



Parkland High School Lunch Menu March 2019

Monday

Tuesday

Wednesday

Thursday

Friday

<p>4 <i>The Main Events</i> turkey sausage patty yogurt <i>Sidelines</i> french toast sticks hash brown rounds</p>	<p>5 <i>The Main Events</i> chicken fajita cheeseburger on roll <i>Sidelines</i> steamed brown rice</p>	<p>6 <i>The Main Events</i> mac & cheese chicken patty sandwich <i>Sidelines</i> dinner roll</p>	<p>7 <i>The Main Events</i> chicken fryz hot dog on roll <i>Sidelines</i> pierogies baked beans</p>	<p>1 <i>The Main Events</i> meatball sub chicken patty sandwich <i>Sidelines</i> mini potato pancakes</p> <p>8 <i>The Main Events</i> cheesesteak on roll chicken nuggets <i>Sidelines</i> tater tots</p>
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Additional daily choices:

“The Main Event” include pizza, salad bar, pasta bar, sandwich, wraps, and PBJs
“Sidelines” include side salad bar, bagged carrots, steamed vegetable, and 3 different fruits choices

Lunch includes fruit and milk

Menu subject to change without prior notice

Prices:

Student @ \$2.85

Reduced @ \$.40

Adult @ \$3.85

Monday**Tuesday****Wednesday****Thursday****Friday**

11 The Main Events
mini corn dogs
cheddar cheese meatloaf
sandwich on roll
Sidelines
mashed potatoes w/gravy

18 The Main Events
teriyaki chicken over
steamed brown rice
rodeo burger on roll
Sidelines
vegetable egg roll

25 The Main Events
mozzarella sticks w/ sauce
cheeseburger on roll
Sidelines
dinner roll

12 The Main Events
trojan chicken bowl
mozzarella sticks w/sauce
Sidelines
dinner roll

19 The Main Events
mini cheese ravioli w/sauce
chicken nuggets
Sidelines
dinner roll

26 The Main Events
chicken tenders
hot dog on roll
Sidelines
french bread stick

13 The Main Events
nachos
w/Bush's taco fiesta
black beans
turkey & cheese melt
on pretzel bun
Sidelines
steamed brown rice

20 The Main Events
chicken patty sandwich
stuffed crust sticks w/sauce
Sidelines
baked beans
french fries

27 The Main Events
walking taco
w/Bush's taco fiesta
black beans
chicken nuggets
Sidelines
steamed brown rice

14 The Main Events
meatball parm sub
hot dog on roll
Sidelines
dinner roll

21 The Main Events
chicken & cheese quesadilla
w/salsa
hot dog on roll
Sidelines
tortilla chips w/salsa

28 The Main Events
parkland deli hoagie
mini corn dogs
Sidelines
french fries

15 The Main Events
toasted cheese sandwich
chicken nuggets
Sidelines
dinner roll
cream of tomato soup

22 The Main Events
egg mctrojan
yogurt
Sidelines
french toast sticks
tater tots

29 The Main Events
meatball sub
chicken patty sandwich
Sidelines
mini potato pancakes

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Lunch includes fruit and milk

Menu subject to change without prior notice

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Reduced @ \$.40

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Breakfast Menu

Middle Schools and High School

Monday	Tuesday	Wednesday	Thursday	Friday
mini pancakes	egg, turkey sausage, & cheese on english muffin	mini turkey sausage wrapped in pancake	egg, turkey sausage, & cheese on english muffin	mini waffles
OR	OR	OR	OR	OR
donut, wg	cereal, wg and yogurt, 4 oz	donut, wg	cereal, wg and yogurt, 4 oz	donut, wg
OR	OR	OR	OR	OR
bagel, wg with cream cheese	bagel, wg with cream cheese	bagel, wg with cream cheese	bagel, wg with cream cheese	bagel, wg with cream cheese
OR	OR	OR	OR	OR
PBJ sandwich	PBJ sandwich	PBJ sandwich	PBJ sandwich	PBJ sandwich



**breakfast includes choice of fruit,
juice, and milk**

**student prices: \$.00 to free
 \$.30 to reduced
 \$1.60 to paid**