



Monday

Tuesday

Wednesday

Thursday

Friday

1

DAILY ENTREE -(CHOOSE 1)
 PG: CHICKEN PATTY
 PG: UNCRUSTABLE
 DAILY SIDES - (CHOOSE MIN 2)
 V: SCALLOPED POTATOES
 V: GREEN BEANS
 V: VEGGIE BAR
 F: FRUIT- VARIETY
 D: MILK -FF & 1% FLAVORED
 ~OR~
 PGV; GRAB & GO MEAL
 CONDIMENTS:
 * KETCHUP
 * MIRACLE WHIP
 * BBQ SAUCE
 * RANCH DRESSING

2

"CHICKEN & WAFFLES DAY"
 DAILY ENTREE -(CHOOSE 1)
 PG: CHICKEN TENDERS
 G: and MINI WAFFLES
 ~OR~
 PG: UNCRUSTABLE
 DAILY SIDES - (CHOOSE MIN 2)
 V: VEGGIE BAR
 F: FRUIT- VARIETY
 D: MILK -FF & 1% FLAVORED
 OR*
 PGV; GRAB & GO MEAL
 CONDIMENTS:
 * SYRUP
 * KETCHUP
 * BBQ SAUCE
 * RANCH DRESSING

3

DAILY ENTREE -(CHOOSE 1)
 PG: FISH SANDWICH
 PG: UNCRUSTABLE
 DAILY SIDES - (CHOOSE MIN 2)
 G: MACARONI & CHEESE
 V: VEGGIE BAR
 F: JONNYPOP
 F: FRUIT- VARIETY
 D: MILK -FF & 1% FLAVORED
 ~OR~
 PGV; GRAB & GO MEAL
 CONDIMENTS:
 * MUSTARD
 * KETCHUP
 * MIRACLE WHIP
 TARTER SAUCE
 * RANCH DRESSING

4

DAILY ENTREE -(CHOOSE 1)
 PG: SPAGHETTI &
 MEAT SAUCE *B
 G: GARLIC TOAST
 ~OR~
 PG: UNCRUSTABLE
 DAILY SIDES - (CHOOSE MIN 2)
 V: STEAMED CARROTS
 V: VEGGIE BAR
 F: FRUIT- VARIETY
 D: MILK -FF & 1% FLAVORED
 OR*
 PGV; GRAB & GO MEAL
 *PARMESAN CHEESE
 * RANCH DRESSING

5

"MEATLESS"
 DAILY ENTREE -(CHOOSE 1)
 PG: BOSCO STICKS
 PG: UNCRUSTABLE
 DAILY SIDES - (CHOOSE MIN 2)
 V: CORN
 V: VEGGIE BAR
 F: FRUIT- VARIETY
 G: FRESH BAKED COOKIE
 D: MILK -FF & 1% FLAVORED
 ~OR~
 PGV; GRAB & GO MEAL
 CONDIMENTS:
 V: MARINARA DUNK CUP
 * RANCH DRESSING

8

DAILY ENTREE -(CHOOSE 1)
 PG: CHSE.BURGER*B
 PG: UNCRUSTABLE
 DAILY SIDES - (CHOOSE MIN 2)
 V: EVER-CRISP FRIES
 V: BAKED BEANS
 V: VEGGIE BAR
 F: FRUIT- VARIETY
 D: MILK -FF & 1% FLAVORED
 ~OR~
 PGV; GRAB & GO MEAL
 CONDIMENTS:
 * KETCHUP
 * MUSTARD
 * RANCH DRESSING

9

"BRUNCH FOR LUNCH"
 DAILY ENTREE -(CHOOSE 1)
 P: CHEESE OMELET and
 G: MINI PANCAKES
 ~OR~
 PG: UNCRUSTABLE
 DAILY SIDES - (CHOOSE MIN 2)
 V: POTATO TRIANGLE
 V: VEGGIE BAR
 F: FRUIT- VARIETY
 D: MILK -FF & 1% FLAVORED
 OR*
 PGV; GRAB & GO MEAL
 CONDIMENTS:
 * SYRUP
 KETCHUP
 * SALSA
 * RANCH DRESSING

10

DAILY ENTREE -(CHOOSE 1)
 PG: MINI CORN DOGS*C
 PG: UNCRUSTABLE
 DAILY SIDES - (CHOOSE MIN 2)
 V: CURLY FRIES
 V: MIXED VEGETABLES
 V: VEGGIE BAR
 F: FRUIT- VARIETY
 D: MILK -FF & 1% FLAVORED
 ~OR~
 PGV; GRAB & GO MEAL
 CONDIMENTS:
 * KETCHUP
 MUSTARD
 * RANCH DRESSING

11

DAILY ENTREE -(CHOOSE 1)
 P: TURKEY DINNER
 PG: UNCRUSTABLE
 DAILY SIDES - (CHOOSE MIN 2)
 V: MASHED POTATOES
 TURKEY GRAVY
 V: GREEN BEANS
 V: VEGGIE BAR
 VG: DELICIOUS PUMPKIN BAR
 F: FRUIT- VARIETY
 D: MILK -FF & 1% FLAVORED
 ~OR~
 PGV; GRAB & GO MEAL
 CONDIMENTS:
 KETCHUP
 * BBQ SAUCE
 * RANCH DRESSING

12

"MEATLESS"
 DAILY ENTREE -(CHOOSE 1)
 PG: "WILD MIKES"
 CHEESE BITES
 PG: UNCRUSTABLE
 DAILY SIDES - (CHOOSE MIN 2)
 V: CORN
 V: VEGGIE BAR
 F: FRUIT- VARIETY
 G: FRESH BAKED COOKIE
 D: MILK -FF & 1% FLAVORED
 ~OR~
 PGV; GRAB & GO MEAL
 CONDIMENTS:
 V: MARINARA DUNK CUP
 * RANCH DRESSING

15

DAILY ENTREE -(CHOOSE 1)
 PG: HOT DOG W/BUN*B
 PG: UNCRUSTABLE
 DAILY SIDES - (CHOOSE MIN 2)
 V: TATER TOTS
 V: BAKED BEANS
 V: VEGGIE BAR
 F: FRUIT- VARIETY
 D: MILK -FF & 1% FLAVORED
 ~OR~
 PGV; GRAB & GO MEAL
 CONDIMENTS:
 KETCHUP
 * MUSTARD
 * RANCH DRESSING

16

DAILY ENTREE -(CHOOSE 1)
 PG: NACHOS GRANDE *B
 G: CINNAMON BREADSTICK
 ~OR~
 PG: UNCRUSTABLE
 DAILY SIDES - (CHOOSE MIN 2)
 V: CHEESY REFRIED BEANS
 V: VEGGIE BAR
 F: FRUIT- VARIETY
 D: MILK -FF & 1% FLAVORED
 OR*
 PGV; GRAB & GO MEAL
 CONDIMENTS:
 * SALSA
 * RANCH DRESSING

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DAILY ENTREE -(CHOOSE 1)
 PG: CHICKEN NUGGETS
 G: WHEAT ROLL
 ~OR~
 PG: UNCRUSTABLE
 DAILY SIDES - (CHOOSE MIN 2)
 V: MASHED POTATOES
 CHICKEN GRAVY
 V: GREEN BEANS
 V: VEGGIE BAR
 F: FRUIT- VARIETY
 D: MILK -FF & 1% FLAVORED
 OR*
 PGV; GRAB & GO MEAL
 CONDIMENTS:
 * KETCHUP
 * BBQ SAUCE
 MARGARINE
 * RANCH DRESSING

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"MEATLESS"
 DAILY ENTREE -(CHOOSE 1)
 P/G: CHEESE PIZZA
 PG: VEGETABLE PIZZA
 PG: UNCRUSTABLE
 DAILY SIDES - (CHOOSE MIN 2)
 V: CORN
 V: VEGGIE BAR
 F: FRUIT- VARIETY
 G: FRESH BAKED COOKIE
 D: MILK -FF & 1% FLAVORED
 ~OR~
 PGV; GRAB & GO MEAL
 CONDIMENTS:
 * RANCH DRESSING

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NO SCHOOL TODAY

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NO SCHOOL TODAY

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"MEATLESS"
 DAILY ENTREE -(CHOOSE 1)
 PG: "WILD MIKES"
 CHEESE BITES
 PG: UNCRUSTABLE
 DAILY SIDES - (CHOOSE MIN 2)
 V: TOMATO SOUP
 V: VEGGIE BAR
 F: FRUIT- VARIETY
 D: MILK -FF & 1% FLAVORED
 ~OR~
 PGV; GRAB & GO MEAL
 * RANCH DRESSING

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DAILY ENTREE -(CHOOSE 1)
 PG: CHICKEN RINGS
 G: WHEAT ROLL
 ~OR~
 PG: UNCRUSTABLE
 DAILY SIDES - (CHOOSE MIN 2)
 V: MASHED POTATOES
 CHICKEN GRAVY
 V: GREEN BEANS
 V: VEGGIE BAR
 F: FRUIT- VARIETY
 D: MILK -FF & 1% FLAVORED
 OR*
 PGV; GRAB & GO MEAL
 CONDIMENTS:
 * KETCHUP
 MARGARINE
 * BBQ SAUCE
 * RANCH DRESSING

25

DAILY ENTREE -(CHOOSE 1)
 P/G: LASAGNA BAKE *B
 G: BREADSTICK
 ~OR~
 PG: UNCRUSTABLE
 DAILY SIDES - (CHOOSE MIN 2)
 V: STEAMED CARROTS
 V: VEGGIE BAR
 F: FRUIT- VARIETY
 D: MILK -FF & 1% FLAVORED
 OR*
 PGV; GRAB & GO MEAL
 CONDIMENTS:
 * PARMESAN CHEESE
 * RANCH DRESSING

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"MEATLESS"
 DAILY ENTREE -(CHOOSE 1)
 PG: BOSCO STICKS
 PG: UNCRUSTABLE
 DAILY SIDES - (CHOOSE MIN 2)
 V: CORN
 V: VEGGIE BAR
 F: FRUIT- VARIETY
 G: FRESH BAKED COOKIE
 D: MILK -FF & 1% FLAVORED
 ~OR~
 PGV; GRAB & GO MEAL
 CONDIMENTS:
 V: MARINARA DUNK CUP
 * RANCH DRESSING

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"MEATLESS"
 DAILY ENTREE -(CHOOSE 1)
 PG: LIL NACHO BITES
 PG: UNCRUSTABLE
 DAILY SIDES - (CHOOSE MIN 2)
 V: CORN
 V: VEGGIE BAR
 F: FRUIT- VARIETY
 D: MILK -FF & 1% FLAVORED
 ~OR~
 PGV; GRAB & GO MEAL
 CONDIMENTS:
 * SALSA
 * SOUR CREAM
 * RANCH DRESSING

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DAILY ENTREE -(CHOOSE 1)
 PG: BEEF TACO *SS
 G: CINNAMON BREADSTICK
 ~OR~
 PG: UNCRUSTABLE
 DAILY SIDES - (CHOOSE MIN 2)
 V: CHEESY REFRIED BEANS
 V: VEGGIE BAR
 F: FRUIT- VARIETY
 D: MILK -FF & 1% FLAVORED
 OR*
 PGV; GRAB & GO MEAL
 CONDIMENTS:
 * SALSA
 * RANCH DRESSING

"BUILD YOUR OWN LUNCH TRAY"
PICK 3-5 FOOD GROUPS
* FRUIT (MUST TAKE FRUIT OR VEGETABLE)
* VEGETABLE (MUST TAKE FRUIT OR VEGETABLE)
* DAIRY, *GRAIN, *PROTEIN

*B-BEEF,*T-TURKEY,*C-CHICKEN,*P-PORK

MIDDLE SCHOOLS LUNCH- \$2.40, MILK-.45

****PARENT/GUARDIAN REMINDERS****

WE LOVE THAT YOUR CHILDREN ARE EATING OUT LUNCHES
PLEASE DON'T FORGET TO SEND LUNCH MONEY AT LEAST ONCE A WEEK
PLEASE PAY BY CHECK OR ONLINE USING MYSCHOOLBUCKS.COM

****2018-19 HOUSEHOLD MEAL APPLICATIONS AVAILABLE FOR EVERYONE THROUGHOUT THE SCHOOL YEAR**

FIND ONLINE LINK UNDER LUNCH MENUS
(NEW APPLICATIONS MUST BE FILLED OUT YEARLY)

"NEW" GRAB & GO MEALS

Skip the long lines, Prepackaged cold meals,
Variety of options available including vegetarian

Did you know we have a Kitchen Angel Lunch donation account that is used to help struggling families pay for school meals? If you would like to help, need help or want information please contact:

Lisa Leitner, Director of Food Services at lleitner@dunlapcusd.net