

For all swimmers – Boys and Girls (prior competitive swim/dive experience is preferred)

# 5<sup>th</sup> Annual Makin' Waves – SMN Indians Swim and Dive Clinic

Sponsored by SM North Boys' Swim Coach Cody Fothergill, Girls' Swim Coach Alex Morris, and Diving Coach Mallory Ayers

## Clinic Information:

- Saturday, April 6, 2019
- Swimming Sessions
  - Ages 10 and under – 12:00 – 1:30pm
  - Ages 11 and up – 2:30 – 4:00 pm
- Diving Session
  - All ages – 1:30-2:30pm
- Shawnee Mission North Pool (Entrance off of brick Legacy Patio outside of football stadium)
- \$25 Admission Fee for the clinic
  - **\$10 discount for current Hocker Grove MS students!!!**



## Admission Includes:

- Instruction with Coaches and Athletes of the Boys' and Girls' Swim and Dive Teams
- Instruction on strokes, starts, turns, racing & relays
- Fun relays
- Treat bag with Indians Swim T-Shirt

## 5<sup>th</sup> Annual Makin' Waves Swim and Clinic

### Learn and Swim/Dive with the:

- Current North Boys and Girls swimmers and coaches
- Fundraiser Benefits Boys' and Girls' Swim & Dive Teams and our club expenses

Make Checks Payable to: Shawnee Mission North

Swimmer's Name: \_\_\_\_\_ Age \_\_\_\_\_

Parent's Name: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_ Referred by: \_\_\_\_\_

Space is limited! To reserve your spot at the clinic:

- Online registration through SMN Girls Swim and Dive website, or at this link: <https://goo.gl/forms/7LJZJv574wB7teuO2>
- **OR** Mail hard-copy form to: Alex Morris, SM North HS, 7401 Johnson Drive, Overland Park, KS 66202

Questions: Boys' Coach Cody Fothergill at 993-7102, [nofother@smsd.org](mailto:nofother@smsd.org), or Girls' Coach Alex Morris at 993-6964, [nomorris@smsd.org](mailto:nomorris@smsd.org)

Follow the team at: [sites.google.com/site/smgirlsswimming](https://sites.google.com/site/smgirlsswimming) to get additional registration forms for family and friends