

Monday
Tuesday
Wednesday
Thursday
Friday

4
 Assorted Cold Sandwiches
 Or Munchable
 Baby Carrots
 Fruit Cup

5
 Chicken Patty
 on Whole Wheat Bun
 Baked Beans
 Pears

6
 Assorted Cold Sandwiches
 Or Munchable
 Broccoli Dippers
 Apple Slices

7
 Hot Dogs
 On Whole Wheat Bun
 Green Peas
 100% Juice

1
 Assorted Cold Sandwiches
 Or Munchable
 Cucumber Dippers
 Banana

11
 Assorted Cold Sandwiches
 Or Munchable
 Baby Carrots
 Fruit Cup

12
 Shamrock Chicken Nuggets
 Corn
 Baked Beans
 Sidekicks Juice Cup

13
 Assorted Cold Sandwiches
 Or Munchable
 Broccoli Dippers
 Apple Slices

14
Pi Day!
 Pizza Pie
 Crisp Romaine Salad
 Apple Pies
 100% Juice

8
Early Release
 Assorted Cold Sandwiches
 Or Munchable
 Cucumber Dippers
 Banana

15
 Assorted Cold Sandwiches
 Or Munchable
 Cucumber Dippers
 Banana

18
 Assorted Cold Sandwiches
 Or Munchable
 Baby Carrots
 Fruit Cup

19
 Chicken Tenders
 Mashed Potatoes
 Green Beans
 Diced Pears

20
 Assorted Cold Sandwiches
 Or Munchable
 Broccoli Dippers
 Apple Slices

21
 Hamburger or Cheeseburger
 On WW Bun
 Baked Beans
 Fruit Cup

22
 Assorted Cold Sandwiches
 Or Munchable
 Cucumber Dippers
 Banana

25
Early Release
 Assorted Cold Sandwiches
 Or Munchable
 Baby Carrots
 Fruit Cup

26
Early Release Day
 Assorted Cold Sandwiches
 Or Munchable
 Broccoli Dippers
 Apple Slices

27
 Assorted Cold Sandwiches
 Or Munchable
 Broccoli Dippers
 Apple Slices

28
 Cheese or Pepperoni
 Pizza
 Crisp Romaine Salad
 Frozen Blueberries

29
*No School
 Professional
 Development Day*

- All daily and alternative meals include a minimum of 2 oz protein, 2 oz whole grains, fruit, vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Assorted Cold Sandwiches options are Turkey, Ham, PB&J, PB&Fluff, Cheese. Alternate meals include Bone Builders & Munchables.
- Bone Builder Plate with cereal or breakfast pastry, yogurt, cheese stick, and fruit or 100% Juice, and daily vegetable option.
- Munchables WG crackers or pretzels, lean deli meat or peanut butter, low fat cheese, fruit, and vegetable packaged in an easy to grab container!
- Menu subject to change as needed
- WG=Whole Grain, WW=Whole Wheat

