Every year families who participate in the Educare Study get a chance to share with us how they are doing through the Educare Family Interview. Here are some of the things you shared with us:

**Who We Are**

Seattle Educare families come from all across the globe, including:

- USA
- Mexico
- El Salvador
- Dominican Republic
- Mexico
- Honduras
- Ethiopia
- Somalia
- Argentina
- Vietnam
- Philippines

**Diversity**

- Punjabi
- Cantonese
- Korean
- Japanese
- Chichewa
- Somali
- Tigrinya
- Pangasinan
- Russian
- Lao
- Amharic
- Spanish
- Bagola
- Khmer
- Vietnamese
- Hindi
- Tagalog
- Arabic
- Ukrainian
- English

**Did You Know?**

Seattle Educare teachers come from over 18 countries and speak over 20 languages.

Ask your teachers what they speak!
STRUCTURE
We have **BIG** families, **SMALL** families, and everything in between!
There are 4 people per household on average.
Out of responses for 87 families

Families
Over 1/2 of families are in single-parent households
40% of kids live in households that have other relatives, like grandparents, aunts, uncles, and cousins
Out of responses for 87 families

Did You Know?
Our largest family household size has 11 people and 9% of families have only 2 people!

Did You Know?
9% of children’s primary caregivers are also going through school!

Did You Know?
16% of kids are in foster families

Of primary caregivers:
56% work full-time
35% work part-time
3.4% unemployed
4.6% not in labor force
Out of responses for 87 families

EMPLOYMENT

We have an amazing foster family support group. Ask your family advocate about meeting times.

OUR FAMILIES ARE **wonderfully DIVERSE** IN SO MANY DIFFERENT WAYS!!
How We Support Children at Home

Parent Activities with Children

**Reading**

How often did you read your child a story in the past week?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>None</td>
<td>8%</td>
</tr>
<tr>
<td>1-2 times</td>
<td>35%</td>
</tr>
<tr>
<td>3-5 times</td>
<td>23%</td>
</tr>
<tr>
<td>6-7 times</td>
<td>34%</td>
</tr>
</tbody>
</table>

Out of responses for 103 children

Way to go families! Reading to your child in any language regularly is important for language, literacy, and cognitive development!

**Counting**

How often did you play counting or number games with child in the past week?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>None</td>
<td>0%</td>
</tr>
<tr>
<td>1-2 times</td>
<td>15%</td>
</tr>
<tr>
<td>3-5 times</td>
<td>24%</td>
</tr>
<tr>
<td>6-7 times</td>
<td>61%</td>
</tr>
</tbody>
</table>

Out of responses for 103 children

Need more books for home? Check out our free books near the lobby door or visit your local library!

There is a new Zeno math game to bring home every week to help your child build math skills. We also have fun Zeno events throughout the year!

I like the Zeno games my son brings home. He really likes them! - Educare parent

Did You Know?

This is an increase from last year! Way to go families!
Great job families! Teaching children letters, words, and numbers helps enhance their school readiness.

Out of responses for 77 children

How often did you teach your child letters, words, or numbers in the past week?

- None: 4%
- 1-2 times: 26%
- 3-5 times: 35%
- 6-7 times: 35%

Families tend to report high educational hopes for their child!

Out of responses for 103 children

How far do you think child will go in school?

- Some high school: 2.9%
- Finish high school or GED: 3%
- Some college/tech school: 11%
- AA Degree: 29.1%
- BA Degree: 53.4%
- Graduate/professional school: 0%

Level of Education
Challenges We Face

Family and Child Health

Seattle families tend to report more depression than the average of other Educare sites.

You’re not alone. Ask your family advocate about the mental health support offered by NAVOS.

Did You Know?

The Seattle homelessness crisis is considered worse than that of New York and LA. Here at Educare we can direct you to the support you need. Please come talk with us!

At Educare, we are equipped to serve children with a wide range of needs. We have partnerships with:

- Mental health/social emotional health counselors
- Physical therapists
- Child development specialists
- Speech therapists
- Occupational therapists
- Feeding specialists
- Parent-child relationship coaches
- Bilingual aide assistants
- Child development specialists
- Cognition

This year, we’re serving children with a variety of needs, including:

- Autism
- Physical/sensory
- Social-emotional
- Speech/language
- Cognition

Out of responses for 85 families

Out of responses for 86 families

16% worry about becoming homeless

Depression

Depression

Homelessness

Out of responses for 85 families

Out of responses for 86 families

17.6

22.1

6.4

7

84

7
FOOD INSECURITY

43% of families worry about running out of food
19% of families report running out of food

Our food and home supplies pantry is located in the parent resource room. We can also direct you to other resources. Please come take a look and let us know how else we can support you!

STRESS

8% of caregivers reported that they fairly or very often felt unable to control important things in life
12% of caregivers reported that they felt they fairly or very often could not overcome difficulties piling up high

Did You Know?

Parenting is challenging, even in the best of circumstances. SEA CAP, a mindfulness parenting program created by UW Professor of Psychology Dr. Liliana Lengua is being piloted at Educare. Ask us how you can participate!

Out of responses for 86 families
If your family is going through tough times, remember we are here to help support you. Please come share with us!

Out of responses for 81 families

4 out of 10 families experienced 4 or more significant life events

WE ARE HERE FOR YOU.

If your family is going through tough times, remember we are here to help support you. Please come share with us!
Families report the highest levels of support with raising their children coming from their childcare center. Over 1/2 of families reported low to moderately low levels of social support. 88% rate their childcare center as generally or more helpful. Out of responses for 86 families.

1. School/childcare center
2. Professional helpers (social workers, teachers, etc...)
3. Caregiver’s own parents

We’re all in it together. Come connect with us and other families during Hallway Happening and Coffee Hour events.
In the past week, how often have you had conversations with other parents in the following settings:

- While volunteering in classroom: 9% said at least once
- During classroom-based activities/events at Educare: 16% said at least once
- At meetings where other parents are present (like parent council): 20% said at least once
- At drop-off and pick-up: 65% said at least once

Out of responses for 86 families

3 out of every 10 families reported having made close relationships with other Educare parents lasting 3 or more months

Out of responses for 87 families

Many parents have connected through our various parent groups. Talk with your family advocate to get meeting times!

- Parent Committee
- Parent Council
- Foster Support
- Parent Ambassadors
What do you like most about your participation in Educare?

"The many opportunities that Educare provides for parents to keep up to date and participate in their children’s learning and progress."

"Feeling like my family matters...I am part of the team."

"Educare makes it really easy for me to feel secure that my children are in good care while I’m at work."

"The genuine love for the children and the high level of intentionality in the classroom!"

"That I can be just as involved in [my daughter’s] education as her teachers."

"I feel like I have a team of people helping me raise my foster daughter."

"...it feels like family. My daughter is happy. They truly invest themselves in her care and her future."

"Me gusta mucho el trato que los maestros ofrecen tanto a mi hija como a mi persona, y la enseñanza por supuesto."

"We love our teachers and family advocate."

"The staff is incredible, they have helped my family by helping me get jobs, resume support, also gave me tools for parenting and understanding behaviors of my boys."

"Educare-based practice, teacher ratios, education level of staff, staff experience with foster and disability, diversity of kids."

"Comfort knowing our child won’t be kicked out and knowing that staff are able to address his needs."

"Everything."
THANK YOU for participating in the Educare Family Interview.

The information you provided helped us bring in the **resources** and **events** that you see listed as well as the **professional development trainings** that we do with staff each month to better support you and your family.

Please let us know if you have any questions!