

Monday

Tuesday

Wednesday

Thursday

Friday

Join us for National School Breakfast Week!

March 4th – March 8th

French Toast Sticks **1**
Non-Fat Yogurt
Fresh Banana
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Egg, Cheese & Ham **4**
on a Wheat Bagel
Freshly Cut Orange Wedges
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Warm Cinnamon Roll **5**
(Whole Grain Rich)
String Cheese
Mixed Fruit Cup
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Freshly Baked **6**
Cinnamon Muffin
Fresh Banana
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Egg & Cheese on **7**
a Whole Grain Croissant
Diced Peaches
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

No School Today! 8

**Professional
Development Day**

Stay Active & Eat Healthy

Whole Grain Cereal **11**
Non-Fat Yogurt
Peach Mango Applesauce
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Toasted Wheat Bagel **12**
with Cream Cheese
String Cheese
Orange Wedges
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Egg, Cheese & Ham **13**
on a
Whole Grain English Muffin
Diced Pears
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Egg & Cheese on a **14**
Whole Grain Croissant
Fresh Red Seedless Grapes
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Freshly Baked **15**
Chocolate Chip Muffin
Fresh Banana
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Whole Grain Cereal **18**
Non-Fat Yogurt
Apple Slices
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Raspberry Cream **19**
Cheese Bar
Diced Peaches
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Egg, Cheese & Sausage **20**
on a Wheat Bagel
Fresh Banana
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Freshly Baked **21**
Cinnamon Muffin
Freshly Sliced Orange Wedges
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

French Toast Sticks **22**
Non-Fat Yogurt
Fresh Granny Smith Apple
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Whole Grain Cereal **25**
Whole Grain Muffin
Strawberry Applesauce
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Fruit & Yogurt Parfait **26**
Annie's Bunny Grahams
Orange Wedges
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Freshly Baked **27**
Blueberry Muffin
Diced Pears
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Egg, Cheese & Ham **28**
on a Soft Roll
Sliced Peaches
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

Whole Wheat Bagel **29**
with WOW Butter
Sliced Bananas
100% Fruit Juice
Low-Fat/Non-Fat Milk Daily

ALL MEALS INCLUDE FRESH FAT-FREE FLAVORED OR LOW-FAT WHITE MILK & 1 CUP OF FRUIT

WG = WHOLE GRAIN

WW=WHOLE WHEAT

** MENU IS SUBJECT TO LAST-MINUTE CHANGE **

WE PROUDLY SERVE LOCALLY GROWN FRUITS & VEGETABLES

