



THE ORATORY

Lent Term 2019

The Oratory Sports Centre Timetable

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING SWIM	Lane Swim 07:15 - 08:15	Lane Swim 08:15 - 09:15	Lane Swim 07:15 - 08:15	Lane Swim 07:15 - 08:15	Lane Swim 07:45 - 08:45		Lane Swim 09:15 - 10:15
08:45 - 09:45	Pilates (Judy)		Pilates (Judy)		Pilates (Judy)		
09:00 - 09:30		Spin (Suzi)		Spin (Suzi)			
09:40 - 10:30				Fitness Yoga (Suzi)			
12:00 - 12:45							
FAMILY SWIM						14:00 - 15:00	10:30 - 11:30 12:00 - 13:00
LUNCH TIME SWIM	Lane Swim 12:30 - 13:30		Lane Swim 12:30 - 13:30		Lane Swim 12:30 - 13:30	Lane Swim 15:45 - 16:45	
18:00 - 18:45	Spin (Bernie)	Pilates (Judy)	Spin (Bernie)	Spin (Bernie)			
18:00 - 19:00				Pilates (Judy)			
19:00 - 19:45		Zumba (Bernie)		Box Fit (Bernie)			
EVENING SWIM	Lane Swim 20:30 - 21:30		Lane Swim 20:30 - 21:30	Lane Swim 18:00 - 19:00 20:00 - 21:00	Lane Swim 19:00 - 20:00		

£10 per class or £80 per 10 classes

PROMO OFFER: Bring a friend and pay only £5 each per class

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Facebook.com/oratorysportscentre