

Monday

Tuesday

Wednesday

Thursday

Friday

Join us for National School Breakfast Week!

March 4th – March 8th

Banana Bread Wedge **1**
(Whole Grain)
Fresh Banana
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Whole Grain Cereal **4**
Non-Fat Yogurt
Cinnamon Applesauce
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Chicken Sausage, Egg, and **5**
Cheese on a WG Croissant
Apple Slices
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Fruit & Yogurt Parfait **6**
with Homemade Granola
Annie's Bunny Grahams
Diced Peaches
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Freshly Baked **7**
Blueberry Muffin
Fresh Mac Apple
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

No School Today 8

Professional Development Day

Eat Healthy & Stay Active!

Whole Grain Cereal **11**
Whole Grain Muffin
Raisins
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Freshly Baked **12**
Cinnamon Chip Muffin
Orange Wedges
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Egg & Cheese on a **13**
Whole Wheat Bagel
Diced Peaches
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Strawberry Scone **14**
String Cheese
Fresh Banana
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Whole Grain Cereal **15**
Non-Fat Yogurt
Diced Pears
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Whole Grain Cereal **18**
Whole Grain Muffin
Fresh Mac Apple
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Raspberry Cream **19**
Cheese Bar
Diced Peaches
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Banana Bread Wedge **20**
Applesauce Cup
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

French Toast Sticks **21**
Hash Brown Patty
Diced Pears
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Whole Wheat Bagel **22**
with WOW Butter
Fresh Banana
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Whole Grain Cereal **25**
Non-Fat Yogurt
Applesauce Cup
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Egg & Cheese on a **26**
Soft English Muffin
Diced Pears
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Whole Wheat Baked **27**
Cinnamon Roll
String Cheese
Fresh Florida Orange
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Fruit & Yogurt Parfait **28**
with Homemade Granola
Teddy Graham Crackers
Apple Slices
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Whole Grain Cereal **29**
Non-Fat Yogurt
Diced Peaches
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

ALL MEALS INCLUDE FRESH FAT-FREE FLAVORED OR LOW-FAT WHITE MILK!!

WG = WHOLE

GRAIN WW=WHOLE WHEAT

****MENU IS SUBJECT TO LAST-MINUTE CHANGE****

WE PROUDLY SERVE LOCALLY GROWN FRUITS & VEGETABLES

