

## 2019 San Antonio Academy Summer Camp Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Wk 1: 6/3-7</b>	Chicken Fried Chic	Hamburgers	Tacos	Rigatoni w/Meat Sauce	Philly Cheesesteaks
<b>Wk 4: 6/24-28</b>	Roasted Potatoes	French Fries	Lettuce/Tomato	Green Beans	Tuna Sandwiches
<b>Wk 7: 7/15-19</b>	Gravy	Lettuce, Tomatoes	Mexican Rice	French Bread	Chips
	Corn	Pickles, Cheese	Beans		
	Applesauce	Grapes	Oranges	Apples	Watermelon
<b>Wk 2: 6/10-14</b>	Fish Sticks	Pizza-Cheese	Chalupas	Cheese Ravioli	Sloppy Joes
<b>Wk 5: 7/1-5*</b>	Macaroni & Cheese	Pepperoni	Refried Beans, Beef	Tomato Sauce	Ranch Beans
<b>Wk 8: 7/22-26</b>	Mixed Vegetables		Mexican Rice, Pico	French Bread	Tuna Sandwiches
				Green Beans	Chips & Queso
	Applesauce	Oranges	Watermelon	Apples	Grapes
<b>Wk 3: 6/17-21</b>	Salisbury Steak	Spaghetti	Chicken Flautas	Grilled Chicken	Grilled Cheese
<b>Wk 6: 7/8-12</b>	Rice, Gravy	Meatsauce	Mexican Rice	Noodles	or Tuna Sandwiches
	Green Beans	French Bread	Beans	Broccoli & Cheese	Popcorn
			Pico de Gallo		
	Applesauce	Apples	Oranges	Peaches	Grapes
Green Salad, Carrot Sticks, Pasta and Cheese Sandwiches will be offered Every Day Daily Drinks: Choice of Apple & Orange Juices, Lowfat Milk or Water					
Menu Subject to Change					