



4ND ANNUAL 2019 BLUE & GOLD 5K FUN RUN

Sunday, May 5, 2019

Registration begins at 8:30 a.m. Van Why Field
Kiddie Dash-9:15 a.m.
5K Race - 10:00 a.m.
The Gilbert School Cross Country Course

In conjunction with the Blue & Gold golf tournament, proceeds to support the student-athletes of The Gilbert School.

Entry Fees: 5K - \$25 Pre-registered by May 1; \$30 after & day of race; (non-refundable)
Students 18 and under - \$15 Pre- registered by May 1; \$20 after and day of the race. Gilbert students: \$10

Kiddie Dash - \$5 Ages 2-11 (Ribbons for all participants) - ¼ mile dash

Awards: Top M/F for each age group: 12 and under, 13-19, 20-29, 30-39, 40-49, and 50 and older; top M/F Gilbert student; top M/F Gilbert faculty member; prizes for all Kiddie Dash participants.
Best Blue and Gold Outfit - Best Race Costume -

*Fruit and water will be provided for after the race.

Course: The Gilbert School cross country course

Contact: Please send your check and registration to **Gilbert Athletics Department, 200 Williams Ave, Winsted, CT 06098**. Please contact AD Donny Crossman crossmand@gilbertschool.org if you have any questions.



Charlotte Hungerford Hospital

Proud Sponsor for Gilbert Athletics – Go Yellowjackets!

Name: _____ Tel. # _____ E-mail _____

Address: _____ City/State _____ Zip _____

Age: _____ M/F _____ Circle One: 5K Kiddie Dash

I know that running a road race is a potentially hazardous activity and that I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running in this event. Having read this waiver and knowing these facts and in consideration of accepting my entry, I and anyone entitled to act on my behalf, waive and release the The Gilbert School and the Gilbert Athletics department, all race volunteers and all sponsors, their representatives, employees and successors from any claims and liabilities of any kind arising out of my participation in this event or carelessness of the persons named in the waiver. Further, I grant to all of the foregoing the right to use any photographs, motion pictures, recordings or any other record of this event for legitimate purposes.

Signature (If under 18-parent/guardian) _____ Date _____