

WIS Middle Upper SCHOOL MENU

March 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1 NO LUNCH HALF DAY
4 Turkey Burger w/ Lettuce Tomato Potato Wedges Vegetarian Garden Burger Fiesta-Fresh Quinoa & Roasted Corn Salad Beef Noodle Soup	5 Chicken Burrito Bowl Seasoned Cilantro Rice Taco Bar Vegetarian Burrito Bowl Chef Soup Of Today	6 Penne Pasta & Meat Sauce Steamed Broccoli w/ Carrots Parmesan Breadsticks Tossed Garden Salad w/ Garbanzo Beans Chef Soup Of Today	7 NO LUNCH STUDENT CONFERENCES	8 NO LUNCH STUDENT CONFERENCES
11 Roasted Chicken Vegetable Orzo Seasonal Spinach Vegetarian Paella with Edamame Healthy Request Tomato w/ Basil Soup	12 Baked Tilapia Macaroni Cheese Steamed Broccoli Veggie Burger Kale Sweet Potato & Corn Salad Chef Soup Of Today	13 Meat Lasagna Vegetable Lasagna Seasoned Carrots Garlic Bread Herb Seasoned Garlic Bread Caesar Salad Chef Soup Of Today	14 Pizza Team Day Fresh Salad BAR	15 GRILL TEAM
18 Chinese Orange Chicken w / Jasmine White Rice Vegetarian Egg Roll Vegetable Soup	19 Salisbury Steak w/ Gravy Yukon Mashed Potato Seasoned Peas & Carrots Vegetarian Black Bean Burger Chef Soup Of Today	20 Ziti Pasta / Alfredo Herb Seasoned Bread Sticks Vegetarian Eggplant Rolatini Spring Garden Salad Chef Soup Of Today	21 Pizza Team Day Fresh Salad BAR	22 GRILL TEAM
25 SPRING BREAK	26 SPRING BREAK	27 SPRING BREAK	28 SPRING BREAK	29 SPRING BREAK