

FAMILY INTERVIEW

2017-2018 *a mid-year look!*

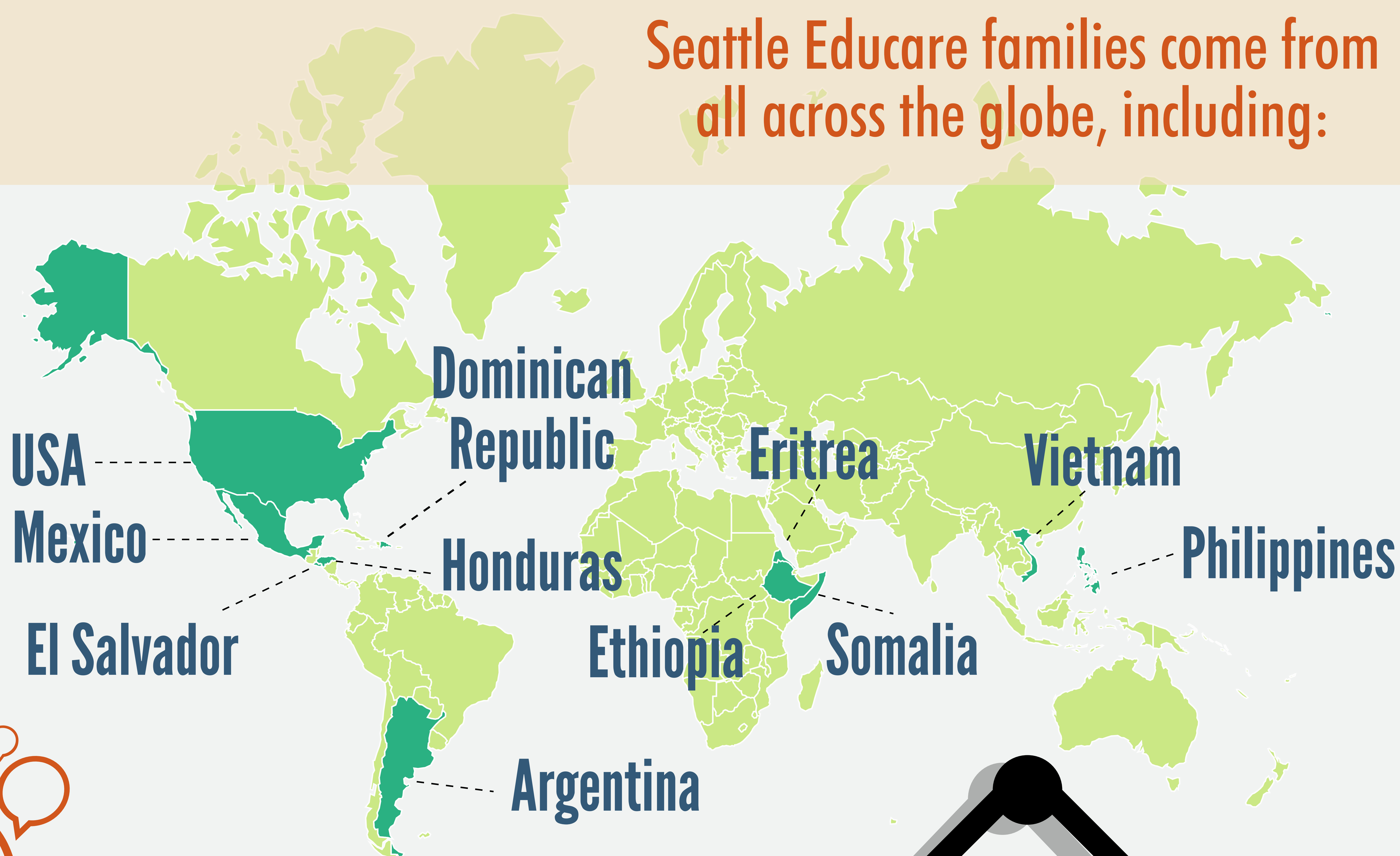


Every year families who participate in the Educare Study get a chance to share with us how they are doing through the Educare Family Interview. Here are some of the things you shared with us:

DIVERSITY

Who We Are

Seattle Educare families come from all across the globe, including:



Punjabi Cantonese Korean

Japanese Chichewa Somali

Tigrinya Pangasinan Russian Lao

Amharic Spanish Bagola Khmer

Vietnamese Hindi Tagalog Arabic

Ukrainian English

Did You Know?

Seattle Educare teachers come from over **18 countries** and speak over **20 languages**.

Ask your teachers what they speak!

Families

STRUCTURE

Over 1/2 of families are in single-parent households

40% of kids live in households that have other relatives, like grandparents, aunts, uncles, and cousins

Out of responses for 87 families

We have **BIG** families, **SMALL** families, and everything in between!

There are 4 people per household on average.

Out of responses for 87 families

Did You Know?

Our largest family household size has 11 people and 9% of families have only 2 people!

Did You Know?

9% of children's primary caregivers are also going through school!

Of primary caregivers:

56%
work full-time

35%
work part-time

3.4%
unemployed

4.6%
not in labor force

Out of responses for 87 families

EMPLOYMENT

16%
of kids are in foster families

We have an amazing foster family support group. Ask your family advocate about meeting times.

OUR FAMILIES ARE

wonderfully

DIVERSE

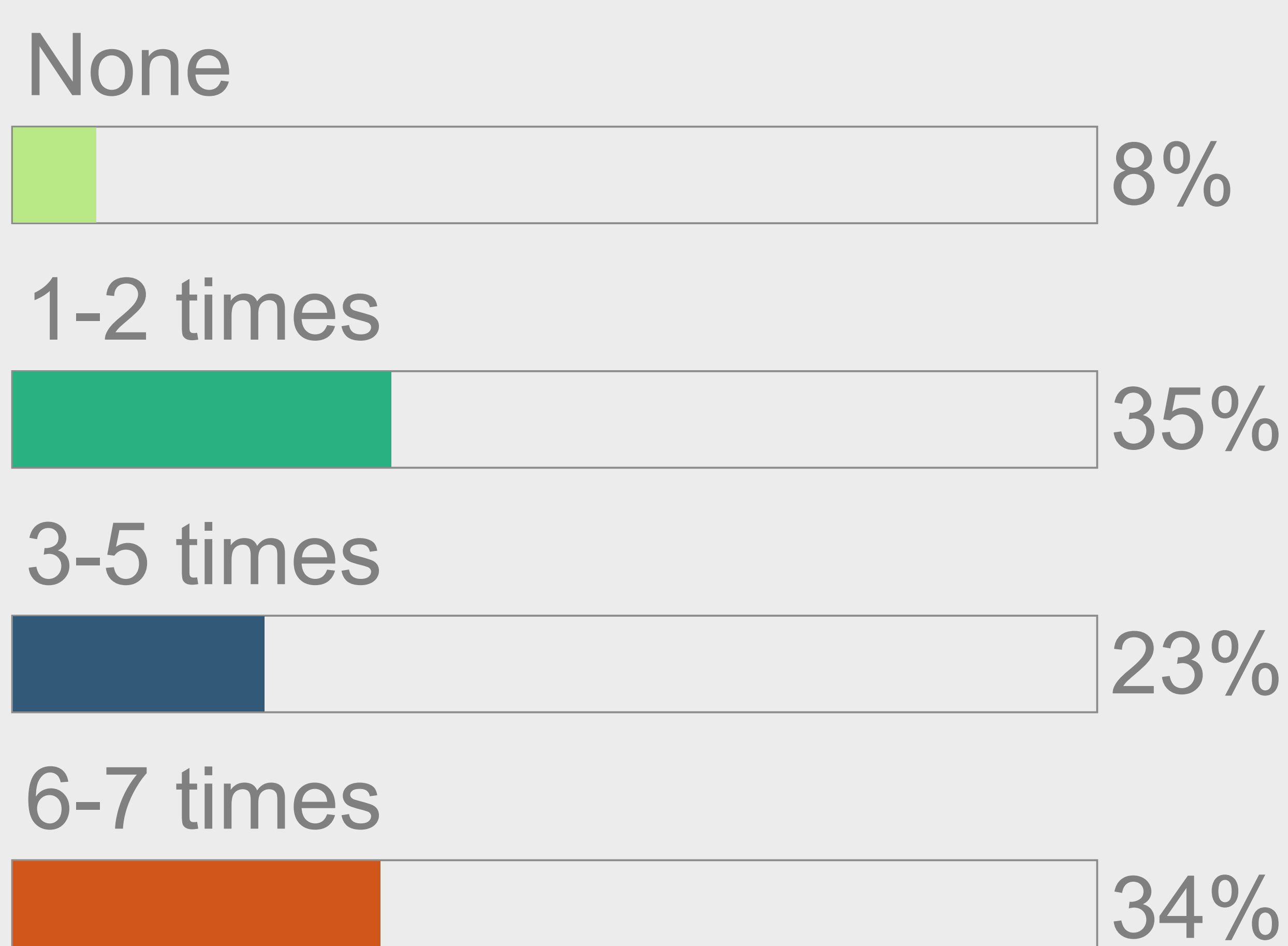
IN SO MANY DIFFERENT WAYS!!

How We Support Children at Home

Parent Activities with Children

READING

How often did you read your child a story in the past week?



Out of responses for 103 children

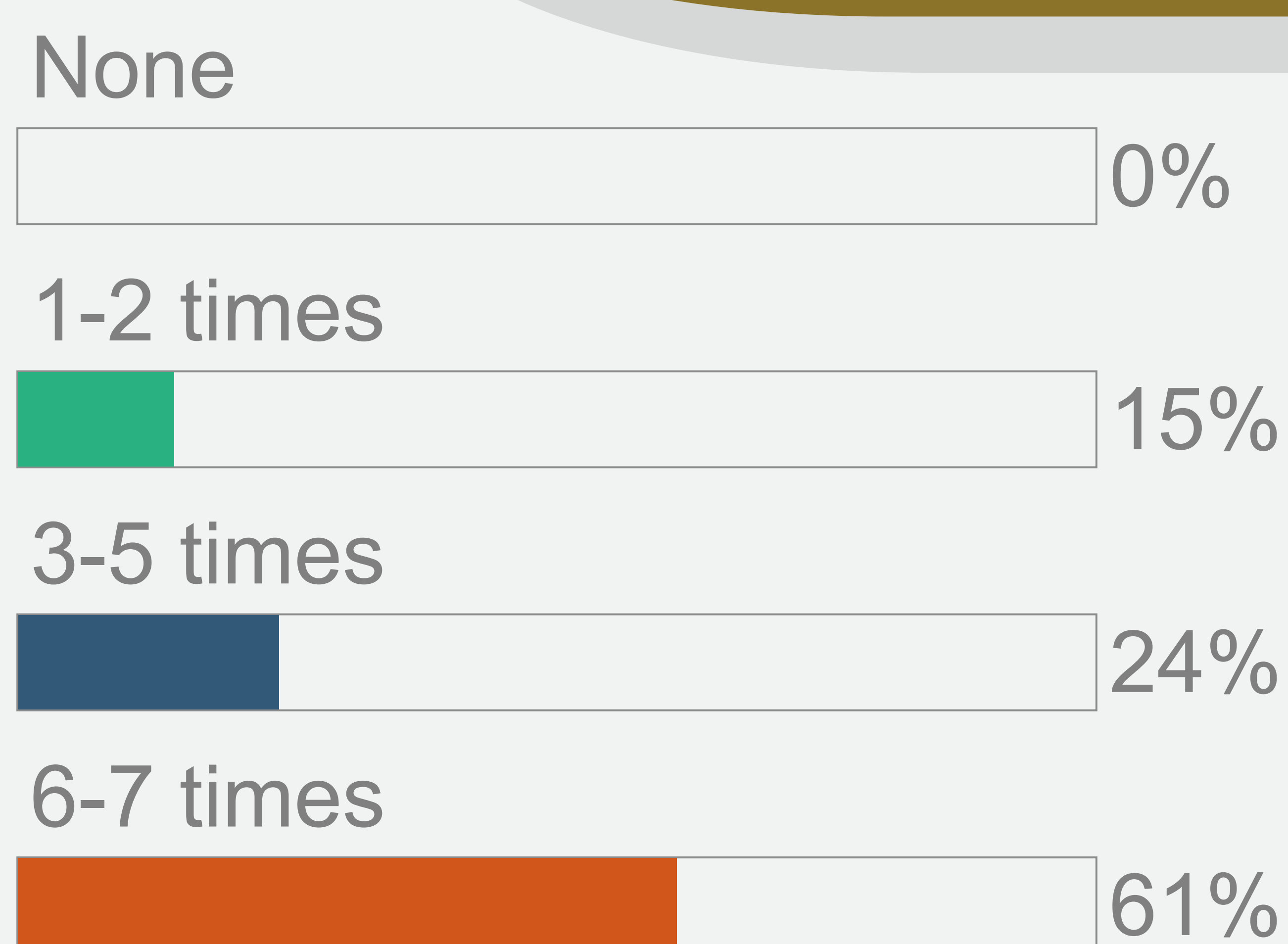
Way to go families! Reading to your child in **any language** regularly is important for language, literacy, and cognitive development!

Need more books for home? Check out our **free books** near the lobby door or visit your local library!

There is a new **ZENO math game** to bring home every week to help your child build math skills. We also have fun **ZENO events** throughout the year!



How often did you play counting or number games with child in the past week?



Out of responses for 103 children

COUNTING

I like the Zeno games my son brings home. He really likes them!
- Educare parent

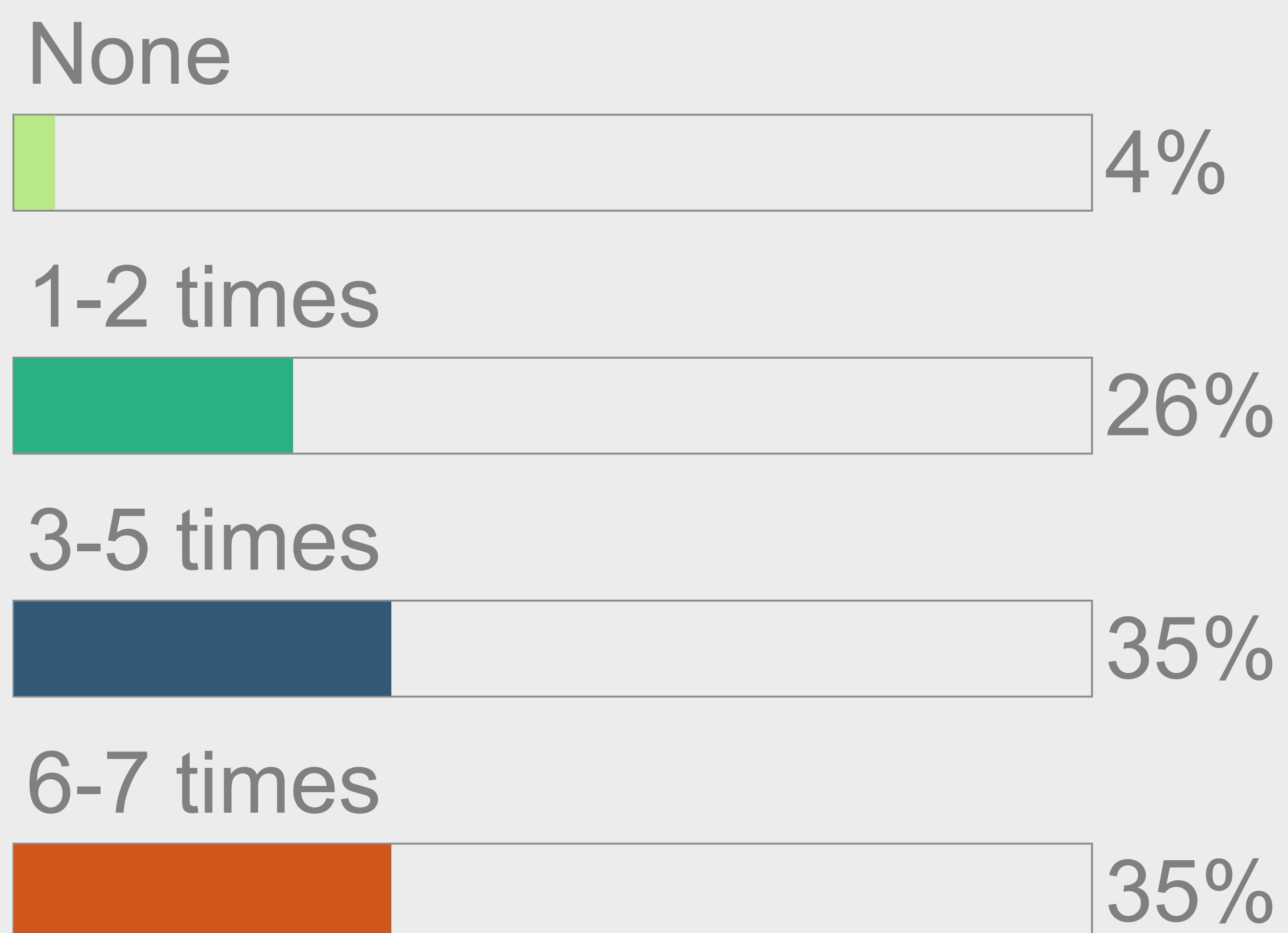
Did You Know?

This is an **increase** from last year!
Way to go families!



SCHOOL READINESS

How often did you teach your child letters, words, or numbers in the past week?

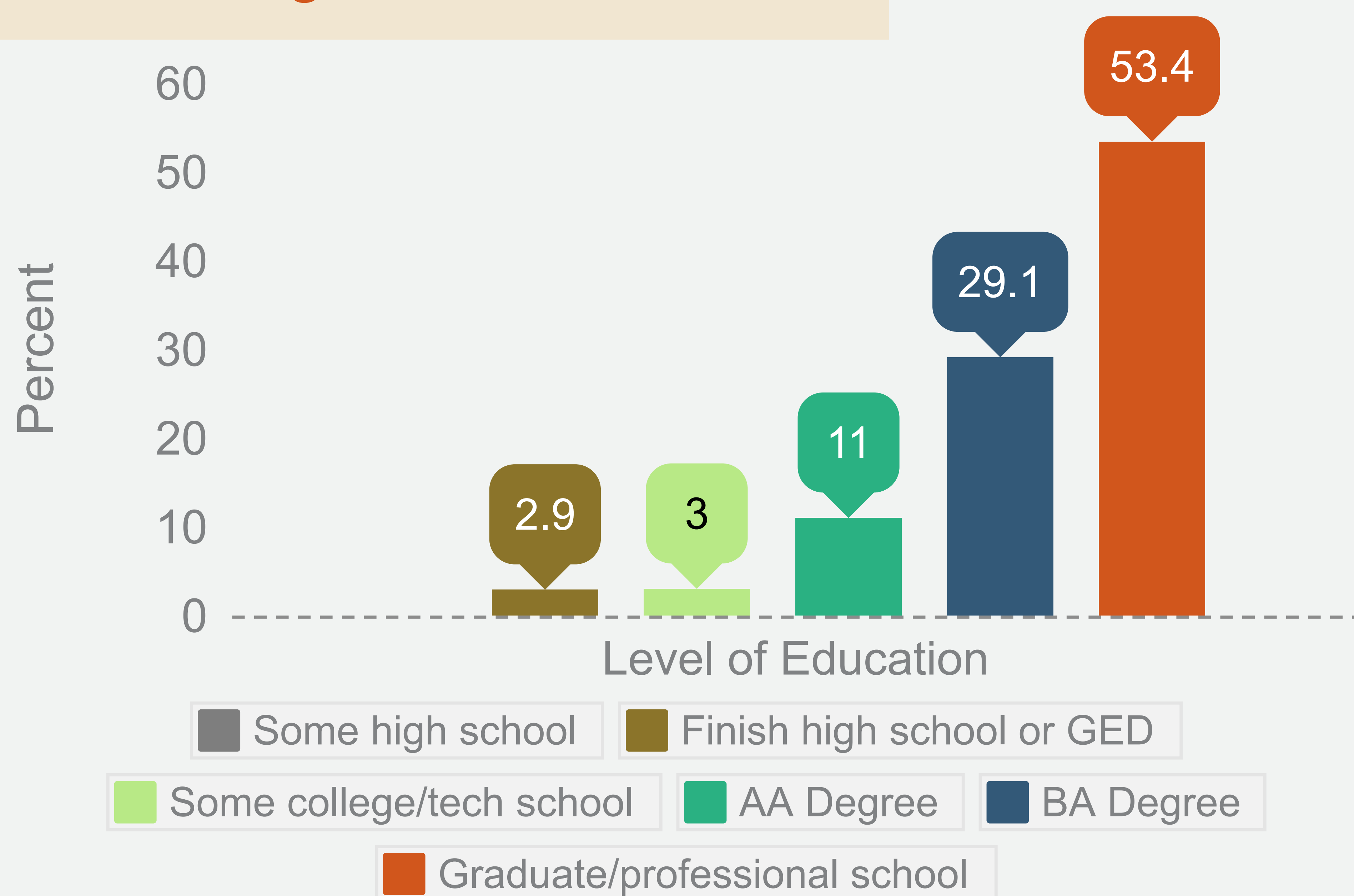


Out of responses for 77 children

Great job families!
Teaching children letters, words, and numbers helps enhance their school readiness.

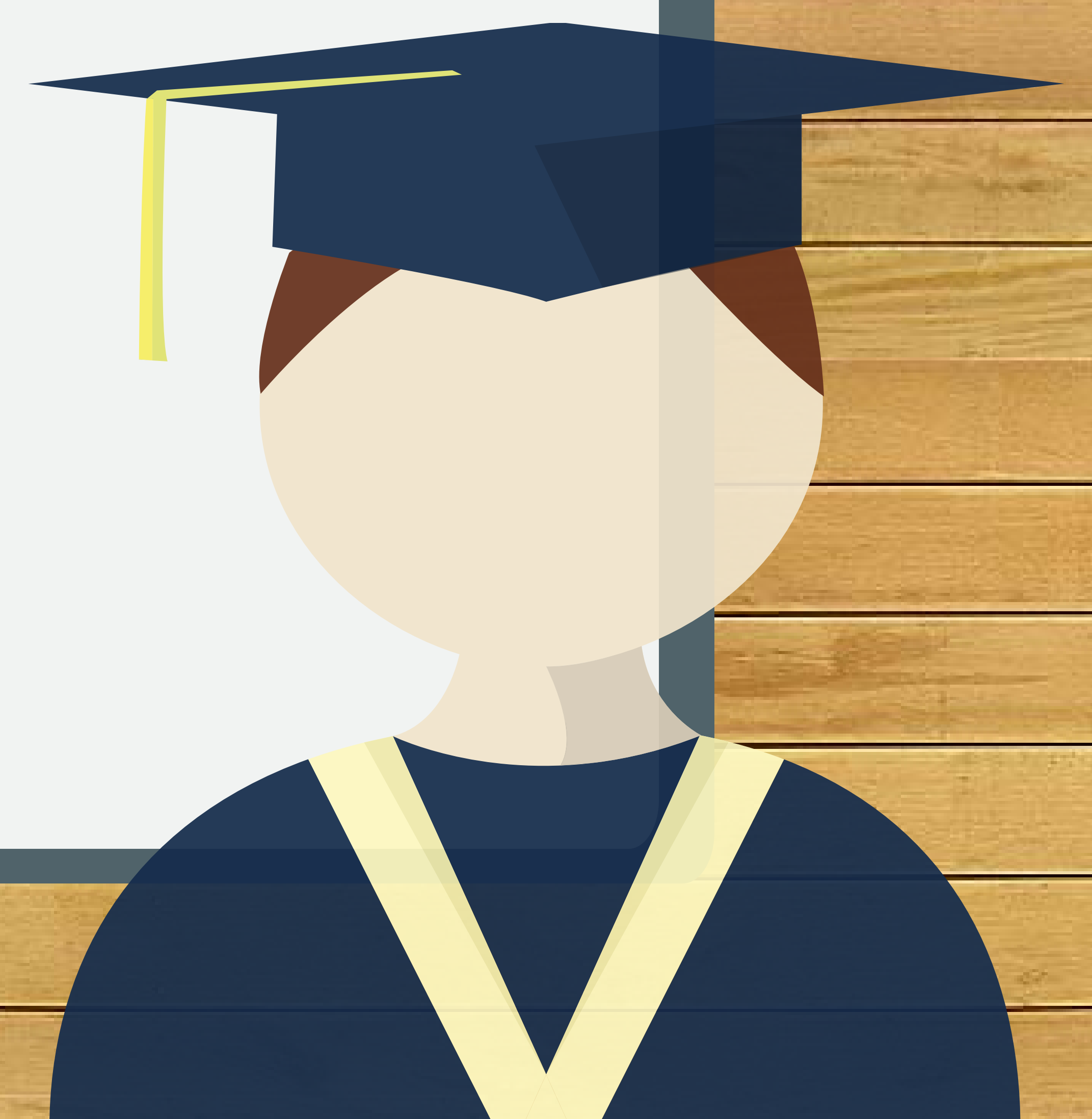
YOUR HOPES

How far do you think child will go in school?



Out of responses for 103 children

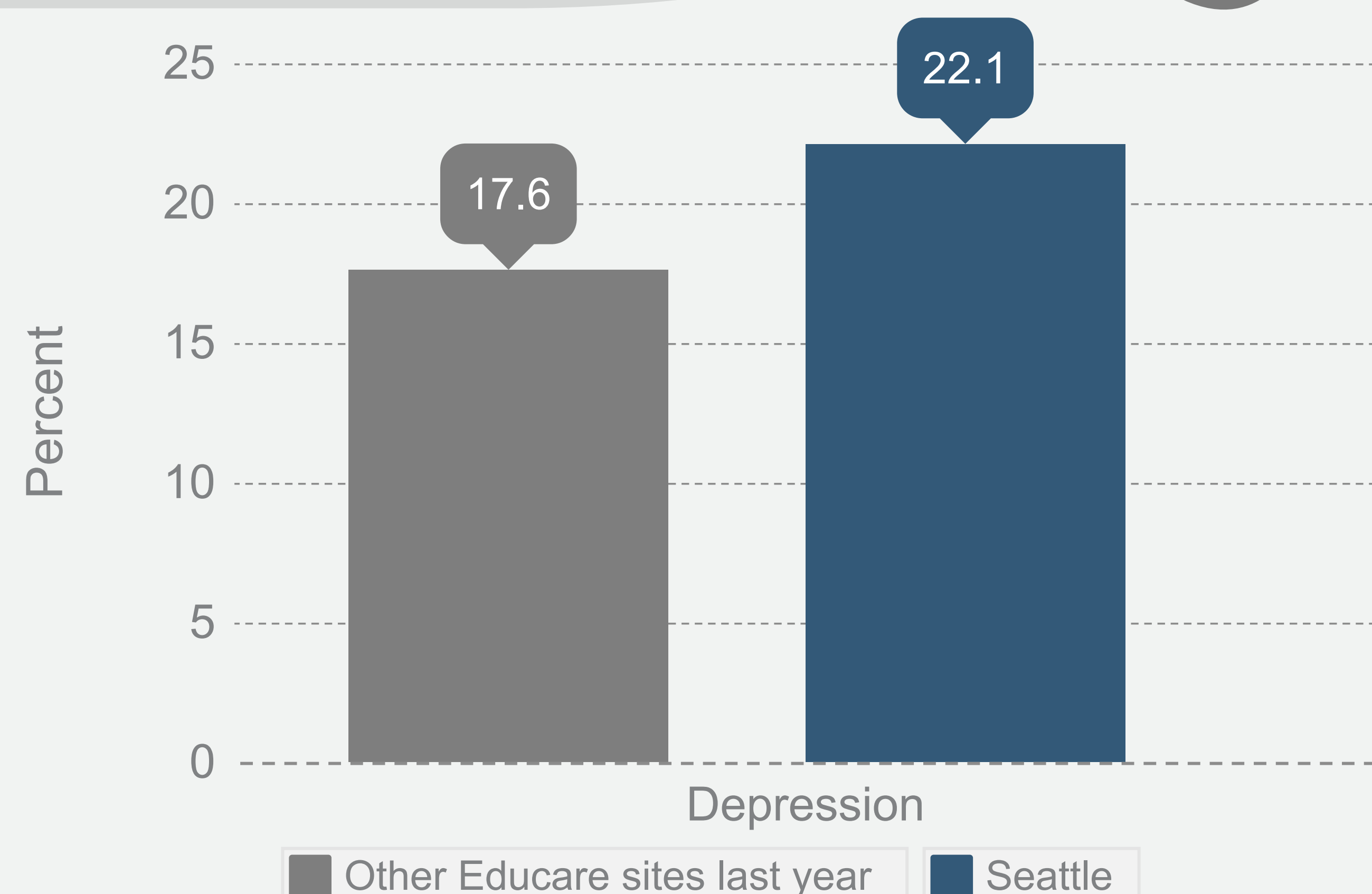
Families tend to report high educational hopes for their child!



Challenges We Face

Family and Child Health

DEPRESSION



Out of responses for 85 families

Seattle families tend to report more depression than the average of other Educare sites.

You're not alone. Ask your family advocate about the mental health support offered by NAVOS.



navos™

Healthy Mind. Healthy Body. Healthy Community.

This year, we're serving children with a variety of needs, including:

Autism

Physical/sensory

Social-emotional

Speech/language

Cognition

HOMELESSNESS



Out of responses for 86 families

16%

worry about becoming homeless

Did You Know?

The Seattle homelessness crisis is considered worse than that of New York and LA. Here at Educare we can direct you to the support you need. Please come talk with us!

At Educare, we are equipped to serve children with a wide range of needs. We have partnerships with:

Mental health/social emotional health counselors

Physical therapists

Child development specialists

Speech therapists

Occupational therapists

Feeding specialists

Parent-child relationship coaches

Bilingual aide assistants ...and more!





43%
of families worry about running
out of food

19%
of families report running
out of food

Our food and home supplies pantry is located in the parent resource room. We can also direct you to other resources. Please come take a look and let us know how else we can support you!

STRESS

8%
of caregivers reported that they fairly or very often felt **unable to control important things in life**

12%
of caregivers reported that they felt they fairly or very often **could not overcome difficulties piling up high**

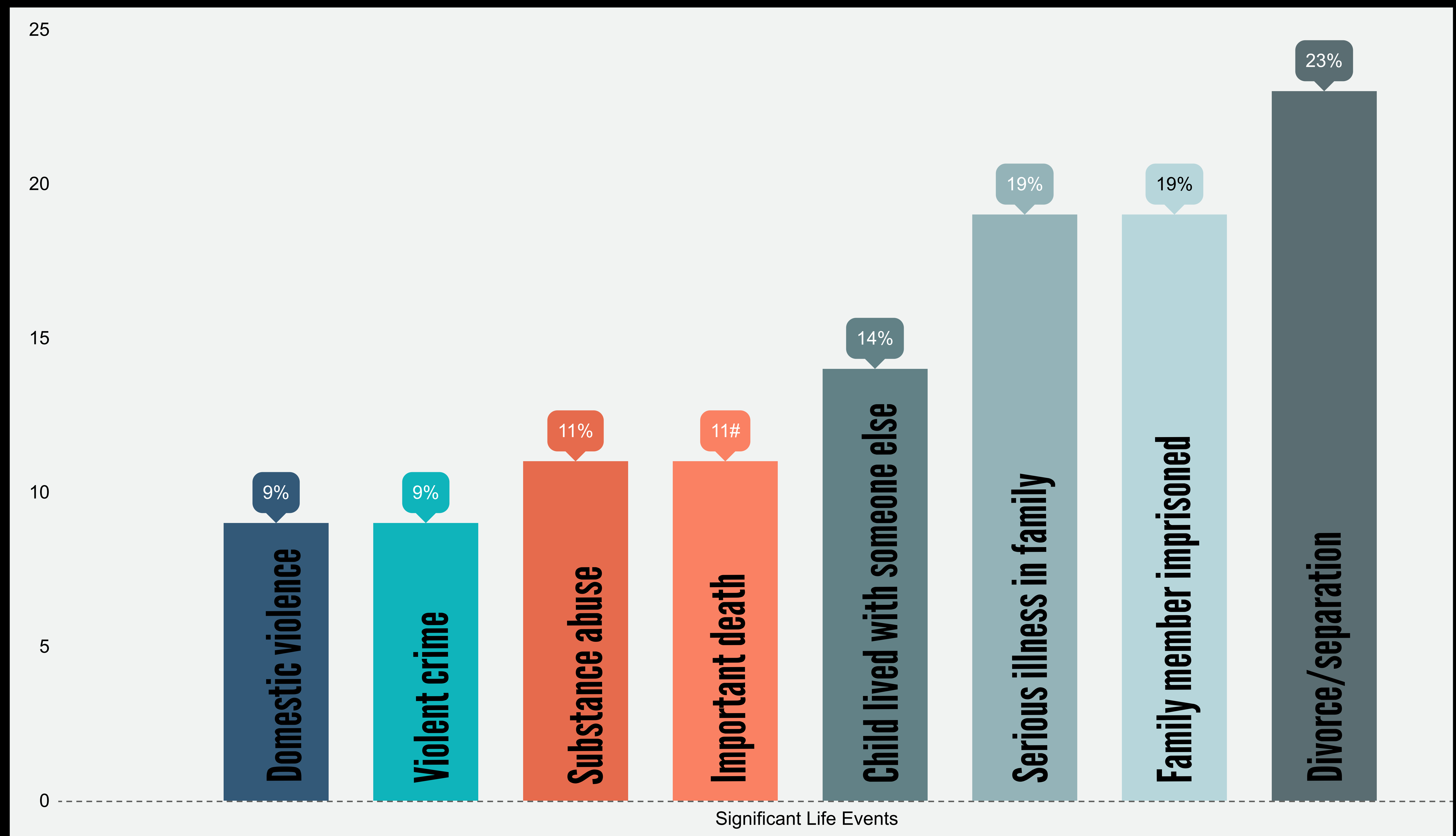
Out of responses for 86 families

Did You Know?

Parenting is challenging, even in the best of circumstances. **SEA CAP**, a mindfulness parenting program created by UW Professor of Psychology Dr. Liliana Lengua is being piloted at Educare. Ask us how you can participate!

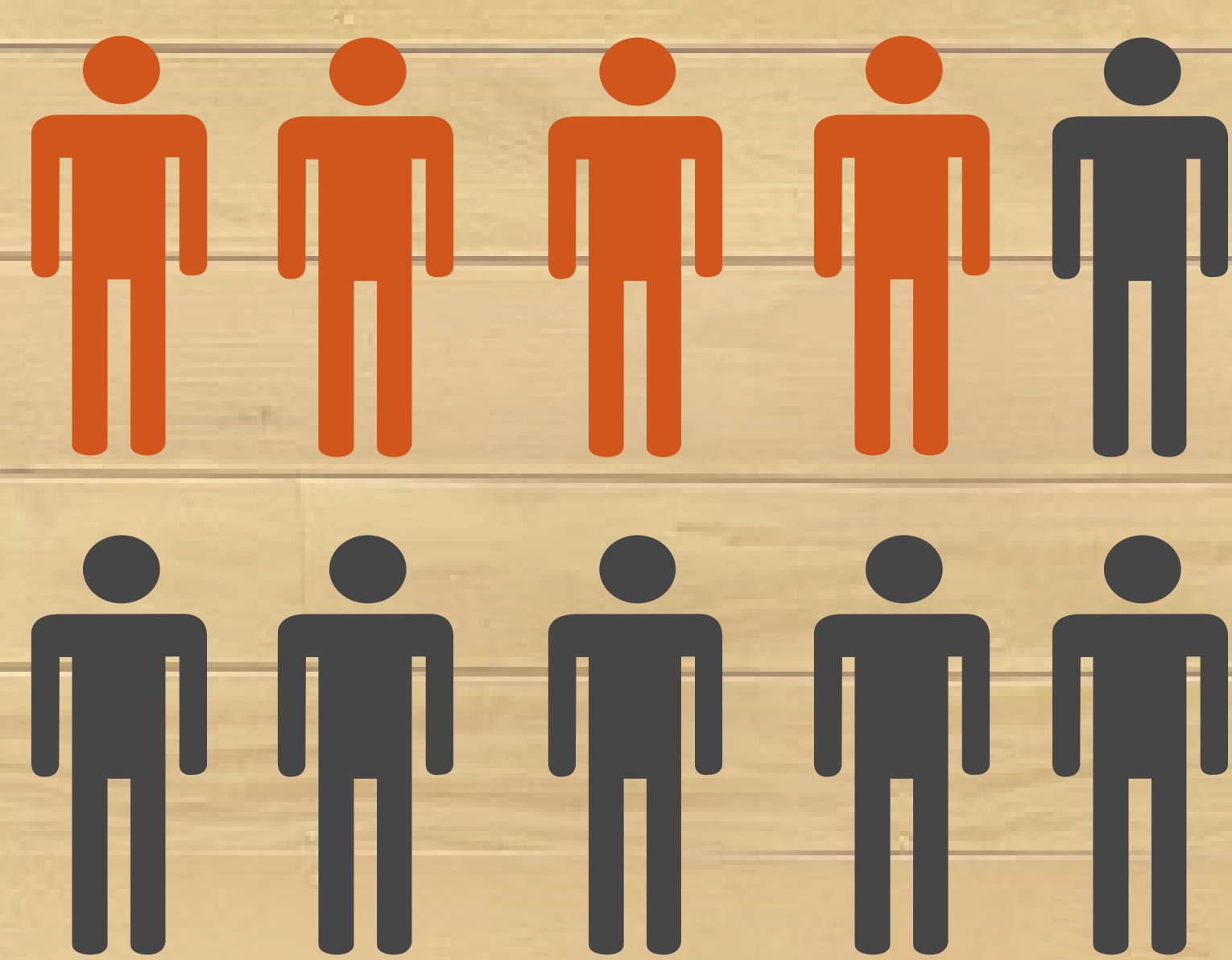


What has happened to you/your family/child in the past year?



Out of responses for 81 families

4 out of 10



families experienced

4 or more

significant life events

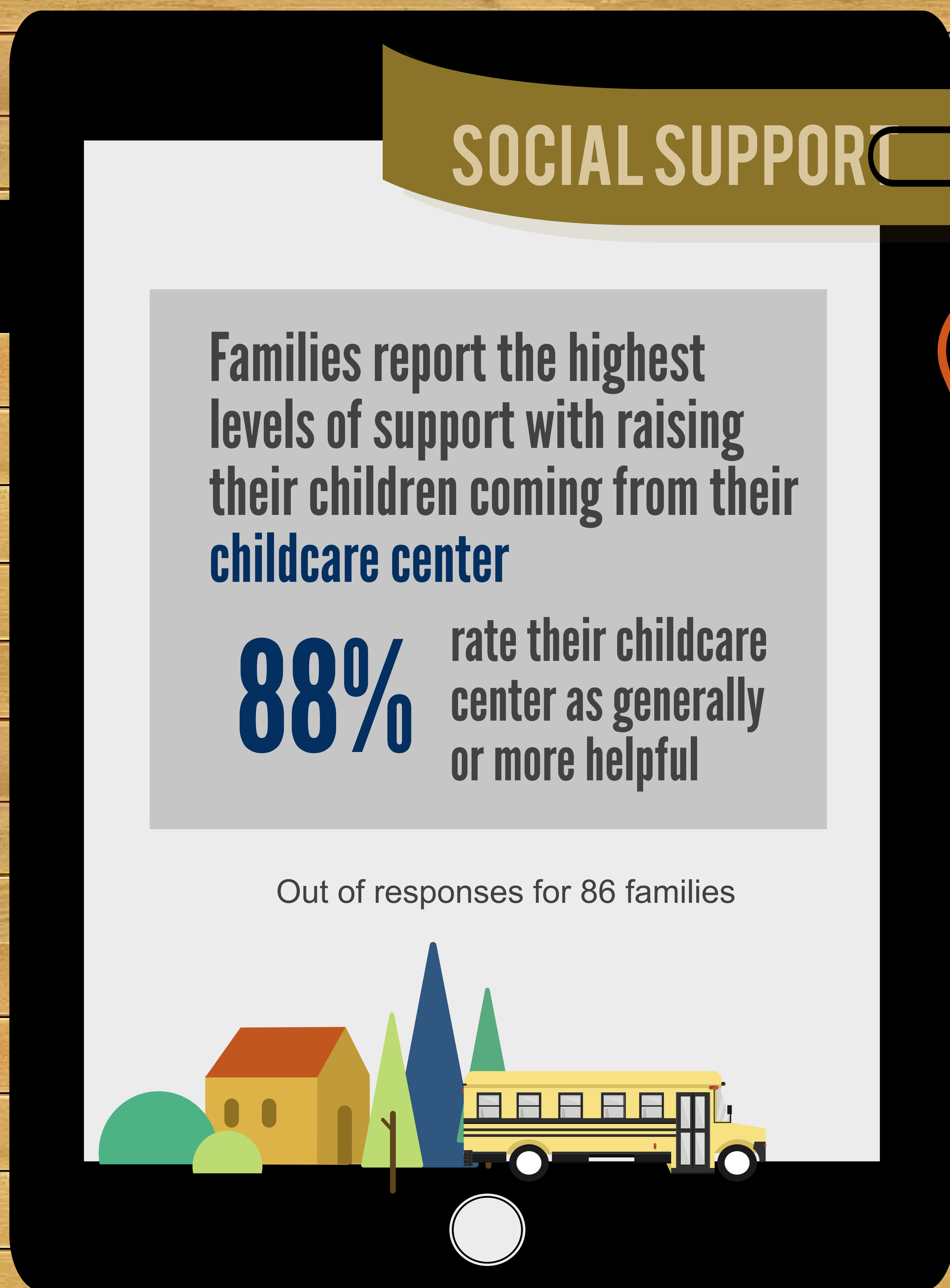
WE ARE HERE FOR YOU.

If your family is going through tough times, remember we are here to help support you. Please come share with us!



Our Supports

Social support with caring for children



1

School/childcare center

2

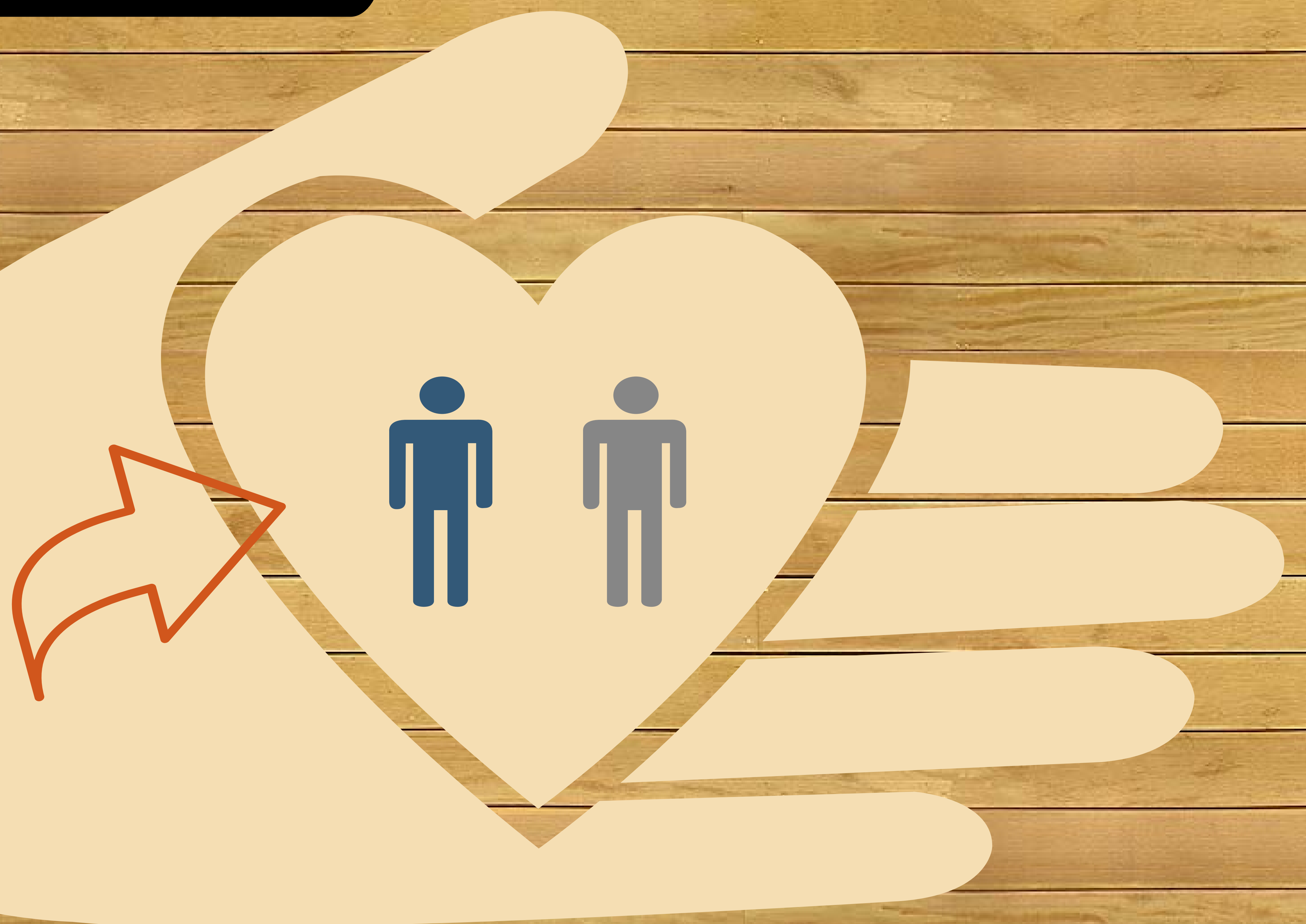
Professional helpers
(social workers,
teachers, etc...)

3

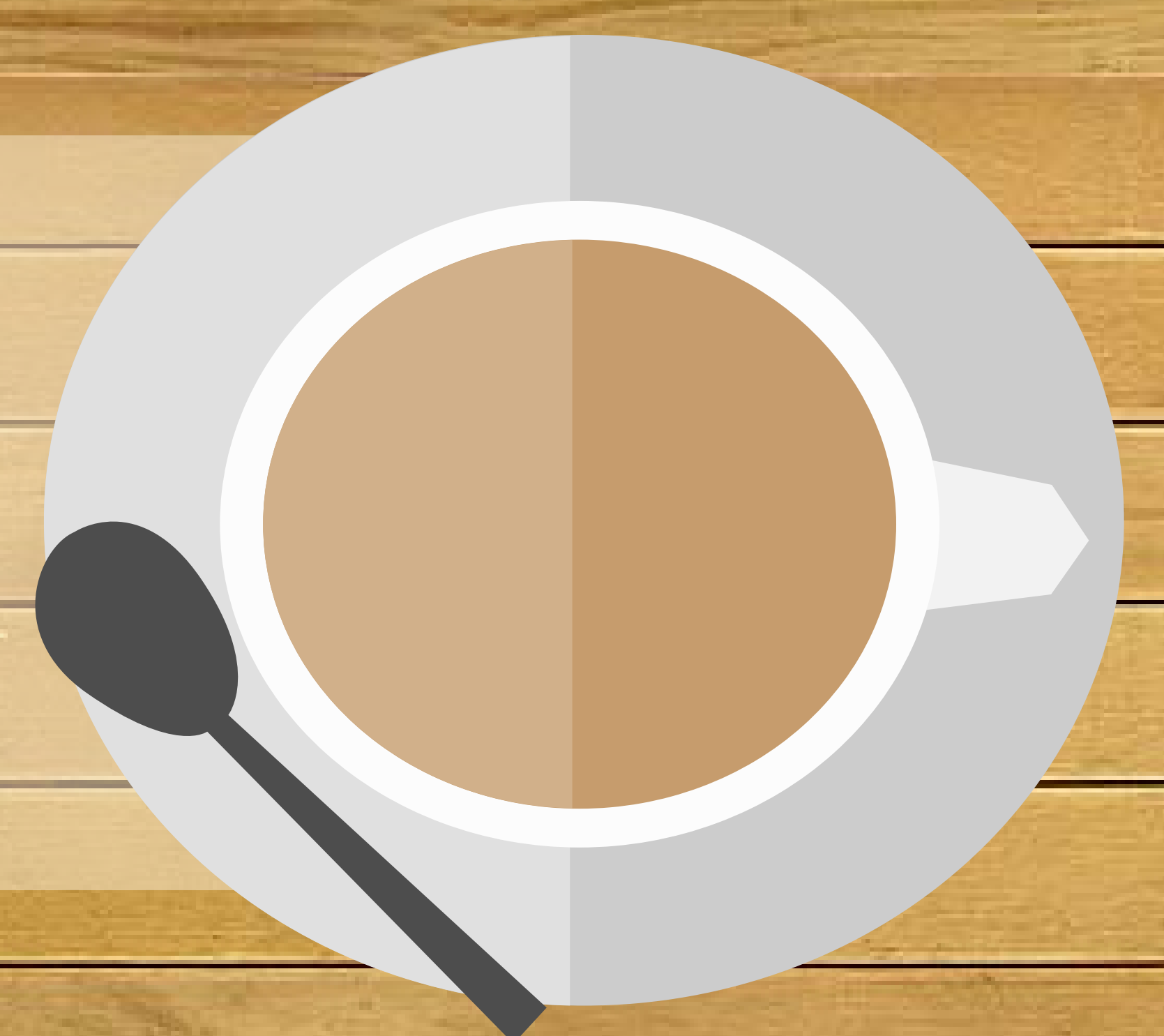
Caregiver's own
parents

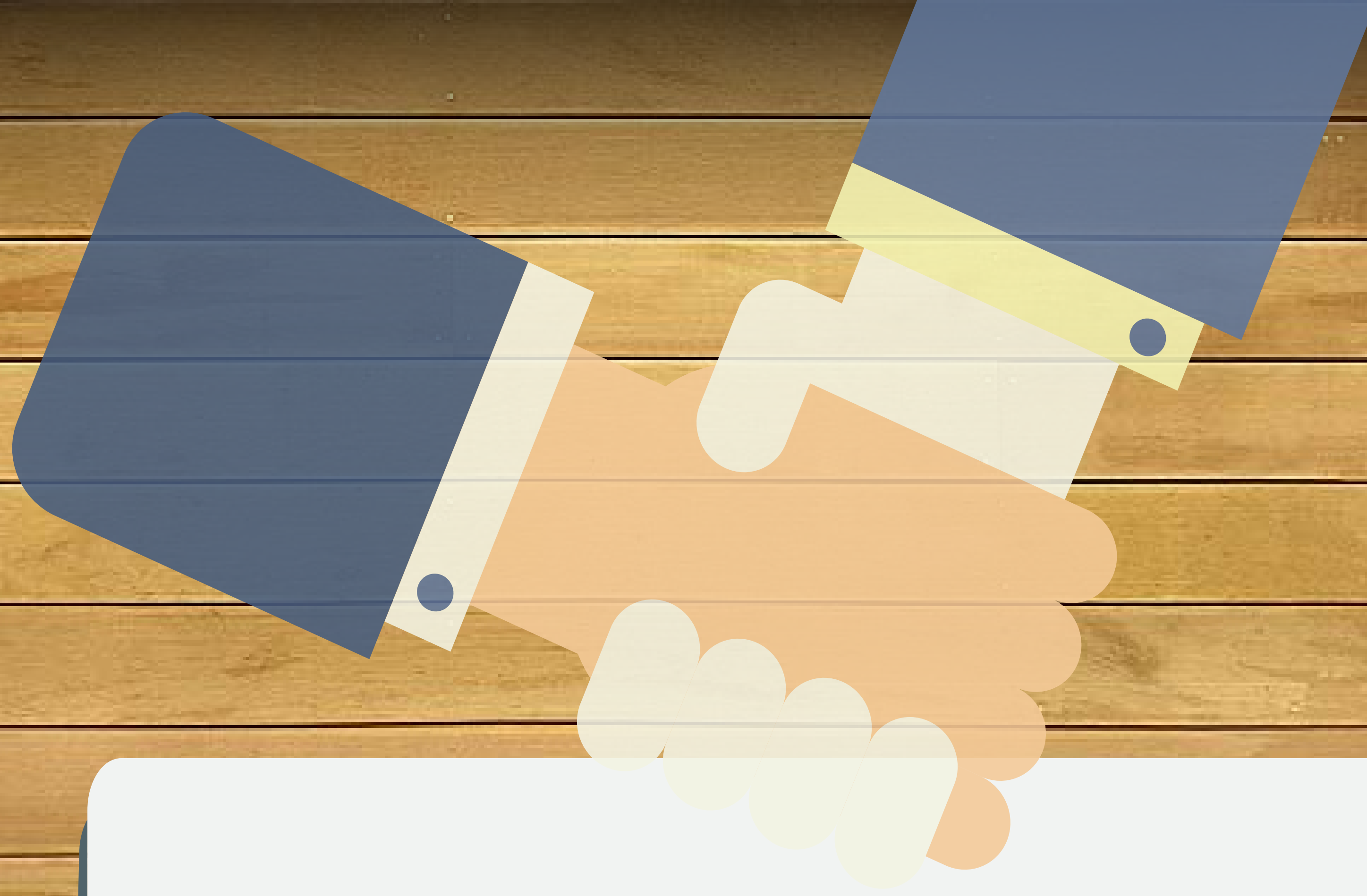
Over 1/2 of families reported
low to moderately low
levels of social support

Out of responses for 80 families



We're all in it together. Come connect with us and other families during **Hallway Happening** and **Coffee Hour** events.





Relationship with other parents at Educare

PARENT CONVERSATIONS

In the past week, how often have you had conversations with other parents in the following settings:

Let us know if you would like to see more ways for parents to connect!

While volunteering in classroom

During classroom-based activities/events at Educare

At meetings where other parents are present (like parent council)

At drop-off and pick-up

9%

said at least once

16%

said at least once

20%

said at least once

65%

said at least once

Out of responses for 86 families

RELATIONSHIPS

3 out of every 10

families reported having made **close relationships** with other Educare parents lasting 3 or more months



Out of responses for 87 families

Many parents have connected through our various parent groups. Talk with your family advocate to get meeting times!

- Parent Committee
- Parent Council
- Foster Support
- Parent Ambassadors

Our Thoughts

What do you like most about your participation in Educare?

"Feeling like my family matters... I am part of the team."

"The many opportunities that Educare provides for parents to keep up to date and participate in their children's learning and progress."

Educare makes it really easy for me to feel secure that my children are in good care while I'm at work.

"The genuine love for the children and the high level of intentionality in the classroom!"

"That I can be just as involved in [my daughter's] education as her teachers."

"The staff is incredible, they have helped my family by helping me get jobs, resume support, also gave me tools for parenting and understanding behaviors of my boys."

"I feel like I have a team of people helping me raise my foster daughter."

"...it feels like family. My daughter is happy. They truly invest themselves in her care and her future."

Me gusta mucho el trato que los maestros ofrecen tanto a mi hija como a mi persona; y la enseñanza por supuesto.

"We love our teachers and family advocate."

"Educare-based practice, teacher ratios, education level of staff, staff experience with foster and disability, diversity of kids."

"Comfort knowing our child won't be kicked out and knowing that staff are able to address his needs."

"Everything."

What other services could Educare provide?

"More parenting coaching/conflict resolution skills for dealing with toddlers/preschoolers."

"Assistance with food, clothing, extracurricular activities."

"Transportation and more food in the pantry."

"Gas or bus fare."

"Host other parent groups, not just foster support..."

"More social-emotional and trauma coaching to staff."

"Access to zoo, museums, etc..."

"Mental health, parenting advice."

"Hire empty positions faster to reduce constantly changing subs."

"Parent workshops."

"Family counseling."

"Coffee to go :-)"

THANK YOU

for participating in the Educare Family Interview.

The information you provided helped us bring in the **resources** and **events** that you see listed as well as the **professional development trainings** that we do with staff each month to better support you and your family.

Please let us know if you have any questions!

