

DPS 2018-19
Dalton High School

International

Southern Chow

Hot & Spicy

Grill

March 4-8

Monday

Quesadilla
Spanish Rice
Black Bean Salad
Pico de Gallo

Monday

Loaded Taco Potato
Fresh Pico
Jalapeno Pepper
Pinto Beans

Monday

Quesadilla
Spanish Rice
Pinto Beans
Pico de Gallo

Monday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Baked Beans
Slaw
Yogurt Box Choice

Tuesday

Walking Taco
Steamed Corn
Pico de Gallo
Shredded Lettuce

Tuesday

Roasted Chicken
Roll
Mashed Potato
Steamed Broccoli

Tuesday

Cheese Nachos
Fresh Pico
Shredded Lettuce
Refried Beans

Tuesday

Pizza
Marinara Sauce
Steamed Corn
Boxed Sandwich

Wednesday

Cheese Sticks
Marinara Sauce
Steamed Corn
Cucumber Salad

Wednesday

Cheese Sticks
Marinara Sauce
Steamed Corn
Cucumber Salad

Wednesday

Fajita Nachos w/ Rice
Salsa
Sauteed Peppers
Onions
Shredded Lettuce

Wednesday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Cucumber Salad
Yogurt Box Choice

Thursday

Chili Fries
Garlic Toast
Pico de Gallo
Steamed Broccoli

Thursday

Hot Dogs
Baked Beans
Slaw
Pickle Relish

Thursday

Pork BBQ Nachos
Pico de Gallo
Corn
Shredded Lettuce

Thursday

Pizza
Marinara Sauce
Steamed Broccoli
Leafy Green Salad
Boxed Sandwich

Friday

Chicken Tender
Pinto Beans
Sweet Potato Fries
Cornbread

Friday

Chicken Tender
Pinto Beans
Sweet Potato Fries
Cornbread

Friday

Beef Nachos
Salsa
Lettuce / Cheese
Refried Beans

Friday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Carrot Stick w/ Dip
Yogurt Box Choice

March 11-15

DHS

Monday

Chicken Alfredo w/ Roll
Steamed Broccoli
Leafy Green Salad
Fresh Fruit

Monday

Hamburger Patty
Gravy
Roll
Creamy Mashed Potato
Green Beans
Fresh Fruit

Monday

Chicken Fajita
Rice
Sauteed Onion
Pepper
Salsa
Fresh Fruit

Monday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Black Bean Salad
Fresh Fruit
Yogurt Box Choice

Tuesday

Sweet & Sour Chicken
Rice, Egg Roll
Oriental Veggies
Leafy Green Salad

Tuesday

Sweet & Sour Chicken
Rice, Egg Roll
Oriental Veggies
Leafy Green Salad

Tuesday

Walking Taco
Shredded Lettuce
Cheese
Pico de Gallo

Tuesday

Pizza
Marinara Sauce
Cucumber Salad
Leafy Green Salad

Fresh Fruit

Fresh Fruit

Fresh Fruit

Fresh Fruit
Boxed Sandwich

Wednesday

Boneless Hot Wings
Fresh Broccoli w/ Ranch
Celery/Carrot Sticks
Baked Beans
Fresh Fruit

Wednesday

Boneless Hot Wings
Fresh Broccoli w/ Ranch
Celery/Carrot Sticks
Baked Beans
Fresh Fruit

Wednesday

Cheese Nachos
Pinto Beans
Fresh Pico
Shredded Lettuce
Fresh Fruit

Wednesday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Steamed Broccoli
Fresh Fruit
Yogurt Box Choice

Thursday

Spaghetti Bake
Garlic Toast
Steamed Corn

Thursday

Country Fried Steak
Gravy
Biscuits
Mashed Potato
Green Beans

Thursday

Steak Nachos
Pico de Gallo
Slaw
Corn

Thursday

Pizza
Marinara Sauce
Leafy Green Salad
Rosted Garbanzo Beans
Boxed Sandwich

Friday

Chicken Tenders
Roll
Steamed Broccoli
Carrot-Raisin Salad

Friday

Chicken Tenders
Roll
Steamed Broccoli
Carrot-Raisin Salad

Friday

Beef Nachos
Shredded Lettuce
Cheese
Fresh Pico
Pinto Beans

Friday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Carrot Stick w/ Dip
Yogurt Box Choice

March 18-22

DHS

Monday

Quesadilla
Spanish Rice
Pico de Gallo
Steamed Corn

Monday

Chili
Grilled Cheese Sandwich
Steamed Corn

Monday

Quesadilla
Spanish Rice
Pico de Gallo
Pinto Beans

Monday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Sweet Potato Fries
Yogurt Box Choice

Tuesday

Walking Taco
Shredded Lettuce
Cheese
Pico de Gallo
Refried Beans

Tuesday

Chicken Casserole
Roll
Glazed Carrots
Steamed Broccoli

Tuesday

Cheese Nachos
Pinto Beans
Fresh Pico
Shredded Lettuce

Tuesday

Pizza
Marinara Sauce
Broccoli Salad
Leafy Green Salad
Boxed Sandwich

Wednesday

Corndog
Potato Fries
Green Beans

Wednesday

Country Fried Steak
Biscuits & Gravy
Mashed Potato
Green Beans

Wednesday

Fajita Nachos
Rice, Salsa
Sauteed Pepper & Onion
Pinto Beans

Wednesday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/onion/Pickles
Veggie Fries
Yogurt Box

Thursday

Cheeseburger
Lettuce/Tomato/Onion
Sweet Potato Fries
Leafy Green Salad

Thursday

Hot Dog
Baked Beans
Slaw
Sweet Potato Fries

Thursday

BBQ Nachos
Pico de Gallo
Slaw
Corn

Thursday

Pizza
Marinara Sauce
Roasted Garbanzo Beans
Leafy Green Salad
Boxed Sandwich

Friday

Friday

Friday

Friday

Chicken Tenders
Roll
Roasted Squash
Pinto Beans

Chicken Tenders
Roll
Roasted Squash
Pinto Beans

Beef Nachos
Shredded Lettuce
Cheese
Salsa
Refried Beans

Chicken Sandwich
Cheeseburger
Potato Fries
Yogurt Box

March 25-29

Monday

Spaghetti w/ Toast
Steamed Corn
Leafy Green Salad

Monday

Chicken Patty
Gravy
Garlic Toast
Steamed Broccoli
Mashed Potato

Monday

Cheese Nachos
Pico de Gallo
Steamed Corn
Shredded Lettuce

Monday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Glazed Carrot
Yogurt Box Choice

Tuesday

Sweet & Sour Chicken
Rice, Egg Roll
Oriental Veggies
Leafy Green Salad

Tuesday

Sweet & Sour Chicken
Rice, Egg Roll
Oriental Veggies
Leafy Green Salad

Tuesday

Walking Taco
Shredded Lettuce
Cheese
Pico de Gallo
Black Bean Salad

Tuesday

Pizza
Marinara Sauce
Carrot/Celery Stick w/dip
Leafy Green Salad
Boxed Sandwich

Wednesday

Country Fried Steak
w/ Gravy
Biscuits
Mashed Potato
Glazed Carrots

Wednesday

Country Fried Steak
w/ Gravy
Biscuits
Mashed Potato
Glazed Carrots

Wednesday

Fajita Nachos
Rice
Sautéed Pepper & Onion
Salsa
Pinto Beans

Wednesday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/onion/Pickles
Steamed Broccoli
Yogurt Box Choice

Thursday

Lasagna
Garlic Toast
Steamed Broccoli

Thursday

Lasagna
Garlic Toast
Steamed Broccoli

Thursday

Pork Carnitas
Soft Tortillas
Cilantro,Lime,Onion
Pico de Gallo
Shredded Lettuce

Thursday

Pizza
Marinara Sauce
Steamed Corn
Leafy Green Salad
Boxed Sandwich

Friday

Chicken Tender
Toast
Vegetable Blend
Carrot Raisin Salad

Friday

Chicken Tender
Toast
Vegetable Blend
Carrot Raisin Salad

Friday

Beef Nachos
Fresh Pico
Lettuce / Cheese
Pinto Beans

Friday

Chicken Sandwich
Cheeseburger
Lettuce/Tomato/Onion/Pickle
Carrot Stick w/ Dip
Yogurt Box Choice