



**Everyday Options:
BREAKFAST MEAL COMBO**
Choose at least 3 of the following
***Must include choice of fruit**

1. **Grains:** Cold Cereals, Cereal Bars, & Muffins
2. **Protein:** Yogurt Cups, Cheese Sticks, Hard Boiled Eggs
3. **Milk:** Fat-Free Flavored and Unflavored Milk and 1% Unflavored Milk
4. **Fruit:** Fresh Apples, Oranges, Bananas, & More!

Make it a Meal!

Create a Breakfast Combo with our daily options listed on the left, OR choose from one of the daily entrée specials listed below and add a fruit.

**Milk, 100% Fruit Juice and Fresh Fruit come with all meals and are served every day.*

Daily Specials:

**All entrées include fruit and a choice of fat-free or low-fat milk*

Monday:

Egg & Cheese Breakfast Sandwich on Whole Grain English Muffin
Yogurt Parfait with Fruit & Granola
Plain or Cinnamon Raisin Bagel with Cream Cheese

Tuesday:

Egg, Ham & Cheese Wrap on Whole Grain Tortilla
Yogurt Parfait with Fruit & Granola
Plain or Cinnamon Raisin Bagel with Cream Cheese

Wednesday:

Egg, Turkey Sausage & Cheese Sandwich on a Whole Grain English Muffin
Yogurt Parfait with Fruit & Granola
Plain or Cinnamon Raisin Bagel with Cream Cheese

Thursday:

Egg, Turkey Bacon & Cheese Sandwich on a Whole Grain English Muffin
Yogurt Parfait with Fruit & Granola
Plain or Cinnamon Raisin Bagel with Cream Cheese

Friday

Egg & Cheese Sandwich on a Whole Grain Biscuit
Yogurt Parfait with Fruit & Granola
Plain or Cinnamon Raisin Bagel with Cream Cheese

Free and Reduced Applications are available at your school office, or call the Food Service Office at 248-823-5089

Breakfast Menu Pricing:
Student Breakfast Price: \$1.65
Reduced Breakfast Price: \$0.30