



Hawk Herald

Dec/Jan Edition

Arrowhead Elementary School

December 7, 2018

Dear Arrowhead Families,

What a joy to see so many families on campus during conference time. Please continue to communicate and partner with your child's teachers so that we are working together to help students feel supported, challenged, and known.

With the frosty weather the parking lot, sidewalks and playgrounds of our school can be icy and slippery. Our custodians de-ice in the morning, but please take care. Please let the front office know if there is a patch of ice that hasn't been taken care of.

If your child plays on the playground after school, please pay attention to their safety. Some students have reported feeling unsafe with the games that are played after school during parent-supervised time. Please supervise your child both to ensure your child's safety with the icy equipment and ground and to keep an eye on the games being played. Our expectations during school hours are that children include others, respect each other's words if someone says, "Stop," or "No," and refrain from physical wrestling, pushing, or unwanted touching. Chase games seem to be particularly problematic, and are a good thing to watch to ensure the child being chased wants to be.

The two-week break coming up is a wonderful time to be together as a family, but it's also a delicious opportunity to READ. Arrowhead staff are excited for long cozy days spent with a good book, and so are many students. My father was a voracious reader whose "brain break" from law was Louis L'Amour books. He read them by the stack. He instilled in my siblings and me a belief that we should read everything and anything – nothing was beyond or below us. As an educator I believe there is reading that is "work," where we build our muscles for analysis, language, and our understanding of the craft of writing. There is also reading that is "pleasure." Over break, please give your child time and materials for pleasurable reading. Learning to love reading as entertainment will create a lifelong habit. We are looking forward to learning about their winter break activities and adventures when we return to school on Wednesday the 2nd of January. The winter solstice is Friday, December 21st. It will feel good when the days start getting longer!

Please join the PTA if you haven't already! As you know, my goal is that we reach 100% participation. Being a member of the PTA gives you access to a strong community of families who actively support Arrowhead. The next PTA meeting is Tuesday, January 8th. Henry Simon, our district's Director of Safety and Security, will join us to hear parent concerns and fill us in on what NSD is doing to ensure student safety. As always, everyone is welcome at PTA meetings regardless of membership status.

On behalf of the staff, I would like to thank you for all you do to support your child's learning, the teachers and the entire school. We extend our heartfelt wishes to each of you for a most enjoyable winter break and spending time with family and friends.

Warm wishes,

Kristin Bailey



Calendar

12/11 3rd Grade Music Performance-Gym, 7:00 PM
 12/18 – 1/1/19 Winter Vacation – No School
 1/2/19 Back to School, Happy New Year!
 1/4 PTA Popcorn Friday
 1/8 PTA Meeting – Arrowhead Library 6:15 PM
 1/11 Multi-Cultural Event – Gym, 6:30PM
 1/18 Martin Luther King Jr. Assembly 10:15 AM
 1/21 NO SCHOOL – Martin Luther King Jr. Day
 1/25 Hawk Family Fitness Night 7:00PM
 1/25 Last Day of Semester 1
 1/28 NO SCHOOL – Non-Student Day
 1/29-2/2 MCT Week- Gulliver's Travels
 2/2 MCT Performances- 3:00 PM and 7:00 PM-Bastyr University

December Reminders:

12/12 – 2:20 PM Wednesday Early Dismissal

January Reminders:

1/21 - No School – Martin Luther King Jr. Holiday

1/28 – No School – Non-Student Day

Help for the Holidays

If your family is in need of any help this holiday season with food or gifts, please see the last page of this newsletter for a list of resources in our area. Most organizations are currently registering families for holiday giving programs as well as many other types of assistance. All inquiries are confidential. Please stop by the office or health room, or call Nurse Anne directly at: 425-408-4006.

Yearbooks

Look for order forms coming home with your student in late January.

The office will be accepting orders beginning January 29th through February 15th.

Cost is \$15.00 each.

Yearbooks are distributed in June for those who purchase by February 15th. There are a very limited number for sale in June at a cost of \$17.00 each. Order early to guarantee your student gets one!



Early Pick-Up and After School Plans

If it is necessary for you to pick your child up early from school, please come to the Main Office to sign him/her out.

- Please do not go directly to the classroom. He or she will be called to the office to meet you.
- Teachers also appreciate a note sent to school in the morning, so that they are expecting the office's call.
- After school plans need to be made at home – not during the school day. Please make arrangements ahead of time.
- Student will not be dismissed early or release to anyone other than their parent, guardian, or parent approved appointee without prior arrangement with school office personnel. It is also extremely helpful if the designated adult is familiar with our dismissal procedures.



Lost and Found

As our weather becomes colder, our lost and found rack is becoming fuller. If you are missing jackets, hats, mittens, etc...please check the school's lost and found rack located in front of the library entrance. Putting your student's name clearly in all outerwear and on water bottles is also helpful.

Highly Capable Eligibility Process

Details regarding Northshore School District's 2019-2020 Highly Capable Eligibility Process are now available. To obtain comprehensive information regarding the specific process for each grade level, please visit Northshore's district website, Highly Capable Program.

<https://www1.nsd.org/schools/programs-services/highly-capable-services>

Below is the tentative eligibility process timeline, subject to district review, approval and purchase process of identified testing tools. Screening, step one, will begin in late November. All students are included in the screening process. Elementary schools are identifying NNAT3 administration dates and those dates will soon be posted on the HiCap website. There is no registration or nomination process.

Date Event

November 19 – December 18, 2018 Screening

January 2019 Assessment

February 1 - 8, 2019 Multidisciplinary Selection Team (MST), Qualification Decisions

February 1 - 25, 2019 Parent Notification of Qualification: Acceptance of Services & Appeal Submission Window

February 26 - 28, 2019 Appeals Review by MST

March 4 - 8, 2019 Qualification Communication to Administrators

Kindergarten qualification is for services beginning February 2019.

Grades 1-12 qualification is for services beginning Fall 2019.

Information regarding this year's process is posted on Northshore's HiCap website. To access information regarding screening and assessment:

- Go to: www.nsd.org, In Our Schools, Programs and Services, Highly Capable Services
- Click on Eligibility and Testing for an overview and timeline of this year's process.
- Click on Eligibility and Testing, Current Students for the process at each grade level.
- Click on Eligibility and Testing, Instruments for descriptions of tools used.

This year all eligibility information will be shared by email, as well as student's backpack mail. Therefore, this is a great time to make sure your contact information is up to date. You can do this online through [ParentVue](#) or by contacting the main office at your student's school.

Music Notes...



VETERANS DAY ASSEMBLY

Arrowhead Elementary knows how to put on a Veterans Day Assembly! This year we held one assembly, which featured the vocal talents of our fifth grade students, as well as a moving tribute to our honored guests. By singing patriotic songs and sharing historical details, Arrowhead students had the opportunity to express their admiration and appreciation. How fortunate we are to have a student body that understands and values the sacrifices Veterans have made on our behalf.

MARTIN LUTHER KING ASSEMBLY

Friday, January 18th at 10:15 AM the assembly honoring Dr. Martin Luther King will be held in the Gym. The program will consist of singing, audience participation, classroom presentations and marimbas.

Thank you for supporting your student and for attending our fun music events!

Kelly Webb

Book Fair Thank You

A HUGE thank you to the whole Arrowhead community who once again came out and enjoyed this year's Scholastic Book Fair. Thanks to the volunteers, many of them new to the Book Fair, who filled in the large shoes of so many long-time volunteers who have taken on new roles at the middle school.

We were very successful and look forward to purchasing books for your students to support curriculum, add to favorite series, introduce the newest and best and tailor purchases to their interests and needs. If you have paid for books but not yet received them, they will be delivered to the classroom when they arrive from Scholastic.

A big thanks goes to our fabulous book fair chair, Jennifer Berg, she truly goes an extra marathon mile enabling our book fair to be so successful.

Thank you also to Elin Via and all the many book fair volunteers who manage the chaos and fun of kids and families searching for books, ringing up the long lines at the cash registers and then clean-up to do it all over again the next day! I can't begin to thank you for bravely walking into the fray! Thank you all!

Birthday Book Club

Would your child like to donate a book to the Arrowhead library in honor of their birthday? Then join the Birthday Book Club for students to donate a book in honor of their birthday or other significant event. Although you may purchase a book at the store of your choice, Mrs. Sepessy keeps several lists of books on Amazon divided into: Fiction, Non-Fiction, Bridge, MakerSpace, Graphics and Picture Books/Early Readers. A special Bookplate will be posted inside each donated Birthday book and the student or someone from the class will have first chance to check it out. I can't keep up with all the great new books so just ask Mrs. Sepessy if your student wants to purchase a book that is not on the lists. If you sign up for Amazon Smile a small percentage of your purchase will be sent to the Arrowhead PTA. You can search Amazon for Lona Sepessy for the book lists or find the lists at: https://smile.amazon.com/gp/registry/wishlist/GDDVRMLZ9Y8N/ref=nav_wishlist_lists_1

Thanks for supporting your Hawk's Library and the Arrowhead PTA
Contact Mrs. Sepessy with questions at lsepessy@nsd.org

2018-2019 Snow/Ice/Emergency Bulletin

Emergencies such as inclement weather, power outages and hazardous road conditions can alter school schedules and affect bus transportation. The decision to close or delay schools is made by the superintendent as early as possible, usually around 5:30 a.m. Early dismissals will occur only if delay in dismissal significantly increases hazards. In the event an early dismissal is required, it is important that you have a plan for your student.

The decision to close schools or delay start times will be announced on flashalert.net, most radio and television stations and the district website. Families will be notified using the district's emergency messaging systems and mobile app. You may also call the district information line at 425.408.6001, beginning at 6 a.m., for school closure information.

Emergency make up days will be added to the end of the school year.

If "Northshore School District #417" is not mentioned during the newscast, it means schools are open, with buses operating as normally as possible. If Northshore is mentioned, one of the following situations will be announced:

1. **"2 hours late, normal bus routes"** means:

- Buses start 2 hours late on normal routes
- School starts 2 hours late with regular dismissal time
- All partial programs cancelled
- No Sorenson Early Childhood Center, Head Start or preschool/pre-k
- No out-of-district transportation
- No elementary band/orchestra, zero-period, or Career and Technical Education (CTE)

2. **"2 hours late, snow (limited or alternate) bus routes"** means:

- Buses start 2 hours late on snow routes. Visit the Transportation website to find snow routes.
- School starts 2 hours late with regular dismissal time
- All partial programs cancelled
- No Sorenson Early Childhood Center, Head Start or preschool/pre-k
- No out-of-district transportation
- No elementary band/orchestra, zero-period, or Career and Technical Education (CTE)

3. **"On time, snow (limited or alternate) bus routes"** means:

- Buses start at normal time on snow (limited or alternate) routes. Visit the Transportation website to find snow routes.

4. **"Closed"** means:

- All district schools closed
- No after-school/evening activities, athletics or band/orchestra

Snow (limited or alternate) bus route locations are available on the Transportation website, nsd.org/bus, or by contacting the Transportation Department, 425.408.7900.

Changing conditions may cause the district to alter the status of school. Listen to radio and television for the latest information.

When to Stay Home From School

If your student becomes ill it is sometimes hard to determine if he/she should stay home. Here are a few tips to help you make the best decision. If you are still not sure, please don't hesitate to call Nurse Anne at 425-408-4006.

PLEASE DO NOT SEND MEDICATION OF ANY KIND TO SCHOOL WITH YOUR CHILD. This includes over-the-counter products also such as cough drops, Tylenol, or Ibuprofen. Click for the Northshore School District guidelines. [Medication policy.](#)

Fever: A temperature taken orally, that is over 100 degrees Fahrenheit, is considered a fever. **Children should be fever-free for at least 24 hours (without fever reducing medication such as Tylenol or Advil) before sending them to school.**

Vomiting/Diarrhea: Anytime a child vomits or has diarrhea, he/she needs to be isolated from other children for 24 hours. If your child vomits in the night, keep him/her home from school the following day and until they are symptom free for 24 hours.

Colds: A runny nose by itself is not necessarily cause to keep your child home. However, if your student cannot manage their nasal drainage, or the runny nose is accompanied by a headache, nausea or the child is too tired to concentrate on schoolwork, he/she is probably too ill to come to school.

Strep Throat: Strep throat is a sore throat caused by streptococcal bacteria. A diagnosis of strep throat is done by a throat culture by your healthcare provider. The treatment for strep is antibiotics. **A child may return to school after being on antibiotic treatment for at least 24 hours and when all symptoms (including fever) are gone.**

Good health habits are our best defense against winter illness. This includes getting enough sleep, proper nutrition, and hand washing, as well as staying up to date on immunizations and flu shots. Also, **please be honest with your child's friends – do not invite friends over if your children are sick or still recovering from illness, and limit sleepovers with playmates.**

****It is critical for the health of our whole community, including our staff, that you limit exposure of illness to others. Thank you in advance for making this a priority over the temporary disappointment your child may experience due to missing a party or special event. ****

A Quick Note about Head Lice...

No one likes to talk about it, but please let Nurse Anne know if your student has (or had) head lice. A student can return to school once treated and they have a brief check in with the nurse, they do not need to be "nit-free", but you must continue to comb through and check hair daily for a couple weeks to be sure all nits are completely gone. If you would like a tutorial on how to do this, please stop by or call Nurse Anne. In colder weather when students bundle up more and wear hats it can easily go unnoticed, but you should check your students head at least monthly. Also, as always, students should never share hats, combs or brushes, and be honest with your children's friends and playmates if you have found head lice at your house. This limits exposure to others in our community. Thank you!

Interpreter/Translation Services for Parents

Your child's education is very important. As the parent/guardian of a Northshore student, you have the right to participate in your child's education, including communicating with teachers and staff about your child. Northshore offers interpreter and translation services to parents free of charge. We encourage you to tell someone at your child's school if you need an interpreter or a translation. Please contact your school office or Sue Moeller at 425-408-7723 if you have any questions or concerns about Northshore's language services.

孩子的教育非常重要。作为 Northshore 学校学生的父母/监护人，您有权参与您孩子的教育，包括与学校教职人员就您孩子的各方面情况进行沟通。Northshore 学校向家长免费提供口译和笔译服务。如果您需要翻译服务，我们鼓励您告诉孩子所在学校的相关人员。如对 Northshore 语言服务有任何问题，请与学校办事 处或 Sue Moeller 联系，电话：425-408-7723。

귀자녀의 교육은 매우 중요합니다. Northshore 학생의 부모/후견인으로서 귀하에게는 자녀에 대해 교사 및 직원과의 의견을 나누는 등 자녀 교육에 참여할 권리가 있습니다. Northshore는 학부모에게 통역 및 번역 서비스를 무료로 제공합니다. 통역 또는 번역이 필요한 경우에는 자녀 학교의 교직원에게 말씀해 주시기 바랍니다. Northshore의 언어 서비스에 대한 질문 또는 관심 사항이 있는 경우에는 교무실 또는 Sue Moeller에게 425-408-7723으로 연락해 주십시오.

Образование вашего ребенка имеет большое значение. Являясь родителем / опекуном ученика округа Northshore, вы имеете право на участие в его образовании, в том числе на общение с учителями и персоналом школы по вопросам, касающимся вашего ребенка. Школьный округ Northshore предлагает родителям бесплатные услуги устного и письменного перевода. Если вам требуется помощь устного или письменного переводчика, сообщите об этом кому-либо из персонала школы, в которой учится ваш ребенок. Свяжитесь с администрацией школы или со Sue Moeller по телефону 425-408-7723, если у вас возникнут какие-либо вопросы или трудности со службой переводов Northshore.

Sự giáo dục của con quý vị là rất quan trọng. Là phụ huynh/người giám hộ của học sinh Northshore, quý vị có quyền tham gia chương trình giáo dục của con mình, gồm có việc liên lạc với giáo viên và nhân viên liên quan đến con quý vị. Northshore cung cấp dịch vụ thông dịch và biên dịch miễn phí cho phụ huynh. Chúng tôi khuyến khích quý vị nên thông báo cho một nhân viên tại trường học của con quý vị nếu quý vị cần thông dịch viên hoặc tài liệu dịch. Vui lòng liên hệ văn phòng nhà trường hoặc Sue Moeller qua số 425-408-7723 nếu quý vị có bất kỳ thắc mắc hay quan ngại nào về các dịch vụ ngôn ngữ của Northshore.

La educación de su hijo(a) es muy importante. Como padre/tutor de un alumno de Northshore, usted tiene derecho a participar en la educación de su hijo(a), esto incluye comunicarse con los profesores y el personal para hablar sobre su hijo(a). Northshore ofrece servicios de traducción e interpretación sin costo para los padres. Si usted necesita un intérprete o una traducción por favor coméntelo con alguien de la escuela donde estudia su hijo(a). Por favor contacte a la dirección de la escuela o a Sue Moeller al 425-408-7723 si tiene preguntas o inquietudes relacionadas con los servicios de traducción e interpretación de Northshore.

★Holiday Assistance 2018★
Community Resources

★Hopelink

Address: 11011 120th Ave NE, Kirkland, WA 98033

Phone:(425) 889-7880; **Hours:** Friday 8:30 am – 5:00 pm

****Holiday Gift Rooms - For ages birth through 18.**

<https://www.hopelink.org/need-help/holiday-gift-rooms>

*** Regalos para los días festivos: Para edades desde el nacimiento hasta los 18 años*

<https://www.hopelink.org/need-help/holiday-gift-rooms>

★Northshore YMCA

11811 NE 195th ST

Bothell, WA 98011

425-486-7757

ymcanorthshore.org

Provides holiday meal baskets for underserved families in the community.

★Helping Hands Ministries

Thrift Store: 19213 Bothell-Everett Hwy 425-481-6682 Open 10-7

Home Store: 17428 State Rt. 9, Snohomish 360-863-3027 Open 11-6

Gently used and new clothing, toys, books, household items, furniture

\$25 vouchers available from your school nurse.

Ropa nueva y ligeramente usada, juguetes, libros, objetos de hogar, muebles

Se puede obtener cupones de \$25 de la enfermera de su escuela.

★Christmas House (Snohomish County Residents Only)

Address: Everett Boys and Girls Club, 2316 12th Street, Everett, WA 98201

Phone: 425-338-2273 www.christmas-house.org/shop/

Holiday Gifts – No advance registration, admission is by number.

Christmas House provides an opportunity for qualifying, low-income, Snohomish County parents to select free holiday gifts for their children age infant - 18 yrs old.

Numbers will be passed out daily Nov. 29- Dec. 16 starting at 6:30 a.m. until one hour before closing time or until the numbers are gone, whichever occurs first. To qualify to shop at Christmas House, you must:

- be a resident of Snohomish County,
- have children aged 18 or younger living in your custody, have a household income at or below 150% of the poverty level, as defined by the United States Department of Health and Human Services ([View 2018 Income Chart](#)).
- ID, proof of spouse/significant other living in household, proof of income, proof of child custody and Snohomish County residency are required.

Friends of Youth Safe Place Program- Provides 24/7 support for youth looking for a place to go, even Thanksgiving Eve and Christmas morning. Youth need to call 1(800)422-TEEN, go to any Safe Place community partner location, or get on a Metro Bus.
