

EFFECTIVE SCHOOL SOLUTIONS

**Comprehensive In-District
Therapeutic Services in
the Madison School District.**

ESS MISSION

- The mission of ESS is to build a comprehensive continuum of clinical services for students with emotional and behavioral problems at Daniel Hand High School and Polson Middle School. These services will ensure that almost all of these students can be retained and educated within the Madison school system and benefit from the academic, social and extra-curricular opportunities.

ESS CLINICAL SERVICES

- The basic clinical regimen includes daily group therapy, weekly individual therapy, regular family therapy, a monthly parent support program, distribution of *Solutions*, the ESS parent newsletter, and crisis intervention as needed. ESS staff also assists ESS students with their academics in learning centers when indicated.
- ESS also has a “pre-wraparound” track for students at Daniel Hand High School or Polson Middle School with severe/disabling anxiety and school avoidance. These students are working with the clinicians individually and in family therapy, developing skills to increase their distress tolerance. The goal is to help them gain sufficient comfort and coping skills that they can join the daily group.

ON-GOING COORDINATION ACTIVITIES

- There are bi-weekly administrative meetings with school staff, ESS clinicians, and Regional Director to review ESS students, insuring proper coordination of educational activities and clinical mental health services.



PROFESSIONAL DEVELOPMENT ACTIVITIES

- ESS Staff has provided multiple professional developments to the Madison Public Schools over the past few years.
- ESS has distributed on a monthly basis, *Insights*, a newsletter for teaching professionals working with students with emotional and behavioral problems.
- ESS offers regional professional developments throughout the school year which is free for Madison Public School Staff.