

Menus – Autumn Term 2018-19

Week 1				
Monday	Tuesday	Wednesday	Thursday	Friday
Beef casserole Mixed vegetables Crusty roll	Jacket potato with tuna, cheese or beans	Roast gammon Roast potatoes Green beans	Pizza Corn on the cob Carrot sticks	Fishcake Chips Peas
Vegetable arrabiata Mixed veg Crusty roll	Jacket potato with cheese and beans	Macaroni cheese Green beans	Cheese and Tomato pizza Corn on the cob Carrot sticks	Cheese and onion slice Chips Peas
Jacket Potato with choice of fillings				
Fruit jelly	Chocolate sponge with custard	Apple crumble and custard	Fresh fruit slices and shortbread	Blueberry muffin
Fresh Fruit				
Juice Cartons / Milkshake / Water				

Week 2				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken curry rice and naan bread	Roast chicken Roast potatoes Carrots and peas	Spaghetti bolognaise Garlic bread	Pork sausage Boiled potatoes Carrots	Fish fingers Chips Peas
Veggie curry rice and naan bread	Cheese slice Roast potatoes Carrots and peas	Vegetable bolognaise Garlic bread	Veggie sausage Boiled potatoes Carrots	Veggie nuggets Chips Peas
Jacket Potato with choice of fillings				
Ice cream	Jam doughnut	Lemon mousse cake	Peaches and custard	Chocolate muffin
Fresh Fruit				
Juice Cartons / Milkshake / Water				

Week 3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cottage pie Mixed veg	Burger Jacket wedges Carrots	Roast turkey Roast potatoes Broccoli	Pasta in sauce Mixed veg	Cod fish cake Chips Peas
Pasta in tomato sauce Mixed veg	Veggie burger Jacket wedges Carrots	Macaroni cheese Roast potatoes	Pasta in sauce Mixed veg	Veggie slice Chips Peas
Jacket Potato with choice of fillings				
Strawberry mousse	Lemon sponge with custard	Fruit jelly	Apple crumble and custard	Ice cream
Fresh Fruit				
Juice Cartons / Milkshake / Water				

Week 4				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spaghetti bolognaise Garlic bread	Jacket potato with Chilli,	Turkey meatballs in tomato sauce Potato wedges Baby carrots	Sausage roll New potatoes Mixed veg	Fish Chips Peas
Veggie bolognaise Garlic bread	Jacket potato with cheese or beans	Cheese & tomato pie Potato wedges Baby carrots	Veggie roll New potatoes Mixed veg	Vegetable nuggets Chips Peas
Jacket Potato with choice of fillings				
Fresh fruit slices & biscuit	Jam sponge and custard	Blueberry muffin	Cheese and biscuits	Jam doughnut
Fresh Fruit				
Juice Cartons / Milkshake / Water				