

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Cherry Blossom Chicken **1**  
Seasoned Brown Rice  
Whole Wheat Breadstick  
Stir Fry Veggies  
Assorted Veggies Cup  
Fresh Mac Apple

**No School Today!** **8**

**Professional Development Day**

**Stay active & eat healthy!**

Buffalo Chicken Mac & Cheese **15**  
with Garlic Toast  
Crispy Caesar Salad  
Assorted Veggies Cup  
Ice Cream Sandwich  
Fresh Florida Orange

Chicken & Cheese **22**  
Quesadilla with Salsa & Sour Cream  
Brown Rice with Black Beans  
Roasted Chickpeas  
Assorted Veggies Cup  
Flame Roasted Cinnamon Apples

BBQ Pulled Turkey **29**  
on a Soft Croissant  
Ranch Seasoned Potato Wedges  
Buffalo Roasted Cauliflower  
Florida Orange Wedges

Pepperoni Pizza **7**  
Mesclun Salad with  
Chickpeas, Tomatoes & Cukes  
Assorted Veggies Cup  
Hummus  
Fresh Pear

Cheese Pizza **14**  
Spinach Salad with Peppers,  
Cukes, Tomato & Chickpeas  
Assorted Veggies Cup  
Hummus  
Fresh Banana

Pepperoni or  
Cheese Pizza **21**  
Crispy Caesar Salad  
Baby Carrots  
Hummus  
Seedless Grapes

Cheese Pizza **28**  
Spinach Salad with Strawberries  
Our Own Honey Mustard Dressing  
Assorted Veggies Cup  
Hummus  
Apple Slices

Beef & Cheese Nachos **6**  
with Lettuce, Tomato & Salsa  
Brown Rice & Black Beans  
Cauliflower Cup  
Assorted Veggies Cup  
Fresh Cut Strawberries

BBQ Teriyaki Chicken and **13**  
Pineapple over Veggie Fried Rice  
Garlic Knot  
Turmeric Roasted Cauliflower  
Assorted Veggies Cup  
Sliced Peaches

Fresh Roasted Turkey **20**  
with Gravy  
Wheat Dinner Roll  
Cranberry Sauce  
Mashed Potatoes, Seasoned Corn  
Assorted Veggies Cup  
Strawberry Applesauce

Pepperoni Calzone **27**  
Marinara Dipping Sauce  
Brown Rice  
Leafy Green Salad with Chickpeas  
Assorted Veggies Cup  
Fresh Cut Strawberries

BBQ Pulled Turkey **5**  
on a WG Kaiser Roll  
Dirty Rice and Black Beans  
Homemade Confetti Coleslaw  
Assorted Veggies Cup  
Seedless Grapes

Philly Cheesesteak Grinder **12**  
with Peppers & Onions  
Seasoned Potato Wedges  
Carrot Sticks  
Fresh Cut Strawberries

Grilled Pepperoni & Cheese **19**  
on Texas Toast  
Honey Dijon Pasta Salad with  
Broccoli  
Sweet Potato Fries  
Assorted Veggies Cup  
Seedless Grapes

Beef & Cheese Nachos **26**  
with Lettuce, Tomato & Salsa  
Spanish Rice  
Assorted Veggies Cup  
Carrot Sticks  
Mixed Fruit Cup

Turkey or Buffalo **4**  
Chicken Grinder  
with Lettuce, Tomato & Cheese  
Seasoned Potato Wedges  
Steamed Hawaiian Carrots  
Fresh Mac Apple

Chicken & Waffles **11**  
Served with Warm Syrup  
Cinnamon Roasted Carrots  
Assorted Veggies Cup  
Granny Smith Apple

Grilled Chicken Club **18**  
with Honey Mustard Sauce  
on a WG Kaiser Roll  
Roasted Red Potatoes  
Parmesan Roasted Green Beans  
Florida Orange Wedges

Teriyaki Chicken Dipper Wrap **25**  
with Lettuce & Smoked Gouda  
Bag of Cape Cod Chips  
Our Own 5-Bean Salad  
Assorted Veggies Cup  
Diced Pears

Alternate meals available daily: Salad with 2 Proteins (1 oz. meat, 1 oz. cheese, or 4 oz. yogurt) and 1 oz. WG bread or Sandwich with 2 Proteins

**\*\*ALL MEALS OFFERED WITH 8 OZ FAT FREE OR 1% REDUCED FAT MILK, ½ CUP FRUIT, ¼ CUP VEGETABLE\*\***

WG: Whole Grain WW: Whole Wheat

NOTE: MENU IS SUBJECT TO CHANGE

