

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**

**4**  
*Meatless Monday*  
 Mozzarella Sticks  
 Marinara Sauce  
 Garlic Knot  
 Seasoned Broccoli  
 Fruit Cocktail & 100% Juice

**5**  
 WW Tortilla  
 Seasoned Beef or Fajita Chicken  
 Cheddar Cheese  
 Brown Rice  
 Refried Beans  
 Salsa & Lettuce  
 Orange Wedges & 100% Juice

**6**  
 Spicy Chicken & Waffles  
 Hash Brown Patty  
 Cinnamon Carrots  
 Frozen Strawberries with  
 Whipped Topping  
 100% Juice

**7**  
 Cherry Blossom or  
 Firecracker Chicken  
 Vegetable Fried Rice  
 Oriental Blend Vegetables  
 Applesauce  
 100% Juice

**1**  
 Sal's Cheese or  
 White Garlic Pizza  
 Sweet Potato Fries  
 Cucumber Dippers  
 Fresh Pineapple  
 100% Juice

**11**  
*Meatless Monday*  
 Waffle Cut Fries  
 3-Bean Chili & Cheese  
 Seasoned Broccoli  
 Dinner Roll  
 Fruit Cocktail & 100% Juice

**12**  
 WG Nacho Chips  
 Seasoned Beef or Fajita Chicken  
 Cheddar Cheese  
 Brown Rice  
 Refried Beans  
 Salsa & Lettuce  
 Orange Wedges & 100% Juice

**13**  
 French Toast Sticks  
 Hash Brown  
 Cinnamon Carrots  
 Chicken Sausage or Bacon  
 Egg Patty  
 Frozen Blueberries w/Whipped Topping  
 100% Juice

**14**  
*Pi Day!*  
 Sal's Cheese or  
 White Garlic Pizza  
 Sweet Potato Fries  
 Cucumber Dippers  
 Diced Peaches & 100% Juice

**8**  
*Early Release*  
*No Lunch Served*

**15**  
 Shamrock Chicken Nuggets  
 Roasted Ranch Potato Wedges  
 Steamed Carrots  
 Dinner Roll  
 Kiwi  
 Sidekicks Juice Cups

**18**  
*Meatless Monday*  
 Breaded Mini Ravioli  
 Garlic & Herb Breadstick  
 Marinara Dipping Sauce  
 Seasoned Broccoli  
 Frozen Fruit Cup & 100% Juice

**19**  
 Mini Chicken Tacos  
 Spanish Rice  
 Refried Beans  
 Fiesta Corn Cups  
 Frozen Blueberries  
 100% Juice

**20**  
 Regular or Spicy Chicken Patty  
 Sandwich on WW Bun  
 Smiley Fries  
 California Blend Vegetables  
 Frozen Fruit Cup  
 100% Juice

**21**  
 Teriyaki Chicken  
 Vegetable Fried Rice  
 Oriental Blend Vegetables  
 Bananas  
 100% Juice

**22**  
 Sal's Cheese or  
 White Garlic Pizza  
 Sweet Potato Fries  
 Cucumber Dippers  
 Fresh Pineapple  
 100% Juice

**25**  
 Twisted Breadsticks  
 With Mozzarella  
 Marinara Sauce  
 Tater Tots  
 California Blend Vegetables  
 Applesauce & 100% Juice

**26**  
 WW Tortilla  
 Seasoned Beef or Fajita Chicken  
 Cheddar Cheese  
 Brown Rice  
 Refried Beans  
 Salsa & Lettuce  
 Orange Wedges & 100% Juice

**27**  
*Early Release*  
*No Lunch Served*

**28**  
 Pulled Pork  
 On WW Bun  
 Roasted Ranch Potatoes  
 Baked Beans  
 Frozen Strawberries  
 100% Juice

**29**  
*No School*  
*Professional*  
*Development Day*

- All daily and alternative meals include a minimum of 2 oz protein, 2 oz whole grains, fruit, vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Available daily: Chef Salad, Deli Sandwich, Pizza, Pasta, Hot Sandwiches & Wraps
- Menu subject to change as needed.
- WG=Whole Grain, WW=Whole Wheat
- Please contact Becky Fowler, Director of School Nutrition, [becky.fowler@stoningtonschools.org](mailto:becky.fowler@stoningtonschools.org) or (860) 599-0766 with any questions or to discuss meal modifications

