

Monday
Tuesday
Wednesday
Thursday
Friday
Meatless Monday

4
Mozzarella Twisted Breadstick
Marinara Sauce
Garlic & Herb WG Breadstick
Seasoned Broccoli
Apple Slices

WG Tortilla

5
Seasoned Beef or Fajita Chicken
Cheddar Cheese Sauce
Brown Rice
Refried Beans
Frozen Fruit Cup

WG Penne Pasta

6
Meatballs
Marinara or Cheddar Cheese Sauce
Garlic & Herb Breadstick
Peas
Orange Wedges

7
Teriyaki Chicken
Oriental Blend Vegetables
Brown Rice
Sidekicks Frozen Juice Cup

1
Sal's Pizza
Crisp Romaine Salad
Grape Tomatoes
Frozen Blueberries with Whipped Topping
100% Juice

8
Early Release
No Lunch Served

Meatless Monday

11
Waffle Cut Fries
3-Bean Chili & Cheese
California Blend Vegetable
Dinner Roll
Fruit Cocktail & 100% Juice

WG Nacho Chips

12
Seasoned Beef or Fajita Chicken
Cheddar Cheese Sauce
Brown Rice
Refried Beans
Orange Wedges

WG Penne Pasta

13
Meatballs
Marinara or Alfredo Sauce
Garlic & Herb Breadstick
Steamed Carrots
Apples

Pi Day!

14
Pizza Pie
Crisp Romaine Salad
Fresh Pineapple
Apple Pies

15
Shamrock Nuggets
Roasted Ranch Potato Wedges
Seasoned Broccoli
Sidekicks Frozen Juice Cup

Meatless Monday

18
Mozzarella Sticks
Marinara Sauce
Garlic & Herb WG Breadstick
Seasoned Broccoli
Apple Slices

WG Tortilla

19
Seasoned Beef or Fajita Chicken
Cheddar Cheese Sauce
Brown Rice
Refried Beans
Frozen Fruit Cup

WG Penne Pasta

20
Meatballs
Marinara or Cheddar Cheese Sauce
Garlic & Herb Breadstick
Green Beans
Apples

21
Regular or Spicy Chicken Patty
WW Bun
Regular or Sweet Potato Fries
Grapes

22
Sal's Pizza
Crisp Romaine Salad
Frozen Strawberries with Whipped Topping
100% Juice

25
Early Release
No Lunch Served

26
Early Release
No Lunch Served

27
Tortellini or Stuffed Shells
Marinara or Alfredo Sauce
Garlic & Herb Breadstick
Green Beans
Apples

28
Colonial Lunch
Chicken Drumsticks
Corn
Butternut Squash Soup
Dinner Roll
Baked Apples

29
No School
Professional
Development Day

- All daily and alternative meals include a minimum of 2 oz protein, 2 oz whole grains, fruit, vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Alternate hot meal schedule: (M) hotdogs, (T) toasted cheese sandwich, (W) burgers, (Th) chicken tenders, and (F) regular or spicy chicken patty.
- Available daily: Chef Salad, Deli Sandwich, Pizza, Yogurt Plate.
- WG=Whole Grain, WW=Whole Wheat
- Please contact Becky Fowler, Director of School Nutrition, becky.fowler@stoningtonschools.org or (860) 599-0766 with any questions or meal modifications

