



LUNCH MENU

Week Commencing 04.03.2019

	Monday	PASTA Tuesday	BRAZILIAN Wednesday	Thursday	Friday
<b>Soup of the Day</b>	<i>Courgette &amp; Cream</i>		<i>Black Bean Soup</i>		<i>Classic Tomato</i>
<b>Starter Bread</b>	<i>A wide selection of homemade salads are available from the Salad'Bar</i>				
	<i>Freshly Home Baked Bread daily</i>				
<b>International</b>	<i>Oriental Diced Beef Stew</i>	<i>Classic beef Bolognese</i>	<i>Chicken In Coconut Milk</i>	<i>Beef Sausage &amp; curry Sauce</i>	<i>Macaroni and cheese</i>
<b>Traditional</b>	<i>Pork Chop &amp; Mustard Sauce</i>	<i>Classic Carbonara</i>	<i>Moqueca Baiana (fish)</i>	<i>Diced Pork Stew</i>	<i>Roast Turkey in Gravy</i>
<b>Vegetarian</b>	<i>Vegetable Beignet</i>	<i>Classic Arabiata</i>	<i>Vegetarian Feijoada</i>	<i>Mushroom Cake</i>	<i>Vegan Spring Rolls</i>
<b>On the Side</b>	<i>Couscous Green Beans &amp; Garlic</i>	<i>Pasta Roast Vegetables</i>	<i>White Rice Repolho Roxo Refogado</i>	<i>Lentils Steamed Carrots</i>	<i>Roast Potatoes &amp; Herbs Peas &amp; Sweet corn</i>
<b>Cheeseboard</b>	<i>A selection of Continental Cheeses</i>				
<b>Dessert</b>	<i>Mousse Aux Agrumes</i>	<i>Pear &amp; Vanilla Cake</i>	<i>Apple &amp; coconut Compote</i>	<i>Ginger &amp; Banana Cake</i>	<i>Fruit Jelly</i>
<b>Yoghurt &amp; Fruit</b>	<i>A selection of Homemade Yoghurt, dessert pots and Fruits pots , plus Whole Seasonal Fresh Fruit</i>				