

TRIP TO:**DANES HILL SCHOOL****TRIP ORGANISED BY:****DATE:****RISK ASSESSMENT – DIABETES SUFFERER****YEAR GROUP:**

THIS POLICY APPLIES TO THE MAIN SCHOOL, THE EARLY YEARS FOUNDATION STAGE AND THE PRE-PREPARATORY SCHOOL

HAZARD (Situation or activity to be undertaken)	POTENTIAL RISK	RISK RATING A=High B=Medium C=Low	LIKELIHOOD 1=High 2=Medium 3=Low	PREVENTION (Action taken to control potential risk/hazard)
Hypoglycaemic – low blood sugar (Test result below 4)	Loses concentration, shakiness, anxiety, irritability leading to losing consciousness	A	2	Regular tests before meals and at bedtime – 4 times a day or more often if required. Insulin Injections as required. High glucose snacks should be carried at all time and taken when required, followed by complex carbohydrate such as cereal bar/raison, biscuits. Call ambulance if begins to lose conscious.
Hypoglycaemic – high levels (Test result above 20)	Unwell leading to fitting	A	2	Regular tests, reminders about insulin injections. Happens over a numbers of days so extremely unlikely – call ambulance if necessary.
Regular imbalance of levels	Feeling constantly unwell	A	2	Contact parents for advice and medical advice
Diet	High or low levels	A	2	Balanced diet as advised by parents – regular checks at meal times. Advance information of menus and portions must be given to parents in advance of trip.
Virus/other illness	Health – blood sugar levels	A	3	Contact parents/seek medical advice if he/she shows any signs of an illness
Overheating	Health – blood sugar levels	B	3	Sunhat and shade when possible/ keep hydrated plenty of fluids
All activities	Health – blood sugar levels	A	2	Bag must be carried at all times containing insulin, tests and snacks. A spare must be kept by member of staff in charge of child.

Date: 25 January 2019

To be reviewed: February 2020