

Name on player's evaluation will appear as printed below.

(PLEASE PRINT CLEARLY)

NAME _____

ADDRESS _____

CITY _____ ZIP _____

AGE _____

GRADE (Sept./2019) _____

SCHOOL ATTENDING Sept. 2019: _____

HEIGHT _____

EXPERIENCE (years played) _____

CLUB/ POSITION _____

CONTACT PHONE # _____

MEDICAL CONCERNS _____

EMAIL _____

Shirt Size-Please Circle

ADULT: S M L XL

Checks made payable & mail to:
Michael Krause

3521 Golf Course Rd.

Allentown, PA 18104

610-391-9127

Detach and return this portion with your payment

ABOUT THE DIRECTOR:

- National Federation of High Schools
2012 Pennsylvania Coach of the Year
- Pennsylvania Volleyball Coaches Hall
of Fame
- 2015, 2014 and 2011 PIAA State
Champions; 2012 and 2016 State
Finalist; 8 District XI Championships;
7 League Championships
- Team has Reached 7 of last 8 PIAA
State Semifinals
- 2010, 2011, 2014 and 2015 Morning
Call Coach of the Year
- 2018 AVCA Region Coach of the Year
- High school players have received
20 All American honors
- Staff: Former players he has
coached who continued to play
collegiately at the Div. I, II and III
levels
- First Athletic Program in school
history to win back-to-back State
Championships in any sport
- Coached 3 Pennsylvania
Gatorade's Player of the Year

"This Camp is for athletes who may have trained in volleyball previously, or have been involved in other youth sports, as well as those just beginning to experience athletics. All athletes are welcome, if they are willing to train and learn."

Mike Krause

**FIRST 15 REGISTRANTS WILL
RECEIVE A \$25 REBATE**

15th Red Crush

VOLLEYBALL CAMP

**FOR GIRLS Entering
Grades 5 thru 9 Fall 2019**

JULY 15 TO JULY 18, 2019



DIRECTED BY:

Mike Krause, Head Coach

Parkland High School

Girls Volleyball

**2011, 2014, 2015 PIAA State
Champions**

REGISTER EARLY!

CAMP PROGRAM

The Red Crush Volleyball Camp is designed to teach the fundamentals, as well as advanced skills, of the game of volleyball. We encourage athletes from other sports to attend. Athletes involved in other sports will gain the benefit of cross training. **Cross training** (training multiple skills) has been the foundation for growth in sport among young athletes. If your daughter has an interest in sport, this camp will teach the fundamental process in “**Learning How to Learn**”.

Camp is held at Parkland high School. All campers should arrive at 8:45 am. Camp will end at 3:00 pm. Campers must bring their own lunch and drink. **Campers should have knee pads and arrive dressed to play (no jewelry please). Bring additional clothes to change into after the morning session.**

CANCELLATION FEE OF \$25.00 PRIOR TO JUNE 20, 2019 (any refunds requested after June 20, 2019 will be evaluated on a case by case basis)

For more information, email us at:

redcrushvolleyballcamp@yahoo.com

EACH CAMPER WILL:

- Receive a camp t-shirt (size is only guaranteed if registered by June 20, 2019)
- Be eligible for awards
- Receive a personal evaluation
- Hot Dogs and Chips for lunch one day on Coach Krause; day TBD

AWARDS Thursday, PARENTS WELCOME

SAMPLE DAILY SCHEDULE

9:00-9:30 Open Gym, Attendance, announcements, group stretch
9:30-11:15 Indiv. Skill Development
11:15-11:50 Team Development
11:50-12:00 Competitions
12:00-12:30 Lunch
12:30-1:15 Camper Challenges
1:15-1:45 Team Skills Training
1:45-2:45 Team Games
2:45-3:00 Closing activities
(SUBJECT TO CHANGE)

RED CRUSH VOLLEYBALL

I UNDERSTAND I AM FINANCIALLY RESPONSIBLE FOR ANY MEDICAL BILLS INCURRED BY MY CHILD WHILE AT CAMP. I AUTHORIZE THE STAFF OF THE RED CRUSH VOLLEYBALL CAMP TO ACT AS THEY DEEM FIT IN THE EVENT AN EMERGENCY ARISES. I HEREBY RELEASE AND FOREVER DISCHARGE THE STAFF OF THE RED CRUSH VOLLEYBALL CAMP OF AND FROM ALL MANNER OF ACTIONS, SUITS, DAMAGES, CLAIMS, AND DEMANDS ON ACCOUNT OF PERSONAL INJURY OR DEATH ARISING FROM MY CHILD'S PARTICIPATION IN THE ABOVE LISTED ACTIVITIES.

PARENT SIGNATURE & DATE

PLEASE COMPLETE BOTH SIDES OF THIS SECTION AND RETURN IT WITH YOUR CHECK FOR \$210.00 CONTACT US FOR MULTI-CHILD DISCOUNT

(Return only this section)

THIS IS NOT A PARKLAND SCHOOL DISTRICT SPONSORED EVENT

Detach and return this portion with your payment