



LUNCH MENU

Week Commencing **18.03.2019**

	Monday	PASTA Tuesday	JAPANESE Wednesday	Thursday	Friday
Soup of the Day	<i>Spinach & Sweet corn</i>		<i>MISO SOUP</i>		<i>Leek & Potato</i>
Starter Bread	<i>A wide selection of homemade salads are available from the Salad'Bar</i>				
	<i>Freshly Home Baked Bread daily</i>				
International	<i>Baked Fish Filet & Lemon Sauce</i>	<i>Sautéed Chicken</i>	<i>SHOGAYAKI PORK</i>	<i>Roast Chicken Leg</i>	<i>Pork Sausage</i>
Traditional	<i>Spicy Beef</i>	<i>BBQ Roast Bacon</i>	<i>TERIYAKI FISH</i>	<i>Sautéed Beef & Black Pepper</i>	<i>Catch Of The Day</i>
Vegetarian	<i>Savoy Cabbage Casserole</i>	<i>Home made Vegetable Burger</i>	<i>Tempura Vegetables</i>	<i>Butternut Squash Gratin</i>	<i>Spinach & Mushroom Cake</i>
On the Side	<i>Spicy Couscous Butter Beans</i>	<i>Pasta Green Vegetables</i>	<i>White Rice Sautéed vegetables</i>	<i>Steamed Potatoes & Parsley Glazed Carrots</i>	<i>Bulgur Ratatouille</i>
Cheeseboard	<i>A selection of Continental Cheeses</i>				
Dessert	<i>Fruit Jelly</i>	<i>Apple & Lemon Cake</i>	<i>COCONUT RICE</i>	<i>Pear & Chocolate Cake</i>	<i>Crème Caramel</i>
Yoghurt & Fruit	<i>A selection of Homemade Yoghurt, dessert pots and Fruits pots , plus Whole Seasonal Fresh Fruits</i>				

