

Youth Support Groups

Archway Youth Service Center

2660 Lincoln Avenue, Ogden, UT 84401, Open 24 hours

801-778-6500

Crisis interventions to strengthen young lives by providing youth and families individualized services to safely thrive in their home, school and community. Short term youth respite/shelter care, crisis intervention and counseling, services for runaway and homeless youth.

<https://jjs.utah.gov/about-us/research-reports-2>

Aspire

801-525-4645

Aspire offers a wide range of mental health counseling services including individual [adults, adolescents & children] and family therapy, play therapy and marriage/ couple therapy. We also offer support groups and classes, including, Life Skills and Body Image/Eating Disorder Groups.

<http://aspireut.com/>

Boys & Girls Club of Weber/Davis

801-627-2071

Growing up in today's world isn't easy. For many kids in our community it's tougher than you might think. Thankfully, we can help our youth by providing positive alternative to crime, gangs and drugs. Learn about what we do, and why we do it.

<http://bgcweberdavis.org/>

Communities that Care, Davis Chapter

801-298-6049

Bountiful Communities That Care is a coalition-based non-profit organization which promotes the health and well being of young people in our community. Share, Care, and Be Aware!

<https://www.facebook.com/bountifulctc>

Davis Behavioral Health

801-546-1168

Private non-profit corporation providing behavioral health services to residents of Davis County. Unlike other behavioral health providers, Davis Behavioral Health serves people who cannot afford to pay and who otherwise may not receive help.

<http://www.dbhutah.org/>

Youth Support Groups

Encircle

Encircle seeks to deepen and enrich the conversation among communities of faith and LGBTQ+ people. By teaching individuals to love themselves and empowering families, Encircle helps cultivate an environment where LGBTQ+ individuals can thrive. Our programs and services meet people wherever they are in their lives with cultural competency and sensitivity, using community partnerships, best practices, and innovative techniques.

<https://encircletogether.org/>

Family Summit Center for Grieving Children

801-476-1127

Support center for children who are grieving the loss of someone they love because of divorce or separation in the family or because of the death of a loved one. We also have support groups for children in foster care.

<http://www.familysummit.org/>

Hope After Divorce

Our mission is to support, educate, guide, and help those facing divorce, grief and loss. When parents are given the tools and support needed to heal from divorce, children, families, schools and communities are able to heal.

<http://hopeafterhealing.com>

Life Line for Youth

855-968-8443

Family focused, residential treatment program that creates positive change using an evidenced based, therapeutic community model and is strongly supported by empirical research. A multi-disciplinary team approach integrates education, individualized treatment planning, individual, group and family therapy, health and nutrition, recreational activities, and a structured aftercare / transition program.

<http://lifelineforyouth.com/>

Matt's Place

801-614-8400

Matt's Place will assist families and individuals ages 3–21 work through challenging behavioral disorders in a Day Treatment setting, Intensive Outpatient Program, therapeutic after school program, or group therapies. We offer older adolescents and young adults Social and Life Skill activities on and off site.

<https://mattsplace.org/>

Youth Support Groups

N.U. Hope

801-387-7750

The Northern Utah Hope task force is an active coalition of mental health/social service providers, educators, survivors, law enforcement, veteran's advocates, and concerned citizens working together to increase suicide awareness and prevention.

<http://nuhopeutah.org/>

Neurobehavioral Center for Growth

801-683-1062

The Neurobehavioral Center for Growth offers services focused on fostering each child, teen or young adult's development. Whether our team clarifies the diagnosis or you come in knowing what the problem is, the most important step is knowing what to do next. We provide the most effective evidence based interventions. Treatments include mental health therapies, behavioral therapy, Applied Behavioral Analysis, parent training, educational (including Special Education) consultation, social skills training, and intensive reading tutoring. We also have a variety of parent and child groups and a LGBTQ Support Group.

<https://www.neurobcg.com/resources>

OUTreach Resource Center

Non-profit youth resource center for LGBTQ+ dedicated to transforming communities and saving lives through comprehensive programming, community advocacy, and training designed to promote positive outcomes for underserved populations. We provide programs and services to more than 500 youth each year, addressing the needs of underserved youth at three levels: prevention, intervention and crisis response.

<https://www.facebook.com/outreachutah/>

Safe Harbor

801-444-3191

Safe Harbor offers Support Groups for those experiencing domestic violence and sexual assault. Participants do NOT need to be residents of the shelter to attend. The educational and supportive groups are specific to domestic violence or sexual assault. We also offer groups specifically for children who have been exposed to domestic violence to help children communicate their feelings and develop coping and conflict resolution skills

<https://safeharborhope.org/supportgroups.html>

Utah Pride Center

Utah Pride unites, empowers and celebrates Utah's diverse LGBTQ+ community by providing a safe and welcoming space for education, partnerships, services and events which advance our collective health, wellness and success.

<https://utahpridecenter.org/>

Youth Support Groups

Volunteers of America

*Youth Resource Center: 888 South 400 West, Salt Lake City, UT 84101, Open 24/7
801-364-0744*

Through our Street Outreach program, we're able to gain the trust of youth and offer much-needed services at VOA's Youth Resource Center for homeless teens. We offer emergency shelter beds, 24/7 assistance, three meals a day and free legal services through our Homeless Youth Legal Clinic. And, programming dedicated to education assistance, job training, counseling, and volunteer-run groups.

<https://www.voaut.org/homeless-teen-services>

West Ridge Academy

801-282-1000

All-encompassing program designed to heal families, it exists to create an environment of real change for future generations. We provide lasting solutions through comprehensive mental health services for youth and their families. Formerly known as Utah Boys Ranch, we have expanded our services to include outpatient therapy, day treatment, and separate residential campuses for boys and girls.

<http://www.westridgeacademy.com/>

Youth Futures Ogden Homeless Shelter

801-528-1214

Located in the heart of downtown Ogden, Youth Futures opened a homeless youth shelter with 14 temporary overnight shelter beds and day-time drop-in services to youth. Youth receive intensive case management to assist them in becoming either re-united with family or able to be self-sufficient and contributing members of our community.

<http://yfut.org/#home>