navy as a job site. This provides them with the opportunity to practice many skills, such as: initiate communication with the manager, listen to and follow single and multi-step directions, self-advocate for clarity on assignments, practice matching, sorting, and pricing of items, as well as gain real life work skills that they can later put on a resume! Not only do the FUTURES Plus students work very hard at acquiring new skills, but they are able to practice pragmatic communication and social skills in a real world setting.

FUTURES PLUS STUDENTS AND STAFF WISH YOU A WONDERFUL HOLIDAY SEASON!



## FUTURES PLUS

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