ASHK NEWSLETTER

Empowering students to be independent critical thinkers and responsible global citizens

American School Hong Kong



Thursday, March 28 2019

Internationally Minded Assembly @ 11:30 pm

International Taste-Fest @ 12:15 pm

International Activities for Students and Parents @ 1:00 pm

ASHK increases participation in International School Sports

In 2018/19, ASHK has expanded their sports programs and entered more teams in ISSFHK competitions. Pictured below is the track and field team. We have also entered a team in the badminton league and additional teams in basketball and soccer. Go Lightning Go!



Successful Food Drive

Thanks to our elementary school student council for organising the school's successful food drive and to parents for your support. Did you know

over a million people in Hong Kong live in poverty and have \$30 a day or less to spend on food? **Feeding Hong Kong** is a food bank dedicated to collecting, sorting and redistributing high quality surplus food.



Next ASPA Meeting

Thursday March 14th 2:45 pm

Upcoming Coffee Morning

Helping Children with Social Anxiety

It is normal for children to be a little anxious in new situations, including a new school, or a new classroom. Some children, however, remain overly anxious and fearful, and have difficulty with routines, social situations, and fitting in with their peers. In this presentation, we will discuss the roots of anxiety, how it can progress if left untreated, and how to help your child develop the skills necessary to be "school ready".

Tuesday, March 12 (8:00 - 9:00 am) 3/F Meeting Room Presenter:

Katrina Rozga CCC MC (Psych)

Jadis Blurton

Family Development Center

Upcoming Coffee Morning

High School Launch and the IB Diploma Program at ASHK: The Gold Standard in Education

This ASHK information session will focus on the following:

- A look ahead to the high school program at ASHK
- A coherent set of values
- Pre IB at ASHK
- Is the IB for everyone?
- Why is the IB considered the "Gold Standard" in education?
- What are the IB Diploma Program subjects and Core Values?
- Breadth and Depth of the IB Program

Tuesday, March 19 (8:00 - 9:00 am) Presenters:

John Jalsevac & Joanne Mallary

Fun for Everyone at Sports Day on March 5th!





Winning Teams					
Grade 3	Grade 4	Grade 5	Grade 6	Grade 7/8	Overall
Green	Yellow	Green	Blue	Red	Green

